

Diamond Light Tibetan Buddhist Group presents



Embodying Compassionate Presence

a Chenrezig Retreat with Rob Preece



4-day online retreat
April 14 - April 17
7am-5pm PDT
Sliding scale
\$200-\$300
Space is limited
Register now!
diamondlightsac.org

Compassionate presence is a quality that can be totally present, open and allows both ourselves and others to be as we are, free of agendas and expectations. Chenrezig allows us to discover and embody the quality of compassionate presence in a way that can inform all of our relationships, including to ourselves.



Rob has been a practicing Tibetan Buddhist since 1973, and Jungian based psychotherapy since 1985, gradually developing a synthesis of Jungian and Buddhist understanding. Since 1985 he has been leading meditation retreats, integrating a Western approach to tantric practice. Today he teaches retreats in the UK with his wife Anna and also in Europe and the US.