

# Connected Scotland

## 2&3<sup>rd</sup> November 2024

### Day 1 Outline – Saturday 2<sup>nd</sup> November 2024

Time	Title			YOUTH VOICES (U25 Only Sessions)
9:00-9:45	Registration, networking...			
9:45-10.45	Welcome, Introduction, updates. Plenary Session 1			Creating Connected Space - communication between the generations
10.45-11.15	Tea, Coffee & Networking			
Workshop Round 1 11:15-12.45	Creating Connected Space - communication between the generations	Enhancing your Safety Management – what are we doing and how can we improve?	Using Feedback to support learning	Volunteering for Young People Fun Challenges
12:45-1:45	Lunch & Networking			
Workshop Round 2 1:45-3:15	On Course for the Future – how to use this development framework effectively	The Future Pathway – looking at the racing journey and RYA’s new approach	OnBoard Activity in the Real World - How to use the concepts to be creative	Youth Voices
3:15 – 3:40	Tea, Coffee & Networking			
Carousel sessions 3:40 – 4:40 (3x15min)	Pick up to 3 sessions on the day to hear updates and a little bit more about the challenges and successes from our community and partners.			
4:40-5:00	Summary & Close			

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### Day 2 Outline – Sunday 3<sup>rd</sup> November

Time	Title			
9:15-10:00	Registration, networking...			
workshop round 1 10:00-11:30	Evolving Language – exploring an open minded approach to communicating	Using Feedback to support learning	Governance, Safeguarding & Equality – effectively delivering safe & fun sport	Attracting new Club Members AND keeping them – a discussion on membership and retention
11:30-11:45	Tea, Coffee & Networking			
Forum sessions 11:45-12:50 (30min sessions)	Volunteering – “I would like to volunteer but...” hear more about Oban SC’s approach	Coaching Collective – What is the future of coaching?	Working with your RDO – How can we help you?	Pathway update – How is it evolving for the future?
	Recognising & Rewarding our Volunteers – hear more about how this is done at Royal Tay YC	Accessibility – how can your organisation be more welcoming to people with a disability?	Meet the RYA Scotland Strategic Team – plans and thoughts for the future	Scouts Scotland – Working in Partnership with Uniformed Organisations
12:50-1:50	Lunch & Networking			
Workshop round 2 1:50-3:20	On Course for the Future – how to use this development framework effectively	Competitive Fun – Engaging all types of sailors	Reflective practice for Instructors	Communicating with the outside world - how to tell and promote your story effectively
3:20-3:45	Tea, Coffee & Networking			
Plenary Session 2 3:45 – 4:45	Plenary Session 2 – Reconnecting and the Way Forward			
4:45-17:00	Summary and Close			

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A little more detail about the sessions:

### Saturday 2<sup>nd</sup> Nov – Main Agenda Outline

Time	Session and Content
09:45 – 10:45	<p><b>Welcome, Introduction &amp; Plenary 1</b></p> <p>What are the challenges and opportunities facing our sport and affiliated organisations, and what changes can we make to overcome and capitalise on these? As RYA Scotland enter a new strategic cycle, how can we work together to ensure we are all creating a safe and welcoming environment?</p>
10:45-11:15	<b>Tea, Coffee &amp; Networking</b>
11:15-12:45	<b>Workshops – pick one</b>
	<p><b>Creating Connected Space - communication between the generations</b></p> <p>Following on from a separate Young People’s discussion, this session, led by Scottish Sports Futures, will ask similar questions to delegates around how to create a safe and welcoming space for everyone, identify perceived barriers to participation and the importance of human connection. It will explore how we can work together, from a variety of perspectives, to ensure our clubs and organisations are ‘open and accessible’ to all.</p>
	<p><b>Enhancing your Safety Management – what are we doing and how can we improve?</b></p> <p>Explore what a safety management system is, reflect on the ‘on water’ activity that needs one, work out what you already have in place and start creating a plan to fill the gaps.</p>
	<p><b>Using Feedback to Support Learning:</b></p> <p>The science is clear; highly specific feedback is the most impactful tool we have available to us as instructors/coaches. The aim of this session is to take a deeper dive into feedback and how we can use it to support learning. But surely feedback is easy, right? Well in almost two out of every five carefully designed scientific studies, information given to people about their performance lowered their subsequent performance. So it turns out the most impactful tool we have isn’t the easiest to use. Please come to this session if you want to challenge yourself to become skilful at using feedback.</p>
12:45-1:45	<b>Lunch &amp; Networking</b>
1:45-3:15	<b>Workshops – Pick one</b>
	<p><b>On Course for the Future – how to use this development framework effectively</b></p> <p>This session will explore our development framework and with help from the Development team will look at how your organisation may utilise it to continue to</p>

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	develop. Specifically, we will look at how it can be used to create a safe and welcoming environment and ultimately engage more participants.
	<p><b>Pathway – The Future</b></p> <p>Trying to figure out the best options for racing sailors can be a hard task to navigate. In a team approach Dave Mellor – RYA Coach Development Manager and Jamie Rogers –RYAS Pathway manager looks to explain the changes to the UK pathway and what this means for racing and boating in Scotland.</p>
	<p><b>OnBoard Activity in the Real World – How to use the concepts to be creative</b></p> <p>The RYA Scotland Coaching team will explore what it means to deliver OnBoard in the real world.</p> <p>Fun exercises, sessions all with a twist to get the best out of the OnBoard philosophy. Seasoned instructors to volunteer helpers this might just change your view on how we develop people through play in the real world!</p>
<b>3:15-3:40</b>	<b>Tea, Coffee &amp; Networking</b>
<b>3:40-4:40</b>	<p><b>Carousel Sessions</b></p> <p>Pick up to 3 sessions on the day to hear updates and a little bit more about the challenges and successes from our community.</p>
<b>4:40-5:00</b>	Summary and close

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### Saturday 2<sup>nd</sup> Nov – Youth Voice’s Agenda Outline

Since kicking off at the last Connected Scotland we have ran our 'Youth Voices' consultation at several events across 2024 to give young people in Scotland the Space, Voice, Audience, and Influence to give their views on sailing in Scotland. This day, aimed specifically at U25s, brings together all the thoughts, the chats, and the conversations, and will aim to lock in the final pieces of how young people will continue to engage with and influence RYA Scotland moving forward.

Time	Session and Content
09:30 – 11:00	<p><b>Welcome, Introduction &amp; Session 1</b></p> <p><b>Creating Connected Space - communication between the generations</b></p> <p>In this workshop you will work with our partners, Scottish Sports Futures, to identify the barriers for young people to take part and lead within sailing and sport. Then will explore how we can communicate across generations within our sport and look at the impact of having more groups involved in the decision making.</p>
11:00-11:15	<p><b>Tea, Coffee &amp; Networking with everyone</b></p>
11:15-12:00	<p><b>Volunteering for Young People</b></p> <p>In this session for under 25s we would like to explore how and what you are already doing in a voluntary role and expand to look at what other opportunities could be available within your club, within sailing or across wider sectors.</p> <p>We will also discuss how, by doing your bit, you can have an impact on others and on your own future.</p>
12:00-12:45	<p><b>Fun Challenges</b></p> <p>This session will look at ways of working together to promote the concepts of teamwork, collaboration and using your voice to support one another.</p>
12:45-1:45	<p><b>Lunch &amp; Networking with everyone</b></p>
1:45-3:15	<p><b>Youth Voices</b></p> <p>This year we have been out and about asking young people their views on the present and the future of sailing in Scotland.</p> <p>Join us for this session to dig into what you have told us and collaborate with us to create a system for young people to have a say in the future of sailing.</p>
3:15-3:40	<p><b>Tea, Coffee &amp; Networking with everyone</b></p>
3:40-4:40	<p><b>Carousel Sessions</b></p> <p>Pick up to 3 sessions on the day to hear a little bit more about the challenges and successes from our community.</p>
4:40-5:00	<p><b>Summary and close</b></p>

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### Sunday 3<sup>rd</sup> Nov – Main Agenda Outline

Time	Session and Content
10:00-11:30	<b>WORKSHOPS – Pick one (of 4)</b>
	<p><b>Evolving Language – exploring an open-minded approach to communicating</b> Language is evolving, and faster than ever. How do we keep up? Come have a chat about how to use language effectively to connect with Gen Alpha as well as the wider community.</p>
	<p><b>Using Feedback to Support Learning</b> The science is clear; highly specific feedback is the most impactful tool we have available to us as instructors/coaches. The aim of this session is to take a deeper dive into feedback and how we can use it to support learning. But surely feedback is easy, right? Well in almost two out of every five carefully designed scientific studies, information given to people about their performance lowered their subsequent performance. So it turns out the most impactful tool we have isn't the easiest to use. Please come to this session if you want to challenge yourself to become skilful at using feedback.</p>
	<p><b>Governance, Safeguarding &amp; Equality – effectively delivering safe &amp; fun sport</b> This session will delve into two of the key questions we are receiving around the Affiliation Process – the need for a Safeguarding Officer &amp; policy and what is an equality policy. So learn more about how we can help to create a safe space for everyone at our organisations and what tips and tools are available to help you.</p>
	<p><b>Attracting new club members AND keeping them – a discussion on membership and retention</b> How can clubs modernise to attract and keep new members? This session, led by the Participation &amp; Development Committee of RYA Scotland, will discuss how to identify new members and break down barriers to joining. It will also look at how to get members more involved in the club, along with how to develop links and working relationships to increase and maintain membership. Join this discussion, share your insight, and learn from the wider community.</p>
11:30-11:45	<b>Tea, Coffee &amp; Networking</b>
	<p><b>Forum Sessions and/or Meet the Teams</b> Pick one 'forum' for each 'round'</p>
Round 1 11:45 – 12:15	<p>(a) <b>Volunteering – “I would like to Volunteer but.....” (Oban Sailing Club)</b> <i>How do we support a volunteer's journey? Learn from Oban Sailing Club on how their review of volunteering and their recent recruitment campaign went.</i></p> <p>(b) <b>Coaching Collective – What is the future of Coaching?</b></p>

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	<p><i>An opportunity to hear about where the future of coaching is going and how you can get involved.</i></p> <p><b>(c) Working with your RDO – How can we help?</b> <i>We are here to support all affiliates and recognised organisations, find out how we can help and ask us your questions.</i></p> <p><b>(d) Pathway update – How is it evolving for the future?</b> <i>Learn more about how the new pathway to performance will evolve in Scotland and how your organisation can be involved.</i></p>
<p><b>Round 2</b> <b>12:20 – 12:50</b></p>	<p><b>(a) Recognising &amp; Rewarding our Volunteers – hear more about how this is done at Royal Tay YC</b> <i>How do we keep volunteers? Reward and recognition are key parts of the RYA Scotland Volunteer Development Framework and Royal Tay YC will explain a bit more on what they do.</i></p> <p><b>(b) Accessibility – how can your organisation be more welcoming to people with a disability?</b> <i>Not part of the Sailability programme but want to ensure your organisation is open to all – if so, find out about the simple steps you can take and the resources that will help.</i></p> <p><b>(c) Meet the RYA Scotland Strategic Team – plans &amp; thoughts for the future</b> <i>Find out a bit more about our new strategic plan and our thoughts for how we can support you in the future, with plenty of opportunity for questions and discussion.</i></p> <p><b>(d) Scouts Scotland – Working in Partnership with Uniformed Organisations</b> <i>Hear from the Scouts on how organisations can work together to support active participation within the boating community.</i></p>
<p><b>12:50-1:50</b></p>	<p><b>Lunch &amp; Networking</b></p>
<p><b>1:50-3:20</b></p>	<p><b>WORKSHOPS – Pick one (of 4)</b></p>
	<p><b>On Course for the Future – how to use this development framework effectively</b> <i>This session will explore our development framework and with help from the Development team will look at how your organisation may utilise it to continue to develop. Specifically, we will look at how it can be used to create a safe and welcoming environment and ultimately engage more participants.</i></p>
	<p><b>Competitive Fun – Engaging all types of Sailors</b> <i>This session will explore what we mean by competitive fun. It will also look at how clubs and classes could evolve and adapt their offering to develop a thriving competitive sailing scene that keeps more people more engaged more often and sailing for life.</i></p>



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	<p><b>Reflective Practice for Instructors</b></p> <p>This workshop, offered by OutdoorClassrooms.Scot Ltd, is designed to enhance our ability to reflect on the mistakes we make, our teaching methods and the ways we facilitate skills development through on and off-the-water experiences. Through guided activities, discussions, and personal reflection, participants will develop deeper self-awareness, improve decision-making, and learn to foster a positive learning environment for their students. This vital component helps us continuously grow, ensuring high-quality, safe, and effective practice.</p>
	<p><b>Communicating with the outside world - how to tell and promote your story effectively</b></p> <p>Thinking about how your organisation communicates and markets what it is you do? Then come and join in this interactive session where we'll be exploring some different methods and approaches, taking into account any specific goals you might have. With time for questions and constructive analysis, we'll be getting into the nitty gritty of your communication queries.</p>
<b>3:20-3:45</b>	<b>Tea, Coffee &amp; Networking</b>
<b>3:45-4:45</b>	<p><b>Plenary 2 Reconnecting and the Way Forward</b></p> <p>This session will explore some of the key challenges and opportunities discussed over the weekend and identify ways that we can work together moving forward to support our sports whilst ensuring that we are creating a safe and welcoming environment.</p>
<b>4:45-5:00</b>	<b>Summary and Close</b>

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### **A bit more about the conference details & sign-up:**

#### **Who can attend:**

This conference is open to all affiliated and recognised organisations. We would be excited to see some younger members of your organisations attend too and following last year's Young Person (U25) workshop, we are hosting a 'Youth Voices' Day dedicated to the U25s within our community.

#### **Cost to attend:**

Thank you to [Freedom Boat Club Loch Lomond](#) – kind sponsors of this year's Connected Scotland event.

It is due to this support that we are able to offer tickets to this year's Connected Scotland event for free. Please do spread the word and bring others from your organisation along with you – and get your bookings in by Thursday 24<sup>th</sup> October.

You can book your place(s) through our booking system – <https://ryascotland.bookwhen.com/schedules/or50zfplraos#>

After booking your place, you will be asked to specify which day(s) you plan to attend and which workshops/forums you would like to be part of.

*NB. Please note, due to catering and room size we will not be able to accommodate people 'turning up' who have not booked their place beforehand.*

#### **Venue:**

The address for the venue is:

Regional Performance Centre Dundee, Mains Loan, Dundee, DD4 9BX

There is a free car park at the venue however this year's venue is also a busy sporting facility so please allow yourself time to both park and get to the hall as you may need to use the overflow carpark/on street parking.

You can find the venue and directions using this google link – <https://maps.app.goo.gl/2GJDBKeIdto1ZgvZ6>



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The Regional Performance Centre, Dundee is accessible for all with a level access to the front door. There is also an internal lift from ground level to the upper level allowing access to all areas that will be utilised during this event.

### Lunch & refreshments:

Tea and coffee will be available on arrival during the networking time and again at lunch.

A lunch of a selection of sandwiches & finger foods and a sweet treat of traybakes will be provided. Please ensure you let us know of any dietary requirements when you book your place.

**Any questions:** please email [development@ryascotland.org.uk](mailto:development@ryascotland.org.uk)

