



You're invited to our

HANDS-ON MUSIC-MAKING

Professional Development
for educators working
with young children



w: soundlikethis.com.au



e: hello@soundlikethis.com.au



Musical learning enhances the well-being of both children and educators.

Musical learning isn't just about singing songs — it's a proven way to support children's brain development, behaviour, and emotional regulation.

Woven into everyday practice, it also makes educators' work easier, calmer, and more effective.

Our PD shows educators how to bring simple, hands-on music making into daily routines, not as an "extra thing to do," but as a practical tool that boosts confidence, connection, and joy in the classroom.

That's what we're about at Sounds Like This!

Our programs are created with the latest understanding of neuro-musical research, and a brains trust of specialists including:

- Early childhood & kindergarten educators
- Movement specialists
- Speech pathologists
- Paediatric occupational therapists
- Childhood behavioural therapists
- Special education teachers
- Professional musicians





MUSIC MAKING PD

FOR EARLY YEARS EDUCATORS

Join us in our Mornington studio for this revelatory professional development, designed specifically for early years educators who want to bring more confidence, creativity, and connection to their work with children.

This dynamic masterclass-style workshop blends neuroscience, play, and music to equip educators with practical tools they can use immediately — even if they're not confident singers!

- ✓ Evidence-based strategies
- ✓ Simple, effective tools for music, movement, regulation & connection
- ✓ Classroom-ready ideas and resources
- ✓ A joyful, inspiring atmosphere to reignite your passion



Delivered by Neuro-Music Practitioner, Julie Murray

Let's make music more than just a transition song — let's make it a superpower.

Limited spaces – Book now to avoid missing out!

Organic Music Making Workshop

Individual bookings \$164 each

GROUP BOOKING DISCOUNTED RATES

Team booking: 3 to 5 educators	\$470
Team booking: 6 to 10 educators	\$564
Team booking: Up to 20 educators	\$762

Plus GST

Book Online Now



Want to book for a larger group?
Or have some questions?
Sure thing, get in touch!

Email us at:
hello@soundsthis.com.au

Workshop details:



ORGANIC MUSIC MAKING

90 MINS

In this 90 minute PD, educators will learn:

- How to easily enhance existing activities using music
- How the auditory feedback loop assists learning
- What to include and avoid with music making
- How to use the voice safely, protecting from vocal damage
- How to encourage and support active listening
- How to encourage socialisation through musical play
- How to enhance story books with musical elements: beat, rhythm and melody

WORKSHOP OUTLINE

1. Welcome and quick rundown of the workshop objectives
2. Vocal health for educators and children
3. Active listening tools and strategies to engage
4. Understanding pitch direction, its relevance in teaching, and how and why to incorporate it in everyday classroom activities
5. Simple ways to incorporate beat into daily routines with interactive examples of rhythm games and activities
6. How to bring stories to life by singing books, including tips for selecting appropriate books and melodies, and demonstrations with popular and affordable children's resources
7. Open floor for questions and discussion

All participants will receive:

- Digital copy of the Workshop Workbook
- Audio links to the songs shared
- Professional Development Certificate of Participation and Learning for 1.5 hours
- Invitation to Zoom Q&A Sessions for reflection, further support and troubleshooting (evening session, approximately two weeks after the workshop)



**NEUROSCIENCE TELLS US
THAT MUSIC IS HIGHLY
BENEFICIAL FOR ALL HUMANS,
BUT ESPECIALLY FOR
CHILDREN DURING THE FIRST
FOUR YEARS OF LIFE
AND FOR THE DEVELOPMENT
OF NEURODIVERSE BRAINS.**





BELONGING, BEING AND BECOMING

Sounds Like This' programs are designed to align with the **Early Years Learning Framework's five key learning outcomes.**

BEING BELONGING BECOMING

Our music-making activities promote **positive dispositions for learning** (*Belonging*); foster children's **identity, connectedness, and well-being** (*Being*) and support children's **learning and development** (*Becoming*).

By integrating music into daily routines, we help children develop **language, literacy, and social-emotional skills**, as well as **fine and gross motor skills**.

Sounds Like This' programs encourage **active listening, creativity, and self-expression**, which are crucial for *holistic* development.

OUTCOME 1:

CHILDREN HAVE A STRONG SENSE OF IDENTITY

- Music activities help children understand and express their own emotions.
- Group music making fosters a sense of belonging and connectedness.
- Music making encourages self-confidence and individual expression through participation in musical activities.

OUTCOME 2:

CHILDREN ARE CONNECTED WITH AND CONTRIBUTE TO THEIR WORLD

- Music incursions introduce children to diverse musical cultures and traditions.
- Collaborative music activities promote social skills and teamwork.
- Songs and music themes can address environmental awareness and cultural heritage.

OUTCOME 3:

CHILDREN HAVE STRONG SENSE OF WELLBEING

- Engaging in music and movement activities supports physical well-being.
- Singing and playing instruments provide an outlet for emotional expression.
- Music sessions create a joyful and energetic environment that boosts overall mood.

OUTCOME 4:

CHILDREN ARE CONFIDENT AND INVOLVED LEARNERS

- Music activities encourage curiosity and exploration of sounds and rhythms.
- Playing instruments and participating in musical games develop problem-solving and critical-thinking skills.
- Music incursions stimulate creativity and imagination.

OUTCOME 5:

CHILDREN ARE EFFECTIVE COMMUNICATORS

- Music supports language development through songs, rhymes, and rhythmic patterns.
- Music making encourages listening skills and the ability to follow directions.
- Music making provides opportunities for non-verbal communication through musical expression and body movements.



Music during childhood is often thought of as:

just a fun thing to do requiring a lot of expensive resources

putting music on in the background only for those who can sing

not as important as literacy, problem solving or mathematics overstimulating

for wealthy families a distraction

a super cute, but mostly frivolous thing for the children to enjoy: dancing, banging, shaking

hard to do extra work for educators to do

for those who are talented just putting on a YouTube or Spotify playlist of songs the kids enjoy

just for 'group time' very noisy

BUT, MUSIC IS ALSO THE MOST POWERFUL TOOL TO:

enhance ALL other learning for their lifetime &

increase awareness of the brain-body connection enhance emotional regulation enhance play-based experiences

increase children's self-efficacy build trust

increase executive functioning capacity support smooth transitions

enhance collaboration create new neural pathways enhance verbal and non-verbal communication skills

strengthen existing neural pathways practice consent increase belonging and wellbeing

increase cognitive processing speed reduce anxiety practice active listening

enhance creativity build resilience foster meaningful connections with peers

support fine motor development support gross motor development

build proprioceptive awareness build social skills cultivate inclusive and respectful relationships

support social inclusivity engagement

improve problem solving boost memory improve literacy

increase mathematical understanding

INTRODUCING

OUR MUSIC PRACTITIONERS

Sounds Like This is a small group of highly skilled educators dedicated to childhood development, the wellbeing of childhood educators, and community building through connected music-making.

We're a small private business founded by BMus and certified Neuro-Music Educator **Julie Murray**. With over twenty years of music teaching and comprehensive educator training, Julie is a seasoned Music Practitioner. She's a dynamic force in the music education world, sharing her expertise as a keynote speaker, active musician, insightful podcast host, and teacher trainer, all while navigating the joys of parenthood.

Sounds Like This' team brings an extraordinary blend of talents and qualifications, making a significant impact in the world of education through music. They include:

- A Paediatric Occupational Therapist to ensure neuro-diverse children have valuable opportunities for inclusive music education
- Accredited First Steps in Music and Conversational Solfege educators, through the [Feierabend Association \(USA\)](#).
- Highly experienced Kodály educators
- Host of State Library Victoria's Children's Quarter
- Music Practitioners at the Currajong School (Malvern) supporting Currajong's Allied Health and Student Support Team
- Instrumentalists and choral singers.
- Special Education teacher with years of experience supporting children with vast cognitive and physical challenges

JULIE MURRAY



JAYNAYA PHAROAH



SKYE KISS



LAURA HARRISON





heart growing, brain-changing + bond building
MUSIC-MAKING FOR CHILDHOOD BRAIN DEVELOPMENT

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Sounds Like This' Mornington studio: 4/4 Torca Terrace, Mornington