


## Quilting is Sew Simple

### 2 Day Hands-On Class | QISS System


Tutor Pauline Rogers

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Join Pauline for a two-day hands-on class featuring her Quilting Is Sew Simple (QISS) System!  Whether you're a seasoned quilter or a complete beginner, this class will teach you how to quilt one block at a time without the intimidation of free motion quilting.

Learn Pauline's unique Controlled Quilting and Quilt As You Go (QAYG) techniques to create beautiful quilted designs on your domestic sewing machine. You'll learn how to quilt with even stitches and perfect control on day 1, giving you the confidence to quilt with ease. On Day 2 you will learn how to create different styles of sashings and join your blocks seamlessly.

This class is perfect for those who have been too intimidated to quilt or have struggled to get results in the past. With Pauline's approach, you'll walk away with the skills to confidently quilt and the knowledge to break down patterns into manageable sections, by quilting each piece individually and then joining blocks together.

Come and experience a fun, supportive atmosphere where Quilting is Sew Simple with the QISS  System!

**Please note:** Some preparation work is required before class, and while you won't leave with a finished project, you will create valuable samples to guide your future QAYG quilts.

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### QISS 2 Day Class Requirement list

*To ensure the best outcome in this class, it is important that students bring all the items listed on this page. Please avoid substitutions.*

#### **Fabric, Batting & Thread:**

- 1m of plain fabric – for the top of the blocks (white or cream are best to allow the quilting designs to stand out)
- 1m of all over printed fabric – for the back of the blocks (a busy all over print is best to conceal joining the seams)
- 40cm of Hobbs Heirloom Double Sided Fusible Batting
- Fat  $\frac{1}{4}$  of 2 different colored fabrics that contrast well together and look good with your white or cream fabric
- 1 fat  $\frac{1}{4}$  in a highlight colour
- White or cream 80 weight thread to blend with the top fabric for quilting
- Small reel MonoPoly clear thread
- Normal sewing thread for joining blocks

#### **Notions:**

- PQW Dot to Dot Curves & Grid System (template pack)
- PQW Feather Templates (template pack)
- PQW Ultimate Sasher Collection (12)
- PQW QAYG Pieced Sashing Templates 2" Set
- PQW Quilt As You Go Handbook
- Sew Slip Mat – with the large rectangular cut out (so feed dogs can be up - the one with the small hole won't work with feed dogs up)
- Bohin Fabric Marking pencil – with both Grey & White leads
- QAYG Book
- Roxanne Glue
- Clover Fork pins
- Cutting mat
- Rotary cutter
- Superior Titanium Topstitch Needles - #70/10 or #80/12
- Ruler and scissors
- Pen and paper
- Sewing Machine – With Presser Foot pressure adjustment
- Manual for sewing machine
- Open Toe foot for machine (**Note:** *This is the normal sewing foot used for Applique; NOT the open toe foot for free motion quilting*).

**Please have your name marked** on all equipment as it is possible for someone to pick up somebody else's, all the items that students bring to the class will be the same.

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### QISS Pre-Class Instructions

Please complete the preparation below *before* your 2-day class to ensure you can successfully complete all the steps within the class timeframe.

**Note:** *Using Hobbs Double Sided Fusible Batting is essential for achieving the best results. I cannot guarantee you will get the same outcome from other batting.*

#### **Cut fabric for your blocks:**

- From the white/cream fabric cut 4 x 12 ½" squares
- From the backing fabric cut 4 x 12 ½" squares
- From the batting cut 4 x 12 ½" squares

#### **Sandwich the three layers together for your 4 blocks as follows:**

- Lay the backing squares out onto the ironing surface with the wrong side up
- Lay the batting onto the backing squares
- Lay the white/cream fabric on top of the batting with the right side up
- Use a hot dry iron and with a slow steady movement press till the batting sticks to the top fabric. Turn the block over and repeat till the backing sticks to the batting.  
**Note:** If the fabric appears to be a bit wrinkled, please don't be concerned as this will not quilt into the blocks, it is just what happens when pressing.
- Please keep these blocks flat to bring to the class.

Use the left-over fabric and batting to cut the list below. Make sure to label them, as they will be used for the joining techniques and different sashings.

#### **Cut fabric for joining your blocks:**

- From the backing fabric cut 2 x strips 3" wide x 14" long
- From the backing fabric cut 1 x strip 3" wide x 27" long

#### **Cut fabric for your sashings:**

- From the top fabric cut 5 x strips 4" wide x 14" long
- From the one fat ¼ cut 1 x strip 2" wide x 14" long
- From the second fat ¼ cut 1 x strip 4" wide x 6" long
- From the contrast fat ¼ cut 1 x strip 1" wide x 14" long
- From the batting cut 4 x strips 1 ⅞" wide x 14" long
- From the batting cut 2 x strips 1 ⅞" wide x 27" long

*Please bring all of these to the class, plus any leftover fabrics, so we can experiment with other sashings.*