



By booking onto an event with Laura Rose Holistics, you are agreeing to the terms below. These guidelines are here to keep the space supportive, fair, and safe for everyone.

✨ **Punctuality**

Please aim to arrive a little early to settle in, ground yourself, and fully enjoy the experience. Arriving late can disturb the group once we've started, so unfortunately, late arrivals may not be admitted and will be treated as a no-show (no refund or transfer). Early departures are also considered a no-show.

✨ **Cancellations & Refunds**

- **7+ days' notice** – Full refund or transfer to another event (subject to availability).
- **3–6 days' notice** – Transfer to a future event of the same value (subject to availability).
- **Less than 48 hours' notice / no-show** – No refund or transfer, as preparations and venue costs are already committed.

✨ **If I need to cancel**

On the rare occasion that I need to cancel an event, you will always be offered a full refund or transfer to a future date.

Thank you for understanding and for honouring the time, energy and resources that go into holding these healing spaces. 💜