



Arkadventures Packlist

Clothing

- 2 Pairs of Shorts
- 1 pair of light trousers.
- 4-5 t-shirts
- 2 light weight shirts
- 7 pairs of underwear
- 7 pairs of socks
- 1 pair of tennis shoes for wearing at camp
- 1 light weight rain jacket
- 1 fleece jacket or hoodie
- Sun Cap
- Smock (neck scarf can be used to cover face)

For when at camp (Guest house beds and bedding included)

- Hammock
- Sleeping bag (Light)
- Torch
- Wash kit (toiletries)
- Medicaments
- Chlorine tablets (always good to have)
- A Good read
- **Telephone** and Battery pack for phone
- Ear plugs
- Sun cream/sunblock
- Bug repellent
- Duct tape/needle and thread(personal repair kit)

Kayaking equipment

- First aid kit
- Helmet
- Boyancyaid (including tape, carbineers and knife)
- Leggings for guys/girls
- Shorts
- Thermal Top X2
- Dry top
- Shorty dry top (hot climate perfect)
- Spray deck
- Throwline
- Paddle or (2 piece paddle better for flights)
- Drybag to take with you when kayaking

