

PULVERTAFT HAND MEETING

BUXTON CRESCENT HOTEL

PROGRAMME

THURSDAY 14TH MAY 2026

8:30am REGISTRATION

8:45am Welcome and Meeting Overview - Miss Mary O'Brien

Session 1 – 09:00am–11:00am

"Expert corner"

Case presentations and panel discussion

Speakers: Pulvertaft Consultants and invited guests

11:00am COFFEE AND TEA BREAK - INDUSTRY

Session 2 - 11:30am- 12:45pm

Evidence, Expertise, and the Algorithm

Chair: Mr Peter Russell

11:30am **Medico-legal** - Prof Tim Davis

11:50am **AI expert witness: possibilities, pitfalls and practicalities** -
Dr Nicholas Taylor

12:10pm **Surgical decision-making: do surgeons ignore research?** -
Prof Amy Grove

12:45pm LUNCH

PROGRAMME

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Session 3 - 2:00pm-3:20pm

Performance, Patients and the Planet: Rethinking Surgery Through a Human Lens

Chair: Mr Carlos Heras-Palou

2:00pm **Human factors affecting surgeons' performance and patients' recovery – Prof David Ring**

2:40pm **The environmental and climate impact of surgery: mitigation strategies – Prof Hugh Montgomery**

3:20pm COFFEE AND TEA BREAK - INDUSTRY

Session 4 - 4:00pm-5:00pm

The Resilient Surgeon

Chair: Miss Mary O'Brien

4:00pm **The surgical midlife crisis – Mr Mike Tyler**

4:20pm **Snipers Alley – Mr Neil Bulstrode**

4:40pm **Captain of the Ship – Mr Carlos Heras-Palou**

5:00pm **Know your band saws from your bench saws – Mr Dan Armstrong**

7:30pm Gala Dinner @ Buxton Crescent Hotel

PROGRAMME

FRIDAY 15TH MAY 2026

8:30am

REGISTRATION

Session 5 - 9:00am-10:20am

Updates in Hand Surgery: What's New, What's Changing, What Matters

Chair: Mr Dan Armstrong

9:00am **Dupuytren's update** – Prof Tim Davis

9:20am **Rheumatology update: digital vasculopathy and investigating arthritis** – Dr John Pauling

9:40am **Sonosurgery: carpal tunnel decompression and trigger releases** – Mr Chris Little

10:00am **Scaphoid update** – Mr Nick Johnson

10:20am

COFFEE AND TEA BREAK - INDUSTRY

Session 6 - 10:50am-12:30pm

The Skilful Hand Under Pressure: Performance, Identity and Longevity

Chair: Miss Kate Brown

10:50am **Imposter syndrome** – Prof Amy Grove

11:10am **Musician's Hands** – Mr Alister Graham

11:30am **Climber's Hands** – Mr Tim Halsey

11:50am **Surgeon's Hands** – Mrs Victoria Jansen

12:30pm

LUNCH

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FRIDAY 15TH MAY 2026

Session 7 - 1:30pm-2:40pm

The Future Is Bright

Chair: Miss Jill Arrowsmith

1:30pm **The Future of Hand Surgery – Prof David Ring**

2:00pm **Innovation leading to clinical trials in (hand) surgery – Prof Joe Hardwicke**

2:20pm **Five surgeries I don't do anymore – Mr Carlos Heras-Palou**

2:40pm **COFFEE AND TEA BREAK - INDUSTRY**

Session 8 - 3:10pm-4:30pm **Controversies**

Chair: Miss Kate Brown

3:10pm **Carpal tunnel syndrome and vibration: a critical review – Prof Chris Bainbridge**

3:40pm **Flexor tendon surgery: less is more or not? – Mr Peter Russell**

4:00pm **Flexor tendon rehabilitation: FIRST trial results – Mrs Emma Bamford**

4:30pm **Meeting close**
