COSMIC CONNECTIONS

Retreat 28th Feb-2nd March 2025.

Please note in respect of the Lake cold water dipping my insurance will not cover this and so any dipping is COMPLETELY at your own risk and must be undertaken yourself.

Waiver of liability

I ………………………………………..thereby agree that I undertake any cold water immersion completely at my own risk.

AND

Either

1. I have no medical conditions that prevent me taking place in cold water immersion

or

1. I have the following medical conditions but agree to participate at my own risk and have sought the advise of my GP prior to attending.

Details of any medical issues

I agree that Janice Cameron/Cosmic Connections ……… are not responsible for any injury/loss howsoever caused, and I participate at my own risk.

Signed………………………………….

Dated 2025