Harmonise your energetic body workshop

Lost in Yoga, Sat 22 Sept 2024, 2-4.30pm

| **1. Your details** |
| --- |
| Name | Telephone  |
| E-mail  |
| **2. Yoga and breath experience. Please mark YES for what applies to you.** |
| Have you practised yin yoga before?**NO OR YES:** * Complete beginner
* Intermediate (2-3 yrs.)
* Advanced
 | Have you practised breathwork before? Please state what type of breathwork**NO OR YES**: * Complete beginner
* Intermediate (2-3 yrs.)
* Advanced
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| **4. Current and/or long-term health issues and how these conditions affect you now** (please list) **Please let us know if you are pregnant (and what stage).** |
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| **5. Refunds and cancellations** |
| Refunds can be made for cancellations made at least 7 days before the start date of the workshop.For cancellations less than 7 days before the course or workshop there will be no refunds or transfers unless: a workshop is full and your place can be filled from a waiting list OR - you are sick/injured/pregnant and can provide a doctor’s note. In these cases, we will refund the fee, minus a 20% admin fee. You agree to these terms and conditions upon booking a course or workshop.If a course or workshop is cancelled you will be offered either refund via the original payment method or the option of being transferred to an alternative event. |
| **5. Staying in touch** |
| Would you like to be kept informed of future events or receive free information on breath practices and knowledge? We promise not to flood you with emails!  We will keep your personal information private and secure and will never pass your information to other organisations. **YES / NO** |
| **6. Please read and sign** |
| **Signed:                                                                     Date:** |

**Thank you for completing this form. *All information will be treated as confidential.***

For any questions, please contact Kanwal on yogablissuk@gmail.com or Davel on davelpatel@aurabreath.com