

PILATES

New Pilates Classes for all ages and abilities with a peaceful reflection based around the teachings of the Christian faith

Tuesdays (starting 23rd July)

6.30 – 7am Power Pilates £5

9.00 – 9.45am Parent and Toddler Pilates £4

9.45 – 10.30am Parent and Baby Pilates £4

Thursdays

8 – 9pm All ability classic Pilates £8

**Community Centre
Typhoon Way
Gloucester GL3 4DY**

➤ For more information,
and to book now, head to
our website or contact
tim.fletcher@sportily.org.uk

sportily.org.uk


COOPERS EDGE
COMMUNITY CHURCH


sportily
PLAY SPORTS, TALK LIFE

