



Privacy Statement

I am committed to protecting personal information and handling data responsibly. Personal data is collected only where necessary to support bookings, communication, and the safe delivery of yoga sessions.

Information may include names, contact details, health or medical information where relevant, and consent or booking records. This information is used solely for providing services, meeting safeguarding and first aid responsibilities, and complying with legal and insurance requirements.

Personal data is stored securely and accessed only where necessary. Information is not shared with third parties unless there is a legal or safeguarding requirement or where necessary to protect a child or others from harm.

Individuals may request access to their personal data or ask for corrections at any time.