



By booking and attending a **Mama & Baby Sound Snuggles** class with **Laura Rose Holistics**, you acknowledge and agree to the following:

✦ Personal Responsibility

- Babies remain the responsibility of their parent/carer at all times.
- Please bring anything your little one may need to feel safe and comfortable (blanket, toy, bottle, etc.).
- Crying, feeding, soothing, or moving around is completely welcome – there is no expectation for silence or stillness.

✦ Health & Wellbeing

- Please let me know of any health conditions (including postnatal recovery considerations) so I can best support you.
- While sound baths are gentle, if you or your baby have particular sensitivities to sound, please check with your healthcare provider before attending.
- Participation is voluntary – you may rest, pause, or step out at any time.

✦ Liability

- Parents/carers are fully responsible for their baby's wellbeing and safety throughout the session.
- Laura Rose Holistics provides a safe, nurturing space but cannot accept liability for accidents, injuries, or personal belongings.

✦ Photography & Social Media

- I may occasionally take photographs or short video clips to share the essence of the class on my website or social media.
- I will always avoid showing babies' faces clearly. If an image does show you or your child in a way that is identifiable, I will only share it with your explicit permission.
- If you would prefer not to appear in any photos at all, please let me know before the class and I will fully respect your wishes.