



BOUNCEFITBODY TERMS & CONDITIONS

BY SECURING A SPACE & CONFIRMING PAYMENT, IT IS AGREED THAT THE PARTICIPANT UNDERSTANDS AND ACCEPTS THE FOLLOWING:

1. Throughout this document we shall refer to Bouncefitbody Ltd, respective management, employees, representatives, successors and assigns as "We" "Us" or "Our"
2. Throughout this document we shall refer to Class by way of reference to a class, classes, internal or external, event style classes.
3. The person taking part in, or present at, the Class, or the legal guardian of any minor taking part in the Class ("Participant" "You"), hereby agrees that they, and/or the minor they are responsible, for is physically fit and without any medical condition that has not already been discussed or approved by a Doctor or Bouncefitbody Ltd in writing in advance.
4. Any past or present physical ailments, injuries or concerns must be advised and reiterated both at the time of booking a Class and to the instructor at the start of the Class.
5. You agree that there are risks of injury and to health associated with exercising and agree to participate in the class knowing this. You must make yourself aware of all safety instructions and warnings and not exercise beyond Your own abilities. If during a Class You, and/or guardian, become unwell You should immediately stop taking part in the Class and notify Us.
6. The Participant understands there is strobe lighting in operation at various Classes and if they feel negatively affected then they will stop immediately and request the lights to be normalised. Participants with photosensitive epilepsy should not exercise at Classes with strobe lighting and should request specific Classes times before booking, and/or inform Us before Class.
7. We may photograph or video the Class and post online at unspecified times for the sole purpose of promoting Bouncefitbody Ltd. If You would prefer not to be in any photos or video then You are required to inform Us before, during or immediately after the Class.
8. Our Classes are specifically designed for use with equipment supplied by Bouncefitbody Ltd. You are not permitted to use any other equipment during Our Classes. We shall take all reasonable steps to check and maintain the equipment We supply, however if You have any concerns over the safety of any of the equipment that We provide You must notify Us immediately and stop using the equipment.
9. Our liability to compensate You for any personal item loss or damage (in the case of loss or damage other than death or personal injury, for example clothing or personal items) is limited to whether the damage was due to a negligent act or omission by Us. Our liability for death or personal injury is also subject to certain limitations. We may compensate You for any loss or damage You may suffer if We fail to carry out duties imposed on Us by law (including if We cause Your death, or personal injury to You by Our negligence) unless that failure is attributable to:
a) Your own fault (including your failure to follow Our reasonable instructions or comply with these terms; b) a third party unconnected with the provision of services under this contract; or c) events which We could not have foreseen or prevented even if We had taken all reasonable care.
10. The Participant acknowledges that all Class choreography is copyrighted, and all intellectual property is owned by Bouncefitbody Ltd.
11. We reserve the right to amend the Class schedule and will offer a refund/alternate session as necessary
12. We reserve the right to cancel a Class at any point once it has begun should We consider a Participant injured, unwell, not behaving in an acceptable manner or not following reasonable instruction without obligation to offer a refund or reschedule
13. We may at the discretion of the instructor, politely deny participation to any person for reasons including, but not limited to, late arrival, unsavoury behaviour towards others, foreseeable health concerns, conflict of interest, or not meeting the minimum age requirement for participation, without obligation to offer a refund or reschedule



BOUNCEFITBODY TERMS & CONDITIONS

14. Classes must be paid for in advance via the online booking system or by invoice if this is an external event. Any Participant not found on the roll call register will not be able to participate and may be asked to leave or pay online, if available, before proceeding.

15. Bulk Buy tickets are valid for 365 days from the date of the first class. The validity period cannot be paused or extended. Any unused classes will expire and cannot be credited or refunded. Bookings may be transferred to another class within the 365-day validity period.

16. Classes booked within a Bulk Buy or with Membership are for the personal use of The Participant only, and cannot be used by, or transferred to, any other individual.

17. Bulk Buy and Membership bookings are only redeemable for their allocated class types and the value is not transferable to alternatives.

18. The Participant accepts there are no refunds once a confirmed space has been paid for any reason including force majeure.

19. Booking amendments can be made up to 24hrs prior to a pre-booked class based on the same ticket value being at the same venue. Transfers are unlimited within the stipulations of the type of ticket booked (e.g. Bulk Buy tickets can be transferred within 365 days of the first Class). Transfers need to be made by the participant via Manage Booking on the website www.bouncefitbody.com

20. The Participant agrees to cancel a confirmed space if they cannot attend and it is outside the transfer window to allow the waiting list to work effectively for others.

21. Gift Vouchers:

- Cannot be refunded, partially refunded, or exchanged for cash once purchased.
- Are valid for 12 months from the date of purchase (or 5 years in the IRL).
- Can only be used to book classes at the venue they have been purchased for, and the related venues (as listed on the voucher redemption page) and cannot be transferred to another venue.
- Can be used as full, or part payment towards classes. If the total value has not been used, any remaining balance will remain on the customer's account until it is either used, or the voucher expires.

CLASS TYPES:

((BOUNCE)), BLAST, BEATS, BALANCE & ((B)) PT

- Max weight of 125 kg (approx 19 stone)
- Children over the age of 8 years can be booked to participate as long as a guardian is present for the duration of the Class.
- Suitable workout clothes must be worn, including trainers
- Balance can be performed with trainers, grip socks or bare feet

BOX & BARBELLS

- Children over the age of 8 years can be booked to participate as long as a guardian is present for the duration of the Class.
- BAMBINO
- Suitable workout clothes must be worn, including trainers Max weight of 125 kg (approx 19 stone)
- Suitable workout clothes must be worn, including trainers
- A parent or guardian must remain present for the duration of the Class
- The child is the full responsibility of the parent or guardian

BREATHE & SOUND ((B))ATH

- Minimum age for participation is 13, a parent or guardian must remain present for the duration of the Class
- Suitable, comfortable workout clothes must be worn
- Grip socks or bare feet are required, trainers or shoes are not permitted
- Floor mats and blankets are provided but please feel free to bring your own



BOUNCEFITBODY TERMS & CONDITIONS

●Breathwork and sound therapy can affect the nervous system, emotions, and breathing patterns therefore it is not recommended for those with epilepsy, first trimester of pregnancy, severe mental health conditions, serious cardiovascular or respiratory condition, sensitivity to loud sounds or vibrations.

BUNGEE & BODYSTRETCH:

- Not suitable during pregnancy or for those with back concerns.
- Max weight 89kg (approx 14 stone), harness fits Waist 40" and Leg Loop 26" (approx size 16).
- Minimum age to participate is 16yrs
- BUNGEE: Suitable workout clothes must be worn, including trainers
- BODYSTRETCH: Suitable workout clothes and grip socks must be worn
- A double class booking, back to back, is not advisable due to health and safety (one session permitted only)
- Not suitable during pregnancy or for those with back/neck/shoulder injury, vertigo, epilepsy.

BED

- Max weight of 95 kg (approx 15 stone).
- Minimum age for participation is 16 years
- Suitable workout clothes must be worn
- Grip socks must be worn in all Classes
- For safety, hygiene, and equipment care, clients must:
 - wear their hair tied up.
 - not wear jewellery or claw clips while participating in class
 - avoid attending wearing hair masks or wearing developing fake tan, as these can damage equipment.

BODYFORMER

- Max weight of 95 kg (approx 15 stone).
- Minimum age for participation is 16 years
- Suitable workout clothes must be worn
- Grip socks must be worn in all Classes.

BIKE

- Max weight of 130 kg (approx 20 stone)
- Minimum age for participation is 16 years
- Suitable workout clothes must be worn, including trainers

BY CONFIRMING A PLACE I AGREE THAT I HAVE CAREFULLY READ THE FOREGOING TERMS, AND AGREE TO PARTICIPATING IN A BOUNCEFITBODY LTD CLASS WITH FULL KNOWLEDGE OF THEIR SIGNIFICANCE