



WORKPLACE FIRST AID

Provide immediate first aid in emergency situations



AT A GLANCE



Demonstrate knowledge of first aid skills

Essential First Aid Day One

Unit Standards

6401 - 6402

Advanced First Aid Day Two

unit Standard

6400

Refresher First Aid Courses



Level **1 - 3** Credits **2**



8 - 12 hours



At your place or ours



Bespoke First aid Courses

TRAIN YOUR WORKPLACE IN FIRST AID WITH BMINZ

The purpose of this training is to increase understanding and confidence to be able to step up to manage challenging emergency situations

You will gain knowledge on providing immediate first aid in order to preserve life, promote recovery and prevent the casualties condition from worsening

BESPOKE FIRST AID COURSES

Whatever your requirement, we will create a bespoke course to fit in with your workplace risks and demands

FIRST AID COURSE OBJECTIVES

The course contains theory and practical assessments covering the following topics;

Overview of HSE regulations relating to accidents in the workplace

- › Scene Assessment & Management
- › CPR - adult / child / infant
- › AED use and practise
- › Choking - adult / child / infant - Conscious and Unconscious

COURSE CONTENT DAY 1

- › Scene/site management
- › Provide CPR - Adult, Child, Infant
- › AED use
- › control of Bleeding
- › Manage Burns - specific to industry
- › Manage Breaks, Soft tissue and Head/Spine
- › Provide care for medial condititons
- › Manage poisoning, Inhaled and Ingested etc



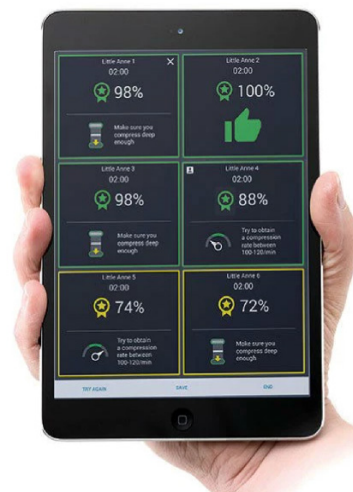
COURSE CONTENT DAY 2

- › Prevention of workplace risks with health and safety systems
- › Specialised incident scene management and control
- › Hypothermia/Hyperthermia
- › Head/Spine trauma
- › Recognise and adequately assist medical professionals with treatment for advanced medical conditions.



TRUAMA

- › External and Internal Bleeding
- › Basic Wound Care
- › Burns & Scalds
- › Fractures & dislocations
- › Head, Neck & Spinal Injuries
- › Soft Tissue Injuries - sprains & strains
- › Thermal conditions - Hypothermia and Hyperthermia



"The QCPR Training app is developed to support the cpr instructor. This is done via a bluetooth recording system and then this allows the learner to see the effective depth and rate of CPR compressions"

MEDICAL

- › Breathing difficulties
- › Dealing with asthma casualties
- › Dealing with Heart Attack Casualties
- › Heart Conditions
- › Neurological - Stroke and Seizures
- › Allergies and anaphylactic shock



ENTRY CRITERIA

To be eligible to enrol in this programme you must meet the following entry criteria:

- › Be aged over 16 years old.
- › Be a New Zealand or Australian Citizen or Resident, or hold a current and valid Working Visa.