GDPR Policy

If you attend our classes, Green Room Health will collect data from you on a Health Form and Physical Activity Readiness Questionnaire. This is data that is necessary so that we know any Health Issues that could affect your ability in class, and enables us to keep you safe. It is also needed to validate our insurance.

Please note; for legal reasons linked with our insurance policy we must keep a paper record of your Health Form and PAR-Q along with regular notes on your progress (injuries or illness you bring with you to class) for up to 7 years. These will be kept securely under lock and key and securely destroyed after the 7 years has expired.

Health information may be shared with other Teachers who teach your classes but they do not keep hold of a copy.

We hold your email address on our Mailchimp Software. This is password protected and compliant with GDPR policies. Your contact details are not shared with anyone else and we do not share email lists or sell our data.

We ask you for consent to be added to our Mailchimp email list. This is used to send you Studio Newsletters and Offers, but this email list is not passed onto other companies. You can unsubscribe from these emails at any time.

We ask you for consent to be contacted by ourselves by personal email, text, phone, Facebook chat or WhatsApp in order that we may communicate messages about classes / studio logistics.

We use [www.bookwhen.com](http://www.bookwhen.com) to manage your class bookings. To view their privacy policy please see [www.bookwhen.com/privacy](http://www.bookwhen.com/privacy)

You have the right to opt out of communications at any time and we will remove your contact details from our system.

Please sign the health questionnaire to confirm you agree with the above.