



Participant Activity Disclaimer

Sound Bath

By making your booking and/or attending, you agree that you have read, understood and are in agreement to the terms and conditions of our Participant Activity Disclaimer detailed below.

When participating in a sound bath, it is essential that you acknowledge and understand the following. These disclaimers serve to inform participants of their responsibilities, the risks involved, and the limitations of the services offered.

1. Assumption of Risk:

Participants must recognise that engaging in a sound bath session it can involve inherent risks such as accidents, injuries, or property damage. By attending, participants voluntarily assume all associated risks.

2. Physical Condition:

It is crucial that all participants take full responsibility for their own physical and emotional well-being during the session. By attending participants confirm that they are physically fit to partake in these activities. They should disclose any pre-existing medical conditions or limitations that could affect their ability to participate safely. All participants must be in good health and free from any medical conditions that could be exacerbated by the sound bath experience. This includes, but is not limited to, conditions such as severe mental health issues, epilepsy, vertigo, high blood pressure, or recent surgeries. Individuals with pacemakers or other therapeutic electronic devices should not participate due to the vibratory nature of the session.

If you are in any doubt or unable to confirm any of the above, please discuss this with your doctor/medical professional prior to taking part. Holistic Life co. assumes no liability for persons who undertake participation without this.

3. Pregnant Participants:

Pregnant individuals are advised against participating in these sessions in their first trimester due to safety concerns. If a pregnant participant chooses to attend despite this advice, they do so at their own risk and must acknowledge their understanding of the potential dangers.

Pregnant individuals who do attend are advised to consult their healthcare provider before attending.

4. Release of Liability:

Participants agree to release Holistic Life Co. from any liability for claims related to loss, damage, or injury incurred during participation in the sound bath sessions.

**5. Waiver of Claims:**

By attending, participants relinquish all rights to pursue claims against Holistic Life Co. for negligence or other causes related to their participation.

6. Indemnification:

Participants agree to indemnify and hold harmless the facilitator from any claims arising from their participation in these activities.

7. Sound Healing Disclaimer:

Participants should understand that sound healing practices are complementary wellness methods and not substitutes for medical treatment or diagnosis. The facilitators are not licensed medical professionals.

8. Photographic Release:

By attending participants grant permission for photographs or videos taken during sessions to be used for promotional purposes without compensation unless stated prior to publication.

9. Severability Clause:

If any part of the documents provided are found invalid or unenforceable, other provisions will remain valid and enforceable.

10. Age Restrictions:

Typically, only adults aged 18 and above are permitted to participate in these classes unless accompanied by an adult guardian.

By booking and/or participating, you agree that you have read, understood and are agreeing to this disclaimer, and that you understand that your participation is entirely at your own risk.

By attending and acknowledging these disclaimers before participating in a sound bath session, individuals can ensure they understand their responsibilities and the nature of the activity they are engaging in.