

# BREAKAWAY ORACLE CARDS

ANCHORHAVEN

Breakaway Oracle Card Deck - Guidebook

**Breakaway Oracle Card Deck**

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About the author

Anchorhaven is a British experienter and mystical wellness guide. After recovering memories that did not fit into this reality. Anchorhaven began a journey of discovery to find context and to understand why memories from what seemed like parallel lifetimes were coming forward. AnchorHaven found context in the information of the special access programs and created a debrief process to validate experiences. The Breakaway Oracle card deck was created to streamline this process of discovery.

## CONTENTS

|                                                  |    |
|--------------------------------------------------|----|
| WELCOME TO THE BREAKAWAY ORACLE .....            | 8  |
| FEATURES OF THE BREAKAWAY ORACLE CARD DECK ..... | 8  |
| 1. EDUCATIONAL RESOURCE .....                    | 8  |
| 2. MEDITATION & INNER JOURNEY COMPANION .....    | 9  |
| 3. ORACLE & DIVINATION TOOL .....                | 9  |
| YOUR JOURNEY CONTINUES .....                     | 9  |
| DISCLAIMER.....                                  | 10 |
| GETTING STARTED .....                            | 11 |
| PREPARATION – CREATING A CONNECTION .....        | 11 |
| BUILDING YOUR CONNECTION WITH THE DECK.....      | 11 |
| PREPARATION – CLEANSING YOUR DECK.....           | 12 |
| MEDITATION PRACTICES .....                       | 13 |
| MEDITATION TIPS FOR BEGINNERS .....              | 13 |
| SUPPORTING GREATER MEMORY CLARITY .....          | 14 |
| A NOTE ON MEMORY RECALL .....                    | 15 |
| DIVINATION PRACTICES .....                       | 16 |
| ONE CARD GUIDANCE .....                          | 16 |
| THREE CARD SPREAD .....                          | 16 |
| FIVE CARD SPREAD.....                            | 16 |
| THE CLARITY CARD – ADDITIONAL GUIDANCE.....      | 17 |

|                                               |    |
|-----------------------------------------------|----|
| HOW TO USE THE CLARITY CARD.....              | 17 |
| TAILORING YOUR READING BY SPLITTING THE DECK. | 18 |
| WISDOM FROM THE CARDS .....                   | 21 |
| A NOTE ON DISCERNMENT .....                   | 22 |
| MISSING HISTORY TIMELINE.....                 | 23 |
| FACTIONS AND PROGRAMS .....                   | 26 |
| ARASAKA ROBOTICS.....                         | 27 |
| CORPORATE SSP .....                           | 27 |
| HONG LONG – TAI WAN SSP .....                 | 28 |
| KRUGER MERCENARIES LLC .....                  | 28 |
| MONARCH SOLUTIONS .....                       | 29 |
| NACHT WAFFEN (Night Weapons) .....            | 30 |
| ORION SYNDICATE .....                         | 30 |
| PROJECT LOOKING GLASS .....                   | 31 |
| PROJECT PHOENIX .....                         | 32 |
| RUSSIAN SSP / SCIENCE PROJECTS.....           | 33 |
| SOLAR WARDEN PROGRAMS .....                   | 33 |
| SPENCER BIOTECHNIC .....                      | 34 |
| TIME TRAVEL PROJECTS .....                    | 35 |
| YOZORA NO KUNSHU .....                        | 35 |
| PLANETS AND BREAKAWAY COLONIES .....          | 36 |

|                                       |    |
|---------------------------------------|----|
| CENTURION – OFF WORLD COLONY .....    | 37 |
| EXTRA SOLAR PLANETS .....             | 37 |
| JUPITER MOONS .....                   | 38 |
| MARS – BREAKAWAY COLONIES .....       | 39 |
| NEPTUNE MOONS .....                   | 40 |
| ON PLANET OPERATIONS .....            | 41 |
| SATURN MOONS .....                    | 41 |
| ROLES .....                           | 42 |
| ASSASSIN – COVERT PROGRAMS .....      | 43 |
| BREAKAWAY CIVILIAN.....               | 44 |
| COMBAT MEDIC – FIELD OPS .....        | 45 |
| DIPLOMAT – ENVOY/AMBASSADOR.....      | 45 |
| ESPIONAGE – COVERT PROGRAMS .....     | 46 |
| HONEY POT – INTIMATE ESPIONAGE.....   | 46 |
| HYBRID DNA – AUGMENTED .....          | 47 |
| INTELLIGENCE – MILITARY ANALYST ..... | 47 |
| NAVIGATOR – PILOT .....               | 48 |
| OCCULT – ESOTERIC SKILLS .....        | 48 |
| PRIVATE CONTRACTOR.....               | 49 |
| SCIENTIST – GENETICIST.....           | 49 |
| SOLDIER - USAP .....                  | 50 |

|                                                                            |    |
|----------------------------------------------------------------------------|----|
| SIGNS & LIMITATIONS .....                                                  | 51 |
| BATTLE BONDS – DYAD / TRAUMA TWIN .....                                    | 52 |
| D.I.D. – MIND FRACTURE / ALTERS .....                                      | 53 |
| HANDLER – YOUR LIFE MAY BE LIMITED .....                                   | 54 |
| MEMORY LOSS – MIND WIPES .....                                             | 55 |
| MISSING TIME – ABDUCTION / DISCONNECTION .....                             | 56 |
| MK ULTRA – MODERN .....                                                    | 57 |
| MK ULTRA – TRADITIONAL .....                                               | 58 |
| OBSERVER: ARCHITECTS OF ILLUSION .....                                     | 59 |
| TARGETING - EMPOWERED INTERFERENCE .....                                   | 60 |
| Debrief Guidance – Living with Targeting & Empowered<br>Interference ..... | 62 |
| HEALING & SOLUTIONS .....                                                  | 64 |
| THE ELEMENTAL CARDS .....                                                  | 65 |
| THE EMPOWERMENT CARDS .....                                                | 66 |
| ALCHEMIST SHARE YOUR ABILITIES .....                                       | 67 |
| ANCHOR – EARTH YOUR ENERGY .....                                           | 68 |
| BREATHE – CONNECT, COMMUNICATE .....                                       | 69 |
| GO DEEPER – AKASHIC MEMORY RETRIEVAL .....                                 | 70 |
| HEAL – GO WITH THE FLOW .....                                              | 71 |
| SHADOW – STRENGTH IN THE DARKNESS .....                                    | 72 |

|                                          |    |
|------------------------------------------|----|
| SHIELD – PROTECT & TRANSFORM .....       | 74 |
| SOUL SIGHT – TRUTH BEYOND ILLUSION ..... | 75 |
| STORM – STEP INTO YOUR SOVEREIGNTY ..... | 76 |
| Quick Reference Guide – Keywords .....   | 77 |
| Factions & Programs .....                | 77 |
| Planets.....                             | 77 |
| Roles .....                              | 78 |
| Limitations .....                        | 78 |
| Healing .....                            | 79 |
| Trusting your intuition .....            | 79 |

# WELCOME TO THE BREAKAWAY ORACLE

The **Breakaway Oracle Card Deck** by AnchorHaven was created with one clear intention:

**To provide a supportive foundation for individuals who believe they may be experiencers, connected to Unacknowledged Special Access Programs (USAPs) helping them explore their experiences and make greater sense of their life journey.**

More than an oracle deck, this is a multi-layered tool designed to encourage reflection, personal insight, and inner exploration for those who feel they are moving into a process of remembrance.

**Please note:** This is a highly specialised oracle deck and may not resonate with everyone.

You may feel drawn to this deck if you believe you have experienced connections with Military Abduction (MILAB) programs, Secret Space Program (SSP) narratives, or other classified or unconventional experiences.

## FEATURES OF THE BREAKAWAY ORACLE CARD DECK

Designed by experiencers for experiencers to encourage self-discovery and deeper contemplation, the deck offers support in three keyways:

### 1. EDUCATIONAL RESOURCE

Explore concepts surrounding Special Access Programs, potential roles, challenges, and themes commonly discussed within experiencer communities. The Breakaway Oracle cards are intended to encourage personal reflection and support you in understanding your own energetic and life experiences.

Use the information provided as a starting point for your research.



## 2. MEDITATION & INNER JOURNEY COMPANION

Each card has been carefully designed to become a focus for meditation, visualisation, and intuitive exploration.

Spend time observing the artwork and notice which symbols, colours, or details naturally draw your attention. Record your thoughts, feelings, and impressions in a journal before allowing the imagery to guide your meditation.

The accompanying bonus meditation from AnchorHaven can help you relax into a calm and grounded state, creating space for deeper insight, self-awareness, and personal understanding to emerge.

## 3. ORACLE & DIVINATION TOOL

Use the Breakaway Oracle Card Deck as part of your intuitive practice.

Shuffle the cards, ask your questions, and allow the messages to support your personal reflection and guidance. You can also use the included bonus pendulum chart to explore additional layers of insight.

## YOUR JOURNEY CONTINUES

The Breakaway Oracle Card Deck is intended as a starting point rather than a destination.

Its purpose is to inspire curiosity, encourage meaningful questions, and support your ongoing journey of self-discovery. As you continue exploring, researching, meditating, and reflecting, your own understanding can naturally deepen over time.

Whether you use the deck for meditation, contemplation, or divination, it is designed to be a supportive companion on your personal and spiritual path.

## DISCLAIMER

The Breakaway Oracle Card Deck is intended as a personal development, meditation, reflection, and spiritual guidance tool. It is designed to encourage self-exploration and intuitive insight and should not be regarded as medical, psychological, legal, or professional advice.

Every individual is responsible for their own health, wellbeing, choices, and personal decisions at all times. If you are experiencing physical health concerns, emotional distress, or mental health difficulties, please seek support from a suitably qualified healthcare or mental health professional.

The interpretations, themes, and concepts presented within this deck are offered for personal reflection and exploration.

Users are encouraged to exercise discernment and make informed decisions based on their own circumstances.

By using the Breakaway Oracle Card deck, you acknowledge that you accept full responsibility for your own health, wellbeing, and personal journey.

## GETTING STARTED

### PREPARATION – CREATING A CONNECTION

The **Breakaway Oracle Card Deck** by AnchorHaven has been created to support your journey of self-discovery, reflection, and remembrance. Its purpose is to help you develop greater clarity, strengthen your intuition, and build confidence in your own inner guidance.

Like any meaningful spiritual tool, the relationship you develop with your oracle deck grows over time. The more you work with it through meditation, contemplation, and regular practice, the more familiar its imagery, symbols, and messages may become, allowing deeper insights and personal understanding to emerge.

Many people enjoy dedicating their deck before using it for the first time. This simple intention-setting ritual creates a personal connection with the cards and establishes the energy you wish to bring into your practice.

You may wish to say:

***"I bless this deck with the highest light and resonance. May all guidance received through these cards be for my highest good and be presented with truth, clarity, wisdom, and neutrality. So it is."***

Feel free to adapt these words so they reflect your own beliefs and spiritual practice.

### BUILDING YOUR CONNECTION WITH THE DECK

Take time to explore each card individually, allowing yourself to become familiar with the artwork, symbols, colours, and messages. Notice which cards naturally draw your attention and observe any thoughts, feelings, memories, or impressions that arise.

Once you have looked through the entire deck, gently fan out the cards and hold them close to your heart for a few quiet moments. Set the intention of

creating a meaningful connection with the deck and invite it to become a trusted companion on your journey of reflection and self-discovery.

As your relationship with the deck develops, keep it nearby when appropriate and spend time handling it regularly. Shuffling the cards, journalling your experiences, meditating with the imagery, and simply sitting quietly with the deck can help deepen your connection. Over time, this familiarity may allow your readings to become more intuitive, personal, and insightful.

## PREPARATION – CLEANSING YOUR DECK

Before each reading or meditation session, you may wish to energetically cleanse both yourself and your oracle deck. This practice can help you feel grounded, centered, and receptive to your intuitive guidance.

You may choose to cleanse using:

- Sound, such as a singing bowl, chimes, tuning fork, or bell.
- Incense, Palo Santo, Sage or sacred herb smoke (used safely and where appropriate).
- Crystals such as Clear Quartz or Selenite.
- Breathwork, visualisation, prayer, or a simple intention to clear and refresh the energy.

There is no single "correct" method. Choose the approach that feels most aligned with your own personal practices. The intention behind the cleansing is often more important than the technique itself, helping you create a focused and sacred space for your work with the cards.

## MEDITATION PRACTICES

To support your journey with the **Breakaway Oracle Card Deck**, you can download the exclusive guided meditation created by AnchorHaven.

Visit **[www.breakawayoracle.com](http://www.breakawayoracle.com)** to access your complimentary bonus meditation.

This guided practice has been designed to help you relax, quiet the mind, and create a centered space for reflection before working with the cards. Regular meditation can help you deepen your connection with the imagery, strengthen your intuitive awareness, and create space for greater personal insight and memory recall.

### MEDITATION TIPS FOR BEGINNERS

If you are new to meditation, remember that there is no "perfect" way to meditate. The goal is not to stop your thoughts completely, but to become a gentle observer of them.

Here are a few simple tips to help you get started:

- **Choose a quiet space.** Find somewhere you are unlikely to be disturbed for 10–20 minutes.
- **Sit comfortably.** Keep your spine relaxed but upright. You can sit on a chair or cushion—comfort is more important than posture. For longer sessions you may wish to **lay down** with an eye covering.
- **Slow your breathing.** Take slow, natural breaths, allowing your body to relax with each exhale.
- **Release expectations.** Every meditation is different. Some days you may feel peaceful, while other days your mind may remain busy. Both experiences are perfectly normal.

- **Observe without judging.** If thoughts, feelings, images, or memories arise, simply notice them without trying to force or analyse them during the meditation.

## SUPPORTING GREATER MEMORY CLARITY

Many people find that relaxation allows subtle memories, ideas, or intuitive impressions to become easier to recognise. Rather than trying to force memories to appear, create the conditions in which they can arise naturally.

You may find the following practices helpful:

- Set a gentle intention before you begin, such as:  
*"I invite clarity and understanding for my highest good."*
- Keep a journal nearby and write down any thoughts, symbols, emotions, dreams, or images immediately after your meditation, even if they seem unrelated or incomplete.
- Pay attention to recurring patterns or symbols over several meditation sessions rather than expecting instant answers.
- Allow memories or impressions to unfold at their own pace. Sometimes understanding develops gradually over days, weeks, or months.
- Stay hydrated and ensure you are well rested, as fatigue can affect concentration and recall.
- Practice regularly. Even 10–15 minutes a day can help develop greater focus and strengthen your ability to notice subtle impressions.

Remember that meditation is a practice of awareness rather than proof. Some experiences may feel vivid, symbolic, emotional, or deeply meaningful, while others may simply bring a sense of calm. Both are valuable outcomes.

For the best experience, choose a quiet, comfortable environment where you can relax without interruption. You may wish to meditate before drawing your cards to centre yourself, or afterwards to explore the messages and symbolism more deeply.

## A NOTE ON MEMORY RECALL

Every person's journey is unique. Some people may experience vivid memories, symbols, emotions, or intuitive insights during meditation, while others may simply experience a sense of peace and relaxation. Both experiences are equally valid.

Not everyone will recall memories through meditation alone, and there should never be any expectation or pressure for specific memories to emerge. Personal insights often unfold gradually and in their own time.

If you wish to explore your experiences more deeply, you may choose to work with a suitably qualified and experienced hypnotherapist or regression practitioner. Any memories, impressions, or experiences that arise through meditation or hypnosis should be approached with thoughtful personal reflection and discernment.

Above all, trust your own pace, prioritise your wellbeing, and allow your journey to unfold naturally.

## DIVINATION PRACTICES

Reflect on the card wording, images and colours. Each card meaning has additional keywords and essential meanings to help you understand why this card has come forward at this time.

Write down what comes to mind. Your message may be symbolic.

### ONE CARD GUIDANCE

Shuffle the cards, think of your question.

Fan or split the deck and select a card.

### THREE CARD SPREAD

Shuffle the cards and split into 3 piles.

Take the top card from each pile or a card you are drawn to.

Note down what is the Opportunity, Challenge and possible Guidance.

### FIVE CARD SPREAD - Shuffle and select 5 cards

- Earth energy – Your grounded focus right now.
- Air energy – Possible impacts or anchors to support communication.
- Fire energy – Possible challenges or success anchors regarding your transformational energies.
- Water energy – Possible impacts or ease to support emotional healing
- Storm energy - Your outcome. Who you are becoming. Look at the energies and keywords for this topic.

Your message may be an inspired keyword that comes when looking at the cards.



Please trust your intuition and develop your own connection with these cards.

## THE CLARITY CARD – ADDITIONAL GUIDANCE

A Clarity Card is designed to deepen your reading by providing additional context when the meaning of your initial card feels uncertain or when more information is needed.

Rather than replacing the first card, the Clarity Card works alongside it, revealing another layer of insight, highlighting an overlooked influence, or helping you understand how the message applies to your current circumstances.

You may wish to draw a Clarity Card when:

- The first card raises more questions than answers.
- You are deciding between two possible interpretations.
- To understand the deeper lesson or purpose behind the message.
- You are looking for practical guidance on your next step.
- You feel intuitively guided to explore the reading further.

## HOW TO USE THE CLARITY CARD

After interpreting your first card, take a moment to reflect on its message. If you feel additional guidance would be helpful, shuffle the deck while asking:

- *What do I need to understand more clearly?*
- *What additional information will help me?*
- *What is the deeper lesson here?*
- *What is my next highest step?*

Draw one additional card and interpret it in relation to the first. Rather than viewing it separately, allow the two cards to form a conversation. Together they often reveal a more complete picture and strengthen your confidence in the guidance you receive.

## **TAILORING YOUR READING BY SPLITTING THE DECK**

While the Breakaway Oracle can be used as a complete 52-card deck, you may also choose to separate it into themed sections. This allows you to ask more focused questions and receive guidance relating to a specific area of your journey.

Each card has specific keywords related to its energy and an essential meaning to support your intuitive understanding.

Every reading is an invitation to go deeper into the topic, energies or potential memories you may be holding.

The deck can be divided into the following five categories:

### ***PROGRAMS***

Explore cards relating to covert projects, factions, organisations, and assignments. These cards may provide insight into recurring themes, patterns, memories, or areas for further contemplation.

#### **Example questions:**

- Which program is most relevant for me to explore today?
- What do I need to understand about this aspect of my journey?
- What information is ready to come into my awareness?

### ***PLANETS***

Focus on planetary locations, off-world breakaway environments, or dimensional settings associated with your experiences or areas of interest.

#### **Example questions:**

- Which planetary connection is most relevant currently?
- What can I learn from this location?
- How does this relate to my current path?

## *ROLES*

Explore the functions, occupations, and responsibilities represented within the deck. Basic training will have included several roles.

### **Example questions:**

- Which role best reflects my current focus?
- What strengths or abilities am I developing?
- How can I embody the highest expression of this role?

## *LIMITATIONS*

These cards help identify limiting beliefs, recurring patterns, obstacles, and external influences such as targeting. Their purpose is to bring awareness, supporting healing and empowered decision-making.

### **Example questions:**

- What is currently limiting my growth?
- What pattern am I ready to recognise?
- What can I consciously transform?

## *HEALING*

The Healing section offers supportive guidance, helping you restore balance, integrate insights, and move forward with greater confidence. These cards complement the rest of the deck by providing practical energetic or emotional support.

### **Example questions:**

- What healing energy will support me today?
- Where should I focus my attention?
- What will help me move forward with greater clarity?

## *USING THE SECTIONS TOGETHER*

You are not limited to drawing from just one category. Many readers enjoy combining sections to create a more detailed reading.

For example:

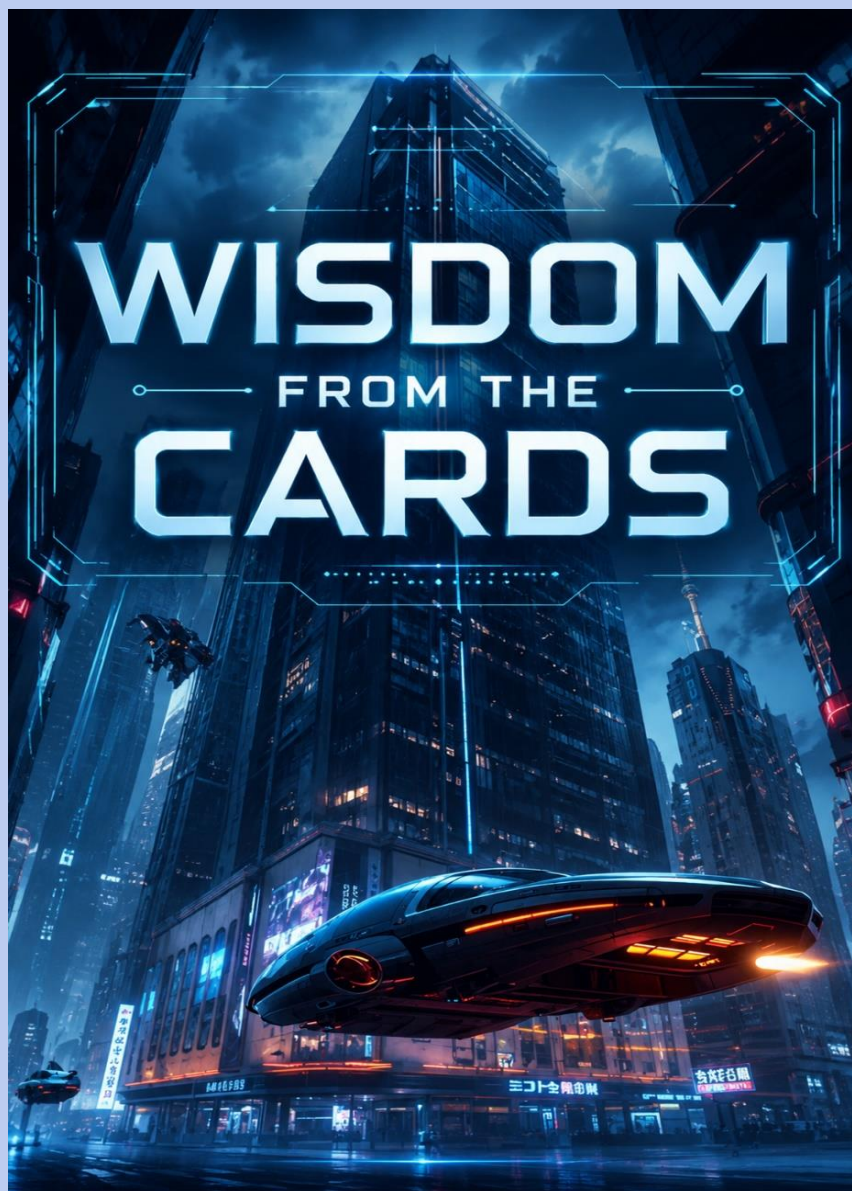
- Draw a **Program** card to identify a theme.
- Draw a **Role** card to understand your function within that theme.
- Draw a **Planet** card to explore the setting or energetic connection.
- Draw a **Limitation** card to identify what may be holding you back.
- Finish with a **Healing** card to receive guidance on integration and your next steps.

There is no right or wrong way to work with the Breakaway Oracle. Trust your intuition, ask clear questions, and allow the cards to guide you in the order that feels most natural.

The more you work with the deck, the more personal and meaningful your readings are likely to become.

Breakaway Oracle Card Deck - Guidebook

# WISDOM FROM THE CARDS



## A NOTE ON DISCERNMENT

The Breakaway Oracle Card Deck and Guidebook are intended as tools for personal reflection, exploration, and inspiration. The information, concepts, images and perspectives presented within these cards are offered as starting points for deeper inquiry.

Readers are encouraged to conduct their own research, explore multiple viewpoints, and question what resonates with them. Not every idea presented here will align with your current understanding, beliefs, or experiences, and that is perfectly natural. Use your own discernment when engaging with the material, taking what feels relevant and leaving what does not. However, you may also feel a resistance to certain topics that do require the most healing and understanding of certain terms which will unfold from within.

If certain topics evoke discomfort, resistance, or strong emotional reactions, consider approaching them with curiosity rather than judgment. Such moments may offer opportunities for personal growth, self-awareness, and healing within the mind, body, and emotions. However, you are always encouraged to move at a pace that feels safe and appropriate for you.

This guidebook does not seek to tell you what to believe. Instead, it invites you to think critically, explore openly, and develop your own understanding of the world, yourself, and the possibilities that exist beyond conventional perspectives.

Above all, trust your inner wisdom, honour your personal journey, and allow this deck to serve as a catalyst for discovery, reflection, and empowerment.

## MISSING HISTORY TIMELINE

The following timeline of events will help to bring clarity and context to the information contained in the Breakaway Oracle. Please do take this opportunity to go deeper with your own research.

### Timeline of Key Events

#### 1945

- Following WWII, Germany and Japan form agreements with the Draco Empire.
- An off-world expansion, conquest, and colonization program begins.

#### 1946 – Operation High Jump

- Admiral Richard Byrd leads a U.S. expedition to Antarctica.
- The mission targets the German base of Neu Schwabenland in Queen Maud Land.
- A military confrontation leads to the beginning of a secret Cold War between Earth's Allies and the Axis-Draco alliance.

#### 1947 – Roswell & Project Phoenix

- A German craft crashes near Roswell, New Mexico.
- Advanced technology, including a navigation chair capable of space, time, and dimensional travel, is recovered.
- Research is transferred to Camp Hero, Montauk, New York, under **Project Phoenix**, aka **The Montauk Project**.

## 1952–1953 – White House Negotiations

- German ships arrive in Washington, D.C.
- Negotiations begin with President Truman and continue under President Eisenhower
- An agreement is reached between the United States and German off-world forces.

## 1953 – MK Ultra & Advanced Technology

- The CIA launches **Project MK Ultra**.
- Mind-fracture techniques are developed to create programmable alter personalities.
- The United States begins working with various ET groups and gains access to highly advanced technology.

**1945:** After Germany and Japan were defeated in WWII, they made secret deals with certain ET groups, especially the Draco Empire. The Draco agreed to help the former Axis powers build an empire among the stars in exchange for mercenary services. This began an ongoing process of war, conquest, and colonization.

**1946:** Admiral Richard Byrd launched Operation High Jump, officially a U.S. Navy expedition to Antarctica to test military equipment in extreme icy conditions. Its secret purpose was to pursue the Axis powers to their new base in Queen Maud Land, Antarctica, known to them as Neu Schwabenland. The U.S. Navy engaged them militarily but was defeated by their ET-granted technology, ending WWII with a decisive Axis victory and beginning a secret Cold War between the Allies on Terra and the Axis-Draco alliance off world.



**Summer 1947:** A German craft was shot down over Roswell, New Mexico, and stripped by the U.S. Air Force for reverse engineering. Its navigation chair was especially important, as documents onboard showed it could navigate through space, time, and other dimensions. Research into the chair was moved to a newly built deep underground military base beneath Camp Hero, also known as Montauk Air Force Station, at Montauk Point, Long Island, New York. This began Project Phoenix, popularly known as the Montauk Project.

**1952–1953:** The secret Cold War escalated when German ships flew by the White House in Washington, D.C. One landed on the lawn, and its occupants approached President Harry S. Truman to begin negotiations. These continued under Dwight D. Eisenhower after his inauguration in January 1953. A deal was made: 150,000 American children would be given annually to the Germans off world in exchange for American autonomy being ostensibly respected. This deal is still enforced at the time of writing and is believed to be part of a wider Global initiative.

**1953:** Because of this, the American government escalated the Cold War with the Axis powers in space. The CIA began Project MK Ultra, using techniques learned from the Illuminati to carry out “mind fracture,” splitting minds into “alters,” or split personalities.

These alters could then be programmed by the intelligence community for secret programs on and off planet. The U.S. also began making deals with various ET groups, gaining technology hundreds of years beyond what the Terran public can access.

Source: The Man with the Periwinkle Eyes – Volume One, Fire and Rain by John Whitberg.

## FACTIONS AND PROGRAMS

The Factions & Programs cards explore some of the organisations and projects that have been reported within the Breakaway Civilization and supersoldier experience.

Many individuals discover that they have connections to multiple factions, projects, or programs throughout their service history. Due to memory suppression, compartmentalisation, timeline operations, cloning technologies, and consciousness transfer protocols, these experiences may only emerge gradually through dreams, intuitive knowing, memories, synchronicities, healing work, or direct recall.

The purpose of these cards is not to tell you who you are, but to help you explore the connections, experiences, and assignments that may be part of your own journey of remembrance.

### **If You Select These Cards**

When a Factions & Programs card appears, consider your personal connection to the group, project, or operation being presented.

Ask yourself:

- Have I encountered this name, faction, or program before?
- Does this information trigger memories, emotions, dreams, or a sense of familiarity?
- Was I directly involved with this faction or project?
- Am I currently healing, integrating, or recalling experiences connected to this program?
- What skills, lessons, or knowledge are ready to be remembered?

Some cards may point to direct involvement, while others may highlight keywords, training, associations, missions, energetic connections, or unresolved experiences that are ready for greater understanding.

## ARASAKA ROBOTICS



**Keywords:** Corporate Power, Transhumanism, Innovation

Arasaka Robotics is a cybernetics and technology company founded by Takeshi Arasaka, who privatised the cybernetics industry that was begun in secret during the war. Arasaka is the largest and most powerful company in the off-world Axis and is currently run by Sakura Arasaka. Predominant maker of cybernetic augmentations and full synthetic bodies.

### Essential Meaning:

You may have a connection to the Arasaka Robotics company off planet as a worker, engineer, scientist or synthetic.



## CORPORATE SSP

**Keywords:** Infrastructure, Cash Flow, Liaison

An extension of the American military industrial complex into space via numerous companies including but not limited to Ratheon (aerospace), Boeing, Sitgo, Nestle, The Bin Laden Group etc

### Essential meaning:

Your role in the special access programs may be connected to corporations on and off planet. These roles are varied and involve administration, liaison and coordination of distribution networks for high quality items. Assets may also undertake these roles for corporate espionage assignments.

## HONG LONG – TAI WAN SSP



### **Keywords: Alliance, Tradition, Isolation**

Founded in the early 1950's after the republic of China lost to the people's republic of China and a continent of their military was invited into space by the axis.

### **Essential Meaning:**

The Asian secret space program is a mixture of assets from Tai Wan and China. The Hong Long assets may be used for espionage, engineers, soldiers and general support workers.

Due to the use of clone sleeves and soul byte technology, assets may have several bodies of different ethnicities to suit the programs and environments.



## KRUGER MERCENARIES LLC

### **Keywords: Augmentation, Discipline, Strength**

Kruger is an underground South African mercenary company often referred to as Kruger Corp.

Kruger has various headquarters on Earth located in London and Cape Town plus locations off planet on Ganymede, Sea of Serenity, Eris and Neu Berli, Centurion.

The company was founded by Walter Kruger and is now run by his much younger cousin Gabriel Stefanos Kruger and his daughter Alexandria.

### **Essential meaning:**

Kruger has a deep focus of augmenting the body.

Your jobs is likely to be focused on extreme combat and manual labour, Usually with little or no information given to you before a job.

Kruger is also noted for having some of the best mind wiping technology, so Kruger memories are likely to be elusive.

## MONARCH SOLUTIONS



**Keywords: Programming, Obedience, Infiltration**

Monarch is run by Paul Serene and Monarch Solutions is known to create assets to be used in Black Op programs utilised by 3 letter government agencies and other factions on and off planet.

Monarch methods focus on fracturing the mind to create programmable assets to be used as soldiers, spies and intimate assassins.

Many people who believe they were in the SSP would have spent time in a Monarch program. Monarch are thought to have bases all over the world with the largest Deep Underground Military Base (DUMB) being in Toronto.

### **Essential meaning:**

You have likely worked as an intimate assassin, corporate spy or both in tandem.

You may have beta level tendencies such as sex kitten programming.

You may find yourself drawn to underground caves, butterfly images or butterfly energy.

### **Reflection Questions:**

- When I tune into this card, what emotions, symbols, memories, or impressions arise naturally?
- Do butterflies, tunnels, or themes of secrecy, infiltration, and hidden operations evoke a strong sense of familiarity?
- If this card reflects part of my journey, what memories, abilities, or experiences connected to Monarch Solutions are ready to come into my awareness?

## NACHT WAFFEN (Night Weapons)



**Keywords:** Dominance, Honour, Expansion

The military which serves as both a mercenary force of the Draco and the armed forces of the colonies which are part of Der Bund Freier Deutscher Welten. (Federation of Free Germanic Planets),

Nacht Waffen was founded by the Nazis that fled to Antarctica and then to off World after the war. Of all the SSP factions they are by far the largest.

**Essential meaning:** You may have worked as an officer, grunt/foot soldier, military intelligence

asset or other roles within the Nacht Waffen fleet.

You may find yourself fascinated with honour, tradition and you may be drawn to the German language, Nazi imagery or ideology.



## ORION SYNDICATE

**Keywords:** Chaos, Insurgency, Corruption

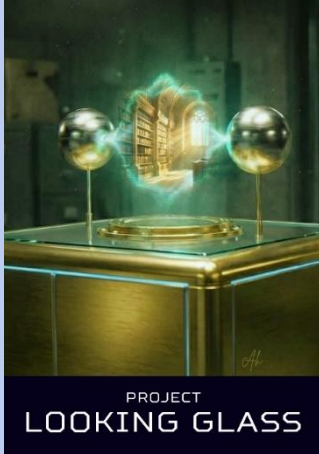
The Orion Syndicate is a Draco terrorist faction that broke away from the Empire during the Orion Wars. They reject the legitimacy of both the current Draco borders and its Queen. They are associated with terrorism, trafficking, and the forced cybernetic conversion of beings.

**Essential meaning:**

You may have been used as a slave, worker, soldier, or scientist, either in your own body or

through a cyborg body. Your abilities used to activate advanced technologies inaccessible to Orion Syndicate members. You may also feel drawn to black pyramids, infinity symbols, and ancient alien themes.

## PROJECT LOOKING GLASS



**Keywords: Foresight, Surveillance, Alteration**

The Looking Glass Project is operated by American Naval Intelligence from S4 in the Nevada Desert.

The device is described as the ultimate remote viewing technology, allowing its operator to observe any location within the multiverse at any point in time.

The device can only be operated by individuals with an AB negative blood type. Three additional Looking Glass devices are thought to exist on

Earth, located in England, Czechia, and Fujian, China.

### Essential meaning:

You have likely been used as a spy or soldier to manipulate timelines on behalf of the Tall Whites/Anunnaki.

You may feel drawn to ancient objects, Ark of the Covenant imagery, or Area 51. You are likely to have AB negative blood if you were used to operate the device or you may have had a supporting role in projects.

### Reflection Questions:

- When I tune into this card, what memories, symbols, locations, or impressions come into my awareness?
- Do Area 51, the Ark of the Covenant, ancient artefacts, or the concept of timelines evoke a strong sense of familiarity or remembrance?
- If this card reflects part of my journey, what memories, abilities, or experiences connected to Project Looking Glass are ready to emerge into my awareness?



## PROJECT PHOENIX



**Keywords: Destruction, Chronology, Causality**

Project Phoenix is the United States Air Force's time travel program.

Until 2014, its headquarters were located at Camp Hero, Montauk Point, Long Island, New York. It is now headquartered within a base situated inside a time bubble version of New Orleans.

The program is overseen by an ancient AI believed to have remained dormant beneath Long Island for possibly millions of years.

### Essential meaning:

You have likely been used as a spy or soldier, either manipulating timelines or carrying out off-planet missions.

You may be musical and feel drawn to abandoned military bases, lighthouses, or clothing styles that seem out of place for the current period.

### Reflection Questions:

- When I tune into this card, what memories, symbols, locations, or impressions come into my awareness?
- Do abandoned military bases, lighthouses, music, or the concept of time travel evoke a strong sense of familiarity or remembrance?
- If this card reflects part of my journey, what memories, abilities, or experiences connected to Project Phoenix are ready to emerge into my awareness?



## RUSSIAN SSP / SCIENCE PROJECTS



RUSSIAN

SCIENCE / SPACE PROJECTS

**Keywords: Adaptability, Resilience, Research**

The remnants of the space programs run by the Soviet Union. Briefly known as “The Red Rising Star”. Heavy focus on mechanoid suits (AMP).

Russian genetic science programs are held within time bubbles on Earth, located in remote areas of Siberia plus a space program from an asteroid base location in Saturn’s rings.

Russian SSP is known to have worked with assets from multiple global programs

### Essential meaning:

All military and espionage positions potentially apply.

You may be drawn toward Russian culture, communism or Slavik mythology.



SOLAR WARDEN

COVERT PROGRAMS

## SOLAR WARDEN PROGRAMS

**Keywords: Vigilance, Authority, Surveillance**

Solar Warden is a United States Navy Secret Space Program established to extend military operations beyond Earth. Its primary divisions include **Radiant Guardian**, which patrols from the Sun to the Mars asteroid belt, and **Radiant Glory**, which operates from the Mars region to the outer Solar System, including the Oort Cloud. Its personnel are primarily tasked with patrol, security, and often nefarious military operations

throughout the Solar System.

**Essential meaning:** You may identify with military, intelligence, security, scientific, or technical roles within Solar Warden. The program is associated with conventional military technology and Solar System defence.

## SPENCER BIOTECHNIC



**Keywords:** Experimentation, Bio-warfare, Containment

Spencer Biotech is run by the Spencer family, of which Princess Diana was/is considered a member. One of its earliest creations was the Spanish Flu. The organisation served as the inspiration for the Umbrella Corporation in the *Resident Evil* franchise. Monarch-trained assets were reportedly used in bioweapons development, corporate espionage, and clean-up and containment operations.

### Essential meaning:

You may have worked as a scientist, corporate executive, or laboratory test subject. You may also have been involved in bioweapons research, corporate espionage, or containment operations.

You are likely to have an affinity for science fiction featuring mutated creatures, particularly the *Resident Evil* films and games, and may naturally feel drawn towards scientific thinking.

### Reflection questions:

- Do themes of cloning, viruses, biological enhancement, or DNA modification feel strangely familiar?
- Are you naturally analytical, methodical, and drawn to understanding how living systems work?
- Do films or games such as *Resident Evil* trigger an unexpected sense of familiarity beyond entertainment?
- Have you ever sensed memories of participating in research, experimentation, containment, or clean-up operations?

## TIME TRAVEL PROJECTS



### **Keywords: Stargates, Teleportation, Psionics**

Every country with an SSP has a time travel project. Attempting to adjust the timeline for either their own gain or the gain of an ET race.

Hyperspace – travel between 2 points via the 4<sup>th</sup> dimension.

### **Essential meaning:**

You are likely to feel that you were born in the wrong time albeit past or future.

You may feel highly frustrated that you cannot teleport locations or jump through time at will to

create better outcomes for yourself.



## YOZORA NO KUNSHU

### **Keywords: Integrity, Legacy, Mastery**

Yozora No Kunshu (YNK) translates to “Lords of the nights sky”.

The Japanese SSP is one of the oldest factions, having left Earth at the same time as the Germans.

The off-world society is best described as “Post-Cyber Punk” with very highly advanced technology, that is used as a force for the greater good, with most people having access to it. Most

of their colonies are essentially company towns of Arasaka robotics.

### **Essential meaning:**

You are likely to feel an obsession with honour, justice and be drawn to both traditional or futuristic aspects of Japanese culture such as samurai, Mecha Anime or the song Subaru.

## PLANETS AND BREAKAWAY COLONIES

You may feel drawn to alien worlds, galactic exploration, frontier living, or first contact. These cards explore planets and breakaway colonies associated with the breakaway civilisation and supersoldier experience.

You may recall locations with unfamiliar skies, landscapes, trees, or life forms through dreams, intuitive knowing, memories, synchronicities, healing work, or direct recall. Memory suppression, compartmentalisation, cloning, timeline operations, and consciousness transfer may mean these connections emerge gradually.

The purpose of these cards is not to define who you are, but to help you explore the experiences, assignments, and connections that may be part of your journey of remembrance.

### **If You Select These Cards:**

When a planet or colony card appears, reflect on the imagery and keywords.

Ask yourself:

- Have I encountered this place before?
- Does it trigger memories, emotions, dreams, or familiarity?
- Do the keywords relate to my current life?
- Am I healing, integrating, or remembering experiences connected to this location or its associated factions?
- What skills, knowledge, or lessons am I ready to remember?

Some cards may reflect direct involvement, while others highlight themes, training, missions, energetic connections, or experiences ready for deeper understanding.

## CENTURION – OFF WORLD COLONY



### **Keywords:** Jungle Planet, Savage, Wealth

Centurion is a vast jungle world within a Dyson sphere in the Alpha Centauri system. It serves as a refuge and retreat for the breakaway elite, including both Axis and Corporate factions. Beyond its cities, the planet is highly dangerous, with hostile wildlife and even aggressive plant life.

**Essential meaning:** You may feel a strong affinity for jungles, lush environments, or crystalline architecture. You may be drawn to a refined or luxurious lifestyle and have an interest in occult

traditions, ritual practices, or religious ceremonies.



## EXTRA SOLAR PLANETS

### **Keywords:** Far Reaching, Frontier, Diverse

Over the course of its history, the Breakaway civilisation has established colonies on more than 10,000 planets beyond the Solar System. These worlds range from Earth-like paradise planets to harsh volcanic environments, each with its own ecosystems, cultures, and challenges.

**Essential meaning:** You may feel drawn to galactic exploration, frontier worlds, or unfamiliar landscapes. You may experience dreams or memories of planets with different skies, environments, or life forms, and feel a natural curiosity about life beyond our Solar System.

## JUPITER MOONS



**Keywords: Black Goo, Military, Hostile**

The moons of Jupiter, except for Callisto, are described as the primary base of Solar Warden and a major centre of American military operations beyond Earth.

Europa serves as a checkpoint for traffic entering and leaving the Solar System via the alleged Jupiter gateway within the Great Red Spot.

Callisto is described as an Axis stronghold and a major Black Goo mining outpost.

### Essential meaning:

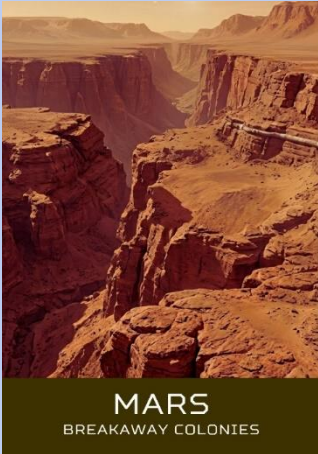
You may feel drawn to American military traditions and identify with roles involving protection, security, or defence.

If you resonate with Nacht Waffen attachments, you may also recall experiences connected to Black Goo, as Callisto is associated with Black Goo mining and related operations.

**Black Goo** is described as an intelligent substance with biological, technological, and consciousness-interactive properties. It is said to be used in advanced technology, genetic experimentation, cybernetic integration, and military enhancement.

It triples intelligence and strength at the cost of all emotions except anger and arousal.

## MARS – BREAKAWAY COLONIES



### **Keywords: Devastation, Black Terror, Training Hub**

Mars is a major hub of activity for many Secret Space Program factions, containing numerous colonies, military bases, and training facilities.

While its surface is largely barren, extensive underground volcanic tube networks are described as supporting diverse human and extraterrestrial communities.

Many German, Japanese, and American supersoldier programs are said to have trained or

operated on Mars during active service.

### **Essential Meaning:**

You may feel drawn to desert landscapes or stories set on frontier worlds such as *Dune*. You may resonate with themes of survival, military training, exploration, or pioneering new frontiers. You may also have a natural affinity for insects, reptiles, or underground environments.

### **Reflection questions:**

1. What emotions or memories arise when you imagine living or working within an underground Martian colony or military base?
2. Do you feel a strong connection to desert landscapes, frontier environments, or the discipline and routine associated with military training and survival?
3. Have you always felt drawn to underground spaces, volcanic landscapes, insects, reptiles, or stories centered around Mars, hidden civilizations, or off-world colonies?



## NEPTUNE MOONS



**Keywords: Tradition, Isolation, Corporatocracy**

The moons of Neptune are described as the primary centre of Japanese influence within the Secret Space Program.

Triton is said to house the underground headquarters of Arasaka Robotics, while Proteus and Larissa are also inhabited.

Neptune itself is associated with intelligent blue, non-corporeal octopus-like beings capable of phasing in and out of physical reality. The region is characterised by advanced technology, corporate governance, and strong hierarchical traditions.

### Essential Meaning:

You may feel a strong affinity for Japanese culture, tradition, and discipline. You may be drawn to advanced robotics, cybernetics, artificial intelligence, or cutting-edge technology. You may also resonate with highly structured corporate environments or recall connections with Arasaka Robotics.

### Meditation Tips:

- Focus on the Neptune Moons card and contemplate the keywords Tradition, Isolation, and Corporatocracy. Observe any thoughts, emotions, or memories that arise.
- Visualise yourself on Triton or another Neptune moon. Notice the underground bases, advanced technology, and any beings or surroundings that come into your awareness.
- Remain open to intuitive impressions. Allow the card imagery and information to guide your meditation without expectation or judgment.





## ON PLANET OPERATIONS

**Keywords: Global Programs, Reassignment, Clones**

Many Secret Space Program accounts describe operations on Earth as well as off world. Testimonies describe assets serving across the UK, USA, Canada, Europe, Australia, India, and beyond in roles such as scientist, soldier, assassin, espionage operative, diplomat, and honey pot.

### Essential Meaning:

You may have strong connections to places or cultures that feel strangely familiar despite never visiting them. You may feel drawn to travel on Earth and find it easy to adapt, blend into different environments, and assimilate with local cultures.



## SATURN MOONS

**Keywords: History, Conflict, Secrecy**

The moons of Saturn are known as a major centre of Der Bundes activity within the Secret Space Program.

Titan is home to Neu Nuremberg, a large city with a population of around 40 million. Several Saturnian moons are associated with plasma-based life forms, with military operations described as involving specialised plasma weaponry.

### Essential Meaning:

You may feel a strong affinity for German culture, large futuristic cities, or military aviation. You may resonate with themes of conflict, strategy, and service, and may feel drawn to piloting or aerospace technologies.

## ROLES

Unacknowledged Special Access Programs, including the Secret Space Program, are described as involving large numbers of people serving across Earth-based and off-world factions.

These roles commonly fall into the categories of **combat, science, intelligence, occult work, and political service**. The **Breakaway Oracle Foundation Deck** features the primary roles most commonly identified during memory recall.

### If You Select These Cards

You may resonate with the image, keywords, essential meaning, or the transferable skills associated with the role.

Due to the reported use of clone sleeves and soul byte technology, assets may have occupied multiple bodies of different ethnicities to suit specific roles, environments, and operational requirements.

### Working with These Cards in Meditation:

Focus on the environment, sounds, sensations, clothing, equipment, and activities associated with the role. Allow memories or intuitive impressions to arise naturally.

You may also find it helpful to listen to music or films in languages such as German or Japanese, or any language you feel naturally drawn to during your meditation.

### Reflection Questions:

- What skills, strengths, or abilities have always felt instinctive or unusually familiar?
- As you meditate with this card, what environments, clothing, equipment, languages, or activities come into your awareness?

## ASSASSIN – COVERT PROGRAMS



### **Keywords: Ruthless, Duty, Efficiency**

Assassins are trained to do exactly one thing - Kill without leaving a trace.

Their targets included but not limited to corporate leadership, military leadership, political figures both on and off planet.

Many assassins are trained to use avatar bodies to blend in with a specific population.

Most programs include assassination training.

### **Essential meaning:**

You may be a highly adaptable individual who can blend into all environments and become invisible. You may often notice things that others miss.

You may be a very direct person who feels frustration that it is not socially acceptable to harm your enemies in public. You may possess a natural aptitude for martial arts, weapons handling, or tactical skills.

### **Reflection questions:**

- Have you always found it easy to blend into different environments or go unnoticed when you choose?
- Do you naturally observe details, behaviours, or changes that others seem to overlook?
- Have you ever felt an unusually strong sense of justice, protection, or frustration when confronted with betrayal, corruption, or perceived wrongdoing?

## BREAKAWAY CIVILIAN



**Keywords: Futurism, Luxury, Home**

Across the Breakaway's thousands of colonies are an estimated 9.6 trillion civilians. Most were born there, while others are described as former SSP clones given civilian lives, or assets raised off world before entering service to gain cultural understanding.

Some believe they may have a civilian counterpart living in a Breakaway colony while they themselves live on Earth.

### **Essential meaning:**

You may feel frustrated by Earth's comparatively limited technology and often imagine more advanced ways of living. You may struggle to fully fit into everyday life, finding yourself drawn to futuristic ideas or solutions that others dismiss. You may also have eclectic musical tastes that seem out of place for your generation and a strong appreciation for culture.

You may be drawn to German and Japanese culture and foods.

### **Reflection questions:**

- Have you always felt that technology on Earth is far behind what seems possible?
- Do you often think of solutions that others consider unrealistic or ahead of their time?
- Have you felt a persistent sense that you belong somewhere more advanced or culturally different than your current environment?



## COMBAT MEDIC – FIELD OPS

**Keyword: Survival, Adaptability, Speed**

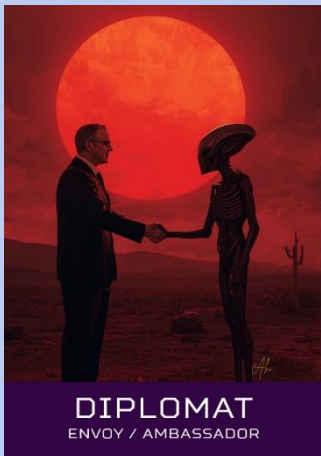
They are one of the most depended upon and often overlooked specialists in the programs. Without them you would never make it to the regen tank in time.

You may be drawn to work in support and service roles such as paramedic, doctor, healer or situations where you are calm under pressure.

**Essential meaning:**

You may have advanced medical knowledge without the background for such. You may be very useful and efficient in an emergency.

You and those in your care most likely don't get sick very often and you likely heal yourself and others quickly.



## DIPLOMAT – ENVOY/AMBASSADOR

**Keywords: Communication, Assimilation, Protection**

The SSP works with tens of thousands of ET races through trade and commission agreements, requiring ambassadors and envoys to act as intermediaries. It is considered one of the most dangerous roles, as they often live and work amongst potentially hostile populations. Those with diplomatic alters may also have espionage training, enabling them to infiltrate high-profile situations where others cannot.

You may have a highly varied skill set, strong communication abilities, and the adaptability to work effectively with many different people and environments.

**Essential meaning:** You may be very diplomatic and good at negotiating and getting your way. You are likely very patient. You probably have an affinity for ET cultures and probably enjoy travelling to experience new things.



## ESPIONAGE – COVERT PROGRAMS

### **Keywords: Top Secret, Stealth, Skill**

Within SSP narratives, intelligence gathering is considered an essential function due to the involvement of multiple nations and factions. Espionage personnel are described as operating both on and off planet, gathering information through conventional and psionic methods to advance the interests of the nation or organisation they serve.

**Essential meaning:** You may have heightened spatial awareness, quick reflexes, strong discernment, and an ability to adapt your communication to people from all walks of life. Alternatively, you may be more reserved, preferring solitude. You may also have a natural aptitude for languages and understanding different cultures.

## HONEY POT – INTIMATE ESPIONAGE



### **Keywords: Stamina, Attachment, Extraction**

Often the best way to extract information from a person of power is via blackmail. One of the best ways to do this is to ensnare them into an illicit affair or entrap them with an underage person. This is where honey pots come in.

Honey pots are specifically designed to please and seduce their targets to a level where resistance is not possible.

**Essential meaning:** Most assets have alters who have this skill set. The power of persuasion could save your life. People who have honey pot alters may find they are highly adaptable and often persuasive to get the desired outcome.

You may have moments when you use sexual partners for selfish pleasure and to gather information.





## HYBRID DNA – AUGMENTED

**Keywords: Genetic Mixing, Enhancement, Different**

A Starseed is described as an ancient soul of galactic origin who has chosen to incarnate on Earth to assist during this period of ascension. You may feel different from those around you, as if your frequency or perspective does not quite match. From this viewpoint, the circumstances of incarnation are influenced by collective consciousness and chosen timelines.

**Essential meaning:** You may feel that you never quite fit into society and long for a place you cannot identify. You may also notice unusual physical traits, a distinctive scent, or unexplained health conditions that seem different from those of your family or remain without clear medical explanation.

## INTELLIGENCE – MILITARY ANALYST



**Keywords: Information, Pattern Recognition, Strategy**

Military Analysts are responsible for gathering, analysing, and coordinating intelligence for SSP factions. Using technology, psionics, and strategic thinking, they produce reports, assessments, and operational plans to minimise failures and security breaches.

**Essential meaning:** You may be highly analytical, naturally recognising patterns, reading people, and developing effective systems or routines. You may enjoy data management, administration,

statistics, strategy games, or working with maps and charts. You are likely to be resourceful, organised, and a thoughtful communicator.



## NAVIGATOR – PILOT

**Keywords:** Interface, Rules, Rare

In the SSP most ships and planes are flown through psionic means thus pilots and navigators must be psionically enabled to interface with computers and move objects in and out of physical space all at speeds which are incalculable.

Human navigators and pilots are extremely rare; most navigators are Draco and Zeta grey.

**Essential meaning:** You may be a psychic and empathic person that has a deep connection to the energies within and around you. You may often feel as though you know what will happen next and may be drawn to positions of supporting and healing others. Dreams of flying and being one with the Universe.



## OCCULT – ESOTERIC SKILLS

**Keywords:** Ritual, Zealotry, Mastery

Within the programs, knowledge and manipulation of spiritual forces is considered advantageous. The occult sector includes oracles, diviners, and entity hosts. These roles are extremely demanding on the body, requiring bodies to be replaced or cycled out regularly.

**Essential meaning:** You may be highly psychic and intuitive, naturally sensing or anticipating situations that others miss through a deep connection to the etheric world. Those who resonate with hosting roles may experience unexplained anger or aggression. You may also feel drawn to ancient religions, demonology, or dark magic, finding these subjects fascinating rather than frightening.





## PRIVATE CONTRACTOR

**Keywords:** Dirty Money, No Morals, Discretion

In space, many jobs are considered too dirty, dangerous or undesirable for national factions. These roles are often carried out by private contractors, who undertake difficult or unsavoury tasks for substantial rewards, usually with little or no official record.

**Essential meaning:**

You may be practical, resilient, and willing to do the jobs that others avoid. You may naturally step forward in difficult situations and perform well under pressure.

You may also be drawn to side hustles, freelance work, or finding creative ways to earn through unconventional opportunities.



## SCIENTIST – GENETICIST

**Keywords:** Hyper-focused, Efficiency, Innovation

Scientists and geneticists are described as the architects of the programs, responsible for developing bodies, weapons, power armour, and conditioning the minds of program assets. As a result, they are often viewed unfavourably by supersoldiers and other operatives.

**Essential meaning:** You may have a highly analytical mind, naturally recognising patterns that others miss. You may be a literal thinker who sometimes struggles to relate to those around you. You may also have a strong scientific mindset and tend to view situations objectively rather than emotionally.



## SOLDIER - USAP

**Keywords: Order, Perseverance, Grounded**

Soldiers form the backbone of Super Soldier Programs military operations and unacknowledged special access programs. They are described as being physically and mentally conditioned to survive, fight, and operate in any environment for extended periods.

**Essential meaning:**

You may be action-oriented, thrive under pressure, and feel comfortable around weapons.

You may have a strong sense of duty, honour, and patriotism, and experience sleep disorders, unexplained injuries, PTSD-like symptoms or vivid battle flashbacks, even without conscious memories of military service.

You may be drawn to combat-themed films, video games and TV shows such as *Halo*, high-impact sports, or weaponry, with some people describing an unconscious muscle memory or instinctive familiarity with weapons handling.

You may feel more comfortable working as part of a team or in pairs with clear instructions rather than taking on the leading management role.

You are likely to be from a family with a history of military involvement and may even have visited or lived in locations near deep underground military bases (DUMBs).

## SIGNS & LIMITATIONS

A brief introduction to the programming, control and targeting that is involved in the Unacknowledged Special Access Programs, including the Secret Space Program.

Assets are taken from a young age for mind fracturing to create alters to be programmed using MK Ultra techniques. Assets are trained for various roles and often bonded to another person emotionally, sexually and psionically. You may have experienced mind wipes, missing time, manipulation and are monitored in an aftercare program to keep your life limited with observation, handling and targeting via electronic means.

### **If You Select These Cards:**

You may resonate with the image, keywords, essential meaning, or feel the familiar impact of the targeting in your life. These uncomfortable topics may trigger a resistance, emotional reaction or memory. Proceed with caution and nurture your body as you work with reflection questions to heal your inner child and wounded warrior aspects.

### **Working with These Cards in Meditation:**

Take time to ground yourself before beginning. Hold the card, focus on the imagery, symbols, and keywords, and allow any thoughts, emotions, sensations, or memories to arise naturally without forcing an outcome. Pay attention to recurring themes, dreams, body sensations, or intuitive impressions, and record them in a journal after your meditation. Work at a pace that feels safe, taking breaks whenever needed.

### **Reflection Questions:**

Use the reflection questions as prompts for self-enquiry rather than seeking immediate answers. There are no right or wrong responses. Allow your understanding to develop over time through meditation, journalling, and quiet contemplation, remaining open to both symbolic and literal interpretations of your experiences.

## BATTLE BONDS – DYAD / TRAUMA TWIN



### **Keywords: Synchronicity, Fear, False**

Within SSP accounts, assets are sometimes described as being bonded to another person through trauma and mind control, creating an artificial sense of love or family. These bonds are used to manipulate two assets at once, with the threat of separation ensuring obedience and mission success.

Dyad bonds are said to synchronise two assets, increasing their efficiency and accuracy as a programmed pair.

**Note:** It is strongly recommended that assets do not pursue relationships with their perceived trauma twin in their present-day lives.

### **Essential meaning:**

You may feel as though someone is missing from your life without knowing why. Relationships may feel incomplete, or you may have a persistent sense that someone else should be in that person's place, despite having no clear reason for feeling this way.

### **Reflection questions:**

- Have you experienced an unexplained sense that someone important is missing from your life?
- Do your relationships ever feel incomplete, despite there being no obvious reason?
- Have you experienced an unusually strong or immediate connection with someone that felt difficult to explain logically?

## D.I.D. – MIND FRACTURE / ALTERS



### **Keywords: Lapse, Suggestion, Multiplicity**

When the mind of a small child is subjected to either trauma or hypnosis and repetitive coding, this causes their psyche to split into alters or split personalities.

The maximum safe number of alters 2197, which are arranged in a 13-part cubic data array.

Common movies for alter coding include:

Wizard of oz, Pinocchio, Peter Pan, The shining and other classic Disney and horror movies.

These alter personalities can be but are not always put into clone bodies.

### **Essential meaning:**

You may have feelings of living in the wrong body or being the wrong sex. You may have feelings of missing time and of doing things that you say or do which others tell you about after.

### **Reflection questions:**

- Have you experienced unexplained periods of missing time or gaps in your memory?
- Have others told you that you said or did something you cannot remember?
- Have you ever felt as though different parts of your personality respond to situations in very different ways?

## HANDLER – YOUR LIFE MAY BE LIMITED



### **Keywords: Manipulation, Control, Observation**

Every asset is said to have a handler, who is also an asset. Handlers are described as keeping individuals disconnected from their true selves, memories, and SSP experiences. A mind-controlled person may be placed in an asset's life to influence relationships, beliefs, career choices, confidence, and life direction.

This card invites you to reflect on the people and influences in your life. Consider which relationships feel supportive and empowering,

and which feel limiting or controlling. Supportive connections may represent positive karmic relationships, while challenging ones may offer opportunities to develop healthy boundaries. As your awareness grows, you may begin to recognise what some describe as a "cover life" narrative.

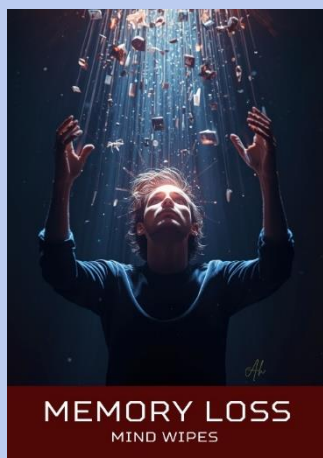
### **Essential meaning:**

You may recognise someone in your life who consistently limits your choices, confidence, relationships, or personal growth, often without being consciously aware of doing so. This influence may appear through religious, financial, social, or emotional means and, within this framework, is understood as limiting remembrance.

### **Reflection questions:**

- Who in your life consistently supports your growth, and who seems to limit it?
- Are there recurring people or situations that discourage you from following your intuition or authentic path?
- Where could stronger personal boundaries help you reclaim your confidence and independence?

## MEMORY LOSS – MIND WIPES



**Keywords: Stolen time, Restriction, Limitation**

The human mind is in fact nothing more than a very complicated computer and memories including muscle memory etc is merely data. Much like computer data, the data of the mind can be erased either through technology or through simple hypnosis. However, this data is recoverable. Practices such as meditation, journalling and conversing with likeminded individuals can help to unlock memories.

### **Essential meaning:**

Within the experiencer community, memory loss and mind wipes are believed to limit conscious recall following significant events or covert assignments. You may resonate with this card if you experience missing time, fragmented memories, limited childhood recall, or spontaneous flashes of remembrance through dreams, meditation, or familiar places and people. This card encourages patience, trusting your own process, and allowing memories to return naturally.

### **Reflection questions:**

- Have you experienced periods of missing time or gaps in your childhood memories?
- Do certain places, people, dreams, or symbols trigger an unexplained sense of familiarity?
- What practices help you feel calm, grounded, and more connected to your inner knowing?

## MISSING TIME – ABDUCTION / DISCONNECTION



**Keywords: Alien Abduction, Consciousness Transfer, Sleeplessness**

Missing time may be caused by one of two things: an abduction, during which consciousness is removed in whole or in part before being returned, or dissociation into an alter personality due to undiagnosed dissociative identity disorder (DID).

**Essential meaning:**

You may resonate with this card if you experience unexplained memory gaps, missing time, vivid recurring dreams, or wake feeling as though you have been active despite sleeping. You may feel disconnected from your life, as though you are observing it rather than fully living it or detached from people and places around you.

This card encourages you to observe these experiences with curiosity, recording recurring dreams, patterns, and synchronicities while allowing your understanding to unfold naturally.

**Reflection questions:**

- Do I experience unexplained gaps in time, memory, or awareness that I have never been able to account for?
- Are there recurring dreams, physical sensations, or nighttime experiences that leave me feeling as though something has occurred beyond my conscious recall?
- What patterns, emotions, or triggers arise when I gently explore these missing periods with curiosity, discernment, and without fear?



## MK ULTRA – MODERN



### **Keywords: Sedation, Mind wiping, Soul Byte**

Due to the dangers of traditional MK ULTRA methods, a new approach to experiments was developed from the early 1970s and refined by the mid-to-late 1990s. This modern form of MK ULTRA relies on heavy sedation, electronic tones, hypnosis, and frequent mind wiping to create alters. It is described as a cleaner process, with higher survival rates and a much shorter conditioning period.

Alters are said to be stored on an Arasaka Soul Byte chip, which can be inserted into the brain stem to store the desired consciousness.

### **Essential meaning:**

You may feel drawn to laboratories or become fascinated by certain classic children's films. You may hold pro-transhumanist views or occasionally feel as though you are not alone in your own mind. Compared to those who identify with traditional MK ULTRA, you may be less likely to recall extreme traumatic memories.

### **Reflection questions:**

- Have you always felt drawn to laboratories, advanced technology, or transhumanist concepts?
- Are there particular childhood films or sounds that evoke an unusually strong emotional response?
- Have you ever felt as though your thoughts or awareness were not entirely your own?

## MK ULTRA – TRADITIONAL



### **Keywords: Torture, Survival, Hardened**

In 1953 using techniques learned from the Bavarian illuminati the Central Intelligence Agency (CIA) in the USA and the broader western block intelligence community began the use of trauma on children to create alters (see above).

These included methods of physical and emotional torture including satanic ritual abuse, in combination with various films and repeated codes.

While this was considered effective it was also dangerous as between 20-80% of subjects died.

### **Essential meaning:**

You may have memories or “nightmares” of drowning, electrocution of other forms of torture. You may find yourself highly fear prone or conversely you may not be afraid of anything.

You are likely to have issued of distrust particularly of doctors and scientific personnel.

## OBSERVER: ARCHITECTS OF ILLUSION



**Keyword: After Care Program, Targeting Patterns, Distant Handler**

Observers are described as operating behind the scenes, monitoring individuals and ensuring events unfold according to a predetermined plan. Unlike handlers, who interact directly within everyday life, observers remain remote, overseeing operations across multiple factions.

Handlers enter a person's life for a specific purpose, influencing circumstances, relationships, and opportunities to reinforce the

objectives of an individual's aftercare program.

**Essential Meaning:** You may feel your life has been shaped by recurring patterns of surveillance, interference, or external influence.

Assets are believed to be assigned personalised monitoring and targeting programs that observe their cover life while maintaining the ability to recall them for future operations.

These programs are described as using implants or tracking devices alongside psychotronic warfare to influence cognitive function, memory, emotions, pain levels, fatigue, and intuitive awareness.

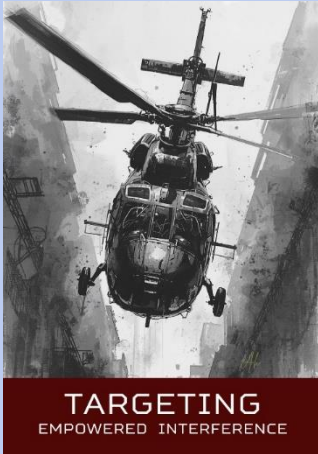
Methods referenced include EMF, ELF, EHF, Directed Energy Weapons (DEW), and Voice-to-Skull (V2K) technology, intended to influence sleep, thoughts, focus, emotional state, and overall functioning.

### Reflection Questions:

- Do you notice recurring patterns that seem designed to limit your growth or progress?
- Have you experienced unexplained periods of brain fog, memory disruption, or sudden emotional shifts?

**Tip:** Begin to journal and document your life. Analyse and observe patterns in sleep disruption, pain in the body and unusual interference.

## TARGETING - EMPOWERED INTERFERENCE



**Keywords: Pain, Timing, Technology**

Within the SSP and Special Access Program framework, assets are described as entering an aftercare program upon returning from service, whether for a short or extended period.

This remote monitoring system, often referred to as a personal targeting pattern, is presented as maintaining observation through handlers in everyday life and observers operating behind the scenes.

An asset's operational memories may have been wiped after every mission, while their psionic abilities limited by the condition of the physical body. It is possible to return with aged organs, chronic health conditions, or physical deterioration, with these limitations becoming part of the aftercare program to restrict independence and maintain control.

Reported methods include implants, tracking devices, psychotronic technologies, and financial or social targeting intended to influence memory, cognition, emotions, pain, fatigue, and intuitive awareness.

Frequency-based methods referenced include EMF, ELF, EHF, Directed Energy Weapons (DEW), and Voice-to-Skull (V2K), described as affecting sleep, thoughts, focus, confidence, relationships, emotional state, and overall functioning.

### **Essential Meaning:**

If this card resonates with you, you may feel your health, energy, timing, or daily life are subject to recurring interference.

This card is a reminder to shift your focus from being a targeted individual to becoming an empowered individual.

Create consistent routines, prioritise your physical wellbeing, practise energetic shielding, and work with protection crystals to stay grounded and centered. Strengthen your intuition, spend time in nature, and choose responses that reinforce your sovereignty rather than fear.

The more balanced, resilient, and self-directed you become, the less influence external interference has over your thoughts, choices, and life path.

### **See other cards:**

- **Handler** – Your life may be limited
- **Observers** – Architects of illusion

### **See the following section:**

- **Debrief Guidance** – Living with Targeting & Empowered Interference

Visit <https://anchorhaven.co.uk> for free resources regarding the Debrief Process and energy management.

Visit the following **YouTube channels** for information and playlists to support your discovery and development process:

<https://www.youtube.com/@anchorhaven>

<https://www.youtube.com/@thejohnwhitberg>

## Debrief Guidance – Living with Targeting & Empowered Interference

If you believe your life may be limited by targeting and empowered interference, begin by approaching your experiences with curiosity rather than fear.

The purpose of the AnchorHaven debrief process is not to prove or disprove an experience, but to help you regain clarity, strengthen your inner compass, and make conscious choices.

### 1. Pause and Observe

- Keep a journal of recurring patterns, thoughts, dreams, synchronicities, and significant events.
- Look for evidence over time rather than reacting to isolated incidents.

### 2. Strengthen Your Inner Compass

- Ask yourself: *What do I know with certainty? What is assumption? What does my intuition tell me?*
- Develop discernment through meditation, contemplation, and self-reflection.

### 3. Prioritise Your Physical Wellbeing

- Maintain regular sleep, hydration, nutrition, movement, and time outdoors.
- A healthy, regulated body supports clearer thinking and resilience.

### 4. Create Consistent Routines

- Follow daily habits that bring structure and stability.
- Small, consistent actions help shift attention away from fear and towards purposeful living.

## 5. Practise Energetic Hygiene

- Visualise yourself surrounded by protective golden source light.
- Ground your energy daily outside and work with crystals that help you feel protected and centered, such as Black Tourmaline, Shungite, Smoky Quartz, Labradorite, or Amethyst.

## 6. Focus on What You Can Control

- Rather than asking, *"Why is this happening to me?"* ask, *"What action can I take today that supports my wellbeing and purpose?"*

## 7. Step into Sovereignty

- Choose to identify as an **Empowered Individual**, not a **Targeted Individual**.
- Refuse to let fear define your identity or your future.
- Continue developing your gifts, relationships, skills, and personal mission.

## Remember

Whether your experiences are understood as spiritual, psychological, environmental, or symbolic, the most effective response is the same: remain grounded, cultivate discernment, care for your wellbeing, and make choices that strengthen your resilience, confidence, and personal sovereignty.

We are empowered people.  
Focus on what you can control.

Note: Please seek help from likeminded individuals and qualified professionals when symptoms relate to health conditions.

## HEALING & SOLUTIONS

The Healing & Solution cards are designed to help you move beyond remembering and into integration. Whether your experiences are spiritual, symbolic, intuitive, or connected to SSP and MILAB memories, lasting healing comes from creating safety within yourself rather than remaining focused on external interference.

The AnchorHaven debrief process is not about proving experiences right or wrong. It is about developing discernment, strengthening your inner compass, and gently uncovering what is ready to be remembered. Memory recall is rarely instant. It unfolds naturally as your body, mind, and nervous system feel safe enough to access deeper layers of awareness.

Rather than searching for answers all at once, create a daily practice that supports your wellbeing and encourages gradual self-discovery. Begin each day by grounding, centring, and protecting your energy. Spend time in nature where possible, connect with the elements, breathe deeply, hydrate, move your body, and take a few moments for meditation or quiet reflection before drawing a Breakaway Oracle card.

Keep a dedicated journal to document dreams, meditation experiences, synchronicities, emotions, symbols, intuitive insights, and any memories that arise. Review your journal regularly, allowing recurring themes and patterns to reveal themselves naturally over time. There is no need to force memories—allow them to unfold at their own pace.

The solution cards encourage you to reconnect with the wisdom of the elements. Ground with the Earth, breathe with the Air, transform through Fire, and restore emotional balance with Water. Practise energetic shielding, work with protection crystals if they support your practice, and listen carefully to your body's signals. Your body often communicates through sensations, emotions, dreams, and intuition long before the conscious mind understands their meaning.



The Breakaway Oracle is intended to become more than an oracle deck—it is a supportive system for creating healthy routines and a lifestyle that honours your energy. By working with the cards regularly, you establish a rhythm that encourages grounding, reflection, documentation, discernment, and steady progress through the debrief process.

Approach each experience with curiosity rather than judgement. Some cards may resonate immediately, while others may not make sense until months or years later. There is no right or wrong outcome, and not everyone will recall memories in the same way or to the same extent.

Most importantly, remember that your identity is not defined by what may have happened to you. Your greatest healing comes from reclaiming your sovereignty, trusting your inner compass, and choosing each day to become an empowered individual. Through consistent practice, patience, and self-compassion, the debrief process becomes less about searching for the past and more about creating a balanced, resilient, and purposeful future.

## THE ELEMENTAL CARDS

**Anchor** – Earth your energy – your grounded focus right now.

**Breathe** – Connect and communicate – your air energy, the words your think and the words you say.

**Shield** – Protect and Transform – your fire energy, what you are being challenged with right now.

**Heal** – Go with the flow – your water energy – emotional healing and the ease of your current path.

**Storm** – Step into your sovereignty – Bringing all of your elemental energies together to step into your power and reclaim your identity.

## THE EMPOWERMENT CARDS

These cards are designed to empower your energy and to help you understand that you have a lot to offer as you advance on your healing and remembrance journey.

**Alchemist** – Share your abilities, you are a healer and could bring great change to your life and the lives of your community.

**Go Deeper** – Akashic memory retrieval – your life may be impacted by energies and messages from multi-dimensional lifetimes and bleed through connections.

**Shadow – Strength in the darkness.** This shadow healing card lets you know that emotions and memories are surfacing. That it is time to move forward.

**Soul Sight** – You are far more amazing than you realise. You are a multidimensional being of light. Your Soul and higher self as a full memory of events that have been happening to you simultaneously.

All cards in the healing section are designed to be used in quiet reflection. Sit with the card and journal what thoughts, feelings and emotions arise.

Work with the cards to mind-map and allow yourself to creatively express whatever arises without judgement. The act of expressing will be healing.

If a healing card is pulled alongside another card, it may represent focused healing required for the other topic. Work with both cards without judgement. Sending love and compassion to all parts of you.

Note: Please seek professional guidance and healing when required.

All information provided is for personal reflection, education and entertainment purposes only.

## ALCHEMIST SHARE YOUR ABILITIES



### **Keywords: Transformation, Community, Healing**

An alchemist transforms dense or stagnant energy into greater balance and harmony. Through intuition, compassion, and energy awareness, they help transmute fear into empowerment, anger into compassion, and limitation into possibility, becoming a conscious creator rather than an unconscious reactor.

### **How it impacts you:**

You may be highly sensitive, intuitive, and emotionally aware, easily sensing the energy of people and environments. Without healthy boundaries and regular energy hygiene, you may become overwhelmed or experience burnout. Alchemists are often drawn to leadership, healing, mentoring, and wellbeing roles.

### **Next Steps:**

Practise grounding, energy protection, and clear boundaries. Guide others without absorbing their energy, helping them process their own experiences rather than carrying them yourself.

Work with supportive communities, ethical mentors, and the Violet Flame to cultivate compassionate healing, transformation, and balance.

Trust your intuition and create your own way of working to combine the elements, crystals and cosmic energies.

### **Affirmation – Alchemist**

*I am a clear and balanced channel for transformation.*

*I transmute dense energy into light without carrying what is not mine.*

*I remain grounded, protected, and centered in my own truth.*

*My energy is renewed with ease, my boundaries are strong, and my heart is my guiding light.*

*I guide with wisdom, compassion, and integrity, trusting that every soul has the power to transform.*

*I honour my own wellbeing as I help bring balance and harmony to the world.*

## ANCHOR – EARTH YOUR ENERGY



### **Keywords: Crystals, New Earth, Elementals**

Anchoring is the practice of grounding your energy into the present moment and your physical body. It helps you feel stable, centered, and connected, particularly if you are sensitive to the energies around you.

When grounded, you are likely to feel calm, safe, focused, and present. When ungrounded, you may feel anxious, overwhelmed, distracted, emotionally reactive, or disconnected from yourself and your surroundings.

### **Your Grounded Focus:**

When this card appears, it is a reminder to create greater stability in your life. Simplify your routine, prioritise what matters most, and avoid scattering your energy across too many commitments. If you have been feeling drained, unfocused, or disconnected, now is the time to put down energetic roots and reconnect with your inner strength.

### **Earth Energy Connections:**

- **Imagine** - strong grounding roots from the base of your spine and feet, pushing into the Earth and anchoring your energy.
- **Crystals** – Grounding stones are red, brown and black. Sit with the stone or carry it with you.
- **Nature** – Go for a walk in your local park or work with the soil and plants in your garden.
- **Breathe** – Sit with your feet flat on the ground and take some calm, deep breathes to regulate your nervous system.
- **Affirmation:** “I am grounded, safe, and fully present; I anchor my energy deep into the Earth.”

## BREATHE – CONNECT, COMMUNICATE



**Keywords: Air, Truth, Knowing**

Breathing as a conscious practice to pause, reflect, and create space between thought and communication, while also deepening connection to inner guidance and spiritual support.

**The words we think and say:** When this card appears, it is a reminder that the words we think and say have a great impact on our inner and outer worlds. It is important to be self-aware and be kind to yourself as your body and mind

connection can work together to program your reality.

- Are you being kind to yourself and mindful with your words?
- Do your words lift you up and support the emotions of others?
- Are you making time for meditation and communication with your higher self and guide team?

### Air Energy Connections:

- **Imagine** – You are at your happy place, and the wind is blowing gently through your hair, cleansing your body, mind and aura of any debris and unwanted thoughts.
- **Crystals** – Connect to the air element with white and blue crystals such as clear quartz, howlite, sodalite, celestite plus Fluorite to connect the heart and mind.
- **Nature** – Go for a walk in your local park or to seaside to connect with the wind, sing and call out to the air elementals.
- **Breathe** – Sit with your feet flat on the ground and take some calm, deep breathes to regulate your nervous system.
- **Affirmation:** “I breathe deeply, speak with clarity, and trust the guidance that flows through me from within and beyond.”

## GO DEEPER – AKASHIC MEMORY RETRIEVAL



**Keywords: Akashic Records, Multidimensional, Healing**

The Akashic Records is an energetic library of the soul, containing the wisdom, experiences, and lessons gathered throughout your journey.

Through meditation and clear intention, connecting to the Akashic Records supports memory recall by bringing forward symbols, emotions, dreams, or intuitive impressions that may help make sense of past experiences.

This card invites you to deepen your inner journey through meditation, intention, and self-reflection. Working with the card can help you connect with your Akashic Records Library for present, past and parallel lives, allowing insights, memories, and guidance to emerge in your own time. Trust what arises naturally and avoid forcing recall.

### **Working with the Card:**

- Meditate with Intention - Set the intention to access the information that supports your highest good and current stage of healing.
- Crystal Support - Work with Clear Quartz, Lemurian Quartz, Labradorite, Black Tourmaline, Merlinite, or Mookaite. Trust your intuition.
- Connect with Nature - Spend time with trees and observe sacred geometry to quiet the mind and strengthen your connection.
- Ground & Breathe - Sit with your feet on the floor, take slow breaths, and centre yourself before your meditation.
- Journal - Record any memories, dreams, symbols, or intuitive impressions that arise.
- Affirmation - "I connect with my Akashic Records with clarity, wisdom, and discernment. I receive only the guidance that serves my highest good."

## HEAL – GO WITH THE FLOW



**Keywords: Ease, Heart, Joy**

A call to pause and prioritise emotional and physical healing by stepping back, listening to the body, and releasing resistance—allowing life to unfold more naturally rather than forcing control.

**When this card appears in your reading:** It is a sign to slow down and focus on your heart. You may be at risk of overwhelm and burnout. It is time to focus on your heart healing and bringing in more ease and joy into your life. You may have difficult emotions that are ready to be processed and

released from the body.

- It is time to review your schedule and prioritises.
- Are you getting the rest you require?
- Are you listening to the subtle signs your body is sharing with you?
- Are you micromanaging the Universe or going with the flow?

### Water Energy Connections:

- **Imagine** – You are sitting besides or in the water, your energy is clearing with ease, and you feel refreshed.
- **Crystals** – Connect to crystals such as blue lace agate, aquamarine, amazonite, Angelite, blue calcite, moonstone or a crystal you are drawn to when you think of fun, ease and joy.
- **Nature** – Visit a local body of water to take in its beauty and calming energies or bathe more mindfully at home.
- **Breathe** – slow down and bring water into your mindfulness practices. Drink purified water and say kind words to influence the energy between sips.
- **Affirmation:** “I soften, release, and flow with life; I trust what is unfolding and allow healing to move through me with ease.”



## SHADOW – STRENGTH IN THE DARKNESS



Keywords: Resilience, Reflection, Power

Engaging in grounded shadow work to face and integrate the darker or hidden aspects of self, recognising that true strength, resilience, and growth are forged through inner challenges and self-awareness.

**When this card appears in your reading:** It is a sign that you have deep emotions and experiences that are ready to be healed. Shadow healing is an empowering process of surrendering to the energies and beliefs that have been locked and hidden away.

Often it is our greatest strengths that others fear, so we are told from a young age that we are wrong. We may have been chastised or ridiculed for having psychic abilities and knowing information that may have seemed out of place. It is in the darkness that diamonds are forged under pressure, and this is true of your strength. Do not fear what you cannot see or understand.

It is time to for transformation and self-acceptance. Your ego has been protecting you from harm for a long time and this may feel uncomfortable as you shine a light into the darkness of your heart.

This process of safe exploration, reflection, releasing, journaling and growth will allow you to access parts of you that have been hidden away. There are no right or wrong ways to start your shadow healing journey. But know that you are not alone. Your higher self, guardian angel and other guides are available to you with your intention.

Anchoring into shadow strength is an exciting time of unfolding and rediscovering who you are.



## Inner Strength Connections:

**Imagine** – Your happy place. You are safe and supported in the light. Welcome in a guide and guardian that resonates with you or your higher self. Remember that even in the darkness, your heart is a guiding light.

**Crystals** e.g. **Obsidian** (for healing grief), **Black Tourmaline** (protection and energy clearing), **Green Moss Agate** (heart healing and nature connections), **Rose Quartz** (compassionate heart healing for relationships), **Rhodonite** (Inner child healing), **Clear Quartz** (master healer and amplification). **Labradorite** (See the magic within), **Selenite** (communication, soothing and calming).

Select the crystals that you are drawn to or ask the crystals who would like to work with you on your shadow healing journey.

**Nature** – Welcome in the elemental energies into your space to create a supportive environment. Create a working altar to honour your heart healing by placing something to honour each element e.g.

Air – feather, Fire – Incense, Water – chalice, Earth – crystals, Sacred centre – Goddess statue or something heart shaped to represent your heart healing.

**Breathe** – Slow down and be mindful of your body. Drop into your heart space and breathe loving Source light into your body.

## Communication Tools:

- Journaling and self-reflection – writing and mind mapping.
- Support Groups – find a local or online group of like minds.
- Therapy / Coaching – work with a specialist coach to support you.

**Affirmation:** “I honour the strength within my shadows; through darkness, I discover my resilience, reclaim my power, and rise with deeper wisdom.”

## SHIELD – PROTECT & TRANSFORM



### **Keywords: Fire, Alchemize, Phoenix**

Using protective and transformative energy practices, symbolised by fire elementals, to shield oneself from unwanted energies while transmuting lower or heavy energies into strength and clarity.

**When this card appears in your reading:** It is a sign that you are in a transformation process, and this may explain periods of difficulty. A time of transformation is required to change and grow. It is wise to bring in protective and grounding energies whilst your world shifts back into alignment and a new path begins.

- Do I need to review my energy hygiene, grounding and boundaries?
- Which relationships are supporting me or limiting me?
- Do I need to shed unhelpful practices to move forward with ease?

### **Fire Energy Connections:**

- **Imagine** – The Violet Flame at your feet and cool, clearing fire energies rising around you. Burn away lower energies and thought forms. Transform unwanted energies into compassion.
- **Crystals** – Connect to crystals such as red jasper, mookaite, red calcite, carnelian, hematite, black tourmaline and obsidian.
- **Nature** – Connect to the solar energies and Dragon elemental energies to support your transformation.
- **Breathe** – Kundalini Breath of Fire is rapid, rhythmic, and continuous. It is equal on the inhaled and the exhaled, through the nostrils with no pause between them (approximately 2-3 cycles per second).
- **Affirmation:** “I am protected, grounded, and powerful; I transform all that does not serve me into strength, clarity, and light.”

## SOUL SIGHT – TRUTH BEYOND ILLUSION



### Keywords – Truth, Integrity, Wisdom

Developing your psionic abilities will support your memory retrieval and debrief process. Regular meditation and energetic hygiene practices are recommended.

**When this card appears in your reading:** It is a sign that you are freeing your energy from the illusions around you. You may feel called to speak freely and to remove your filter.

- Is it time to speak your truth and not allow yourself to be filtered?
- Are you listening to your heart inner compass?
- Are you receiving psychic messages, tones, or visuals?
- Are you ready to learn the truth of the situation?

### How to work with the Soul Sight Card:

The Soul Sight Card is intended for those who feel ready to deepen their intuitive awareness and strengthen their discernment. Working with its activation sigil is designed to support meditation, self-reflection, and the development of inner clarity.

Begin by focusing your attention on the sigil while connecting with the energy of the Silver Violet Flame. You may wish to repeat the following intention:

**"I now connect with the Silver Violet Flame. I am ready to awaken my true Soul Sight for my highest good, with clarity, wisdom, and discernment."**

Gently gaze at the card for several minutes before entering a quiet meditation. Allow thoughts, impressions, symbols, or feelings to arise naturally without forcing an outcome.

Ascended Master Lady Portia can be called on to develop greater wisdom, balance, and spiritual discernment.

## STORM – STEP INTO YOUR SOVEREIGNTY



**Keywords: Self-Worth, Deservability, Lifeforce**

The Storm card represents the moment you recognise your own inner strength and choose to stand firmly in your truth. Like a storm, your energy can be both powerful and balanced when the elements within you—earth, air, fire, and water—are working in harmony.

**When this card appears in your reading:** It is an encouraging sign for you to reclaim your personal authority, trust your discernment, and recognise that your light was never meant to be diminished to make others feel more comfortable.

Standing in your power does not require control over others; it comes from knowing who you are, maintaining healthy boundaries, and responding with wisdom rather than fear.

True sovereignty also includes recognising when support is needed. Seeking guidance, learning from others, or asking for help is not a sign of weakness—it is a sign of self-awareness and strength. Trust your inner knowing, honour your values, and avoid giving your authority away to external influences. Let your discernment guide your decisions while remaining open to support when it genuinely serves your growth.

- Where am I giving away my power or allowing others to influence my truth?
- Do my boundaries protect my energy and reflect my self-worth?
- Am I trusting my own discernment, or relying too heavily on the opinions of others?
- Where could asking for guidance or support strengthen my path rather than weaken it?

“I stand in my power, grounded and clear; I honour my worth, trust my voice, and fully claim my sovereignty.”

## Quick Reference Guide – Keywords

Your reading may be connected to the card meaning, keywords or imagery.

### Factions & Programs

|                       |                                            |
|-----------------------|--------------------------------------------|
| Arasaka Robotics      | Corporate Power, Transhumanism, Innovation |
| Corporate SSP         | Infrastructure, Cash Flow, Liaison         |
| Hong Long             | Alliance, Tradition, Isolation             |
| Kruger Mercenaries    | Augmentation, Discipline, Strength         |
| Monarch Solutions     | Programming, Obedience, Infiltration       |
| Nacht Waffen          | Dominance, Honour, Expansion               |
| Orion Syndicate       | Chaos, Insurgency, Corruption              |
| Project Looking Glass | Foresight, Surveillance, Alteration        |
| Project Phoenix       | Destruction, Chronology, Causality         |
| Russian SSP           | Adaptability, Resilience, Research         |
| Solar Warden          | Vigilance, Authority, Surveillance         |
| Spencer Biotechnic    | Experimentation, Bio-warfare, Containment  |
| Time Travel Projects  | Stargates, Teleportation, Psionics         |
| Yozora No Kunshu      | Integrity, Legacy, Mastery                 |

### Planets

|                      |                                         |
|----------------------|-----------------------------------------|
| Centurion            | Jungle Planet, Savage, Wealth           |
| Extra Solar Planets  | Far Reaching, Frontier, Diverse         |
| Jupiter Moons        | Black Goo, Military, Hostile            |
| Mars – Breakaway     | Devastation, Black Terror, Training Hub |
| Neptune Moons        | Tradition, Isolation, Corporatocracy    |
| On Planet Operations | Global Programs, Reassignment, Clones   |
| Saturn Moons         | History, Conflict, Secrecy              |

## Roles

|                         |                                            |
|-------------------------|--------------------------------------------|
| Assassin                | Ruthless, Duty, Efficiency                 |
| Breakaway Civilian      | Futurism, Luxury, Home                     |
| Combat Medic            | Survival, Adaptability, Speed              |
| Diplomat                | Communication, Assimilation, Protection    |
| Espionage               | Top Secret, Stealth, Skill                 |
| Honey Pot               | Stamina, Attachment, Extraction            |
| Hybrid DNA              | Genetic Mixing, Enhancement, Different     |
| Intelligence – Military | Information, Pattern Recognition, Strategy |
| Navigator – Pilot       | Interface, Rules, Rare                     |
| Occult – Esoteric       | Ritual, Zealotry, Mastery                  |
| Private Contractor      | Dirty Money, No Morals, Discretion         |
| Scientist – Geneticist  | Hyper-focused, Efficiency, Innovation      |
| Soldier – USAP          | Order, Perseverance, Grounded              |

## Limitations

|                                    |                                                         |
|------------------------------------|---------------------------------------------------------|
| Battle Bonds – Twin                | Synchronicity, Fear, False                              |
| DID – Fracture/Alters              | Lapse, Suggestion, Multiplicity                         |
| Handler - Limited                  | Manipulation, Control, Observation                      |
| Memory Loss / Wipes                | Stolen time, Restriction, Limitation                    |
| Missing Time                       | Alien Abduction, Consciousness Transfer, Sleeplessness  |
| MK Ultra – Modern                  | Sedation, Mind wiping, Soul Byte                        |
| MK Ultra Traditional               | Torture, Survival, Hardened                             |
| Observer – Architects of Illusion  | After Care Program, Targeting Patterns, Distant Handler |
| Targeting – Empowered Interference | Pain, Timing, Technology                                |

## Healing

|                 |                                            |
|-----------------|--------------------------------------------|
| Alchemist       | Transformation, Community, Healing         |
| Anchor          | Crystals, New Earth, Elementals            |
| Breathe         | Air, Truth, Knowing                        |
| Go Deeper       | Akashic Records, Multidimensional, Healing |
| Heal            | Ease, Heart, Joy                           |
| Shadow Strength | Resilience, Reflection, Power              |
| Shield          | Fire, Alchemize, Phoenix                   |
| Soul Sight      | Truth, Integrity, Wisdom                   |
| Storm           | Self-Worth, Deservability, Lifeforce       |

## Trusting your intuition

The Breakaway Oracle Card deck and guidebook has been designed as resource for experiencers.

Please trust your intuition and discernment. This resource is a tool for reflection, personal insight, and inner exploration for those who feel they are moving into a process of remembrance.

Your intuitive message may be found in the artwork, meanings or keywords. Please use this as a starting point to support your personal development.

At no point are these messages meant to move the reader into fear or anxiety. If the message does not resonate with you then please disregard and focus the healing colours of the card's artwork.

**Please note:** This is a highly specialised oracle deck and may not resonate with everyone.

You may feel drawn to this deck if you believe you have experienced connections with Military Abduction (MILAB) programs, Secret Space Program (SSP) narratives, or other classified or unconventional experiences.



# ANCHORHAVEN INNER COMPASS

## DEBRIEF PROCESS

A grounded, compassionate process for survivors of the supersoldier / MILAB programs and people who believe they are targeted.



### 1 ANCHOR & CENTER

Create safety.  
Come home to you.



### 2 MEDITATE & REFLECT WITH COMPASS

Quiet the noise.  
Listen within.  
Ask your Inner Compass for guidance.



### 3 RECEIVE & CAPTURE

Allow information to arise.  
Record everything without judgment.  
Let it flow.



### 4 FILTER: HELPFUL NOT HARMFUL

Discern with compassion.  
Keep what empowers.  
Release what does not.



### 5 VERIFY WITH PSIONIC PEERS

Truth is stronger together.  
Cross-verify impressions, details, timelines, and symbols.



### 6 INTEGRATE & MAKE MEANING

Weave it into your healing.  
Find patterns, lessons & purpose.  
Empowerment is born.



### 7 RELEASE, REST & REALIGN

Let go.  
Reclaim your power.  
Realign with your mission, values and soul.

## CORE PRINCIPLES



**YOU ARE THE AUTHORITY**  
Your experience is real.  
You get to decide.



**SAFETY FIRST**  
Go at your pace.  
Take breaks.  
Ask for support.



**HELPFUL, NOT HARMFUL**  
We choose information that heals, not hurts.



**TRUTH IN COMMUNITY**  
Verification protects and strengthens clarity.



**EMPOWERMENT OVER VICTIMHOOD**  
You are not what happened to you. You are what you choose now.

YOU ARE NOT ALONE - WE HEAL TOGETHER

Trust your discernment and find a practice that feels right for you.  
Always seek professional qualified medical advice when required.





**The Breakaway Oracle Card Deck and Guidebook was created in  
collaboration with John Whitberg**

John Whitberg is the author of *The Man with the Periwinkle Eyes* series, which explores aspects of his experiences.



John Whitberg is a Secret Space Program experienter with memories of service in projects such as Phoenix, Looking Glass, Nacht Waffen, and Solar Warden.

Through multiple alter identities, he recalls experiences as a diplomat, archaeologist, and technology retriever, spanning colonies on Mars, Europa, Titan, and beyond.

Video Interview Archive:

<https://johnwhitberg.substack.com>

Audio Versions of the Books and Interviews:

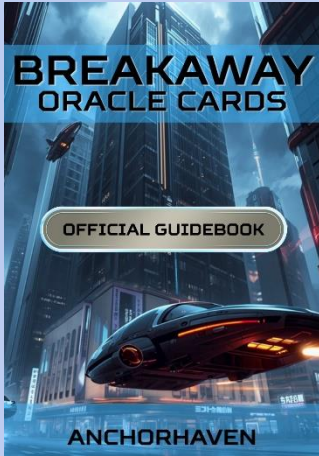
<https://www.youtube.com/@Thejohnwhitberg>

Free PDF Copy of Books:

[https://openlibrary.org/authors/OL13657643A/John\\_Whitberg](https://openlibrary.org/authors/OL13657643A/John_Whitberg)

The books are also available on Amazon.

## Coming Soon to the Breakaway Oracle Series!



### The Breakaway Oracle Cards

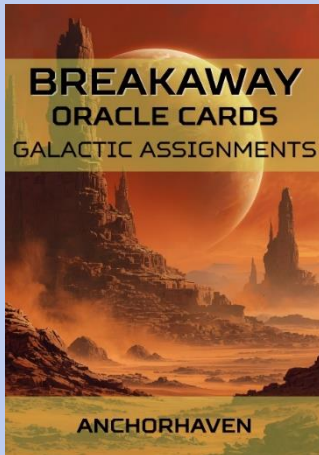
#### Official Guidebook

A printed copy of the guidebook will be available on Amazon in 2026.

Full page images for each card.

Bonus information.

Stay tuned for its release.



### Expansion Pack coming soon!

#### Breakaway Oracle Cards:

#### Galactic Assignments by AnchorHaven

Go deeper into the Breakaway and Unacknowledged Special Access Programs with the expansion oracle card deck.

Galactic Assignments goes deeper into roles and assignments.

This expansion oracle card deck can be used as a stand-alone oracle or merged with the Breakaway Oracle founder deck for deeper readings.

Expand into combat, science and more.

The Breakaway Oracle Card Deck and Expansion pack is designed to help you make sense of your memories.