

# AJ Dance Safety Terms and Conditions

Welcome to **AJ Dance**! We're thrilled to have you join our dance community. To ensure a safe and enjoyable experience for all participants, please carefully read and agree to the following safety terms and conditions before booking your class:

## 1. Health and Fitness

- By booking a class, you confirm that you are in good health and able to participate in physical activity. If you have any pre-existing medical conditions or injuries, you must inform us prior to your first lesson.
- It is your responsibility to consult with a healthcare professional before participating in any dance classes, especially if you are pregnant, recovering from an injury, or have any concerns about your fitness level.

## 2. Proper Attire and Footwear

- All participants must wear appropriate clothing and footwear for dance classes. Comfortable attire that allows for movement is recommended, and proper dance shoes or non-slip footwear are required for safety.
- You can check what is appropriate for clothing and footwear in the **General Information document**, also found on the booking page.
- Please avoid wearing jewelry that could cause injury or interfere with movement.

## 3. Respecting the Space

- The dance studio is designed for the safety of all participants. Please follow the instructions of the instructor at all times and be mindful of your surroundings.
- **Outdoor shoes must be removed at the entrance of the studio and placed on the provided mat.** This is to maintain cleanliness and prevent accidents.
- All personal items, including bags, coats, and shoes, must be placed in the **cubes provided** to keep the studio organized and clutter-free.
- Only registered participants are allowed in the studio during class time. Guests or family members are not permitted unless specified by the studio.

## 4. Injury Disclaimer

- While we make every effort to ensure a safe environment, dance is an inherently physical activity, and injuries may occur. By booking a lesson, you acknowledge that you are participating at your own risk.
- The studio is not responsible for any injury, loss, or damage incurred during class or while on the premises.

## 5. Conduct

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- We expect all participants to be respectful and courteous towards others. Harassment, discrimination, or disruptive behavior will not be tolerated. In such cases, the instructor reserves the right to remove participants from the class without a refund.
- Any damage to studio property or equipment will be the responsibility of the participant.
- **No drugs or alcohol are permitted on the premises.** Anyone found under the influence of drugs or alcohol will not be allowed to participate in class and may be asked to leave the studio.

## 6. Cancellation and Refund Policy

- We reserve the right to cancel a class due to unforeseen circumstances or low attendance. In such cases, you will be notified and given the option to reschedule or receive a full refund.
- By booking a class, you confirm that you have read, understood, and agree to the cancellation policy, which can also be found on the booking page.

## 7. Photographs and Videos

- We may take photographs or videos during class for promotional purposes. By booking a class, you consent to being photographed or recorded. If you do not wish to be included in any media, please notify us in advance.

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By booking and attending any class, you agree to abide by these terms and conditions. Your safety and well-being are our top priority, and we are excited to support you on your dance journey!

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