



Instructor Recertification February 16, 2018



Canadian
Red Cross

**Training
Partner**

Medical First Response Ltd.

(Red Cross Instructor Development Centre)
43 Keefer Court, Unit 104, Hamilton Ontario L8E 4V4
905-302-8277

Contact: ashley@medicalfirstresponse.com
www.medicalfirstresponse.com

Start Time: 08:30

Finish Time: 17:00

It is highly recommended that Instructors review their Fundamentals of Instruction. Instructors should have completed any updates to attend this session.

Instructors should also review the Boulevard. Here they can find materials to generate lesson plans, presentations and knowledge evaluations.

If you have problems accessing the Boulevard or any other Red Cross materials online, you should contact the Red Cross contact Centre before the course to ensure you have access to all materials and your profile is active.

It is expected that you will have logged into your profile prior to class to be able to review materials.

1. Step 1: Check prerequisites - National Standards Dec 2017

Pre-requisite(s):

- A current CRC First Aid Program Instructor certification,
- Have taught a minimum of three Canadian Red Cross First Aid Program courses during the three-year certification period.
- One course must have been taught in each Instructor designation seeking recertification (to the highest level of certification with each program area, recertification courses qualify).
- Attention: there may be additional requirements set by local legislators. Please check legislation in your area for additional requirements

Courses which were taught in combination (example: Standard First Aid and CPR C) do not count as separate courses for the purpose of recertification prerequisites.

Please ensure you meet the above requirements. No refunds will be issued if you attend the program and do not meet the requirements.

Course Outline

2. Pre- Course Assignment:

- Lesson Plan for a 5-minute icebreaker/energizer
- Lesson Plan for a knowledge-based lesson
- Lesson plan for a skill-based lesson

Note: These lessons will not be taught during the recertification course; they will only be used during one of the group activities. Instructors should bring two copies with them – one for the activity and one for their course file. Instructors are not required to bring the lesson supplies with them unless they want to show a particular teaching aid to their peers.

Instructors are responsible for selecting their own activity, topic and skill for their lesson plans. Be creative.

Lesson Plan 1 – 5-minute Ice Breaker/Energizer

The first lesson plan focuses on a simple group ice breaker or energizer of the Instructors choice. The activity should not exceed 5 minutes.

Lesson Plan 2: Knowledge-Based Lesson

The second lesson plan focuses on a learner-centred approach to a discipline specific knowledge lesson. The lesson plan must include essential content for the topic, teaching time, activities, materials, and any assessment/evaluation strategies. The plan should have a variety of activities that promote active participation (no lecture), as well as consider classroom formations and teaching aids.

Lesson Plan 3: Skill-Based Lesson

The third lesson plan should include all the same aspects as the second but focus on a discipline-specific skill.

Instructors who do not complete the pre-course assignments are not permitted to attend the recertification and will be rebooked to the next session. No refunds will be allowed.

Supporting Information

The instructor will be emailed a number of files as a courtesy. Some the instructors may already have, but we ask that you review these files.

File List:

- Course Completion Instructor Recertification
- CPR HCP Final EN
- CRC Standards of Behaviour – print off, sign and bring to class
- December 2017 Program Standards as a courtesy. You should review the Standards for the courses you teach.
- First Aid Progress Log – You should be able to perform and Instruct all skills for your discipline
- Instructor Development Program micro teach criteria

SKILL STATIONS COMPONENT OF RECERTIFICATION COURSE

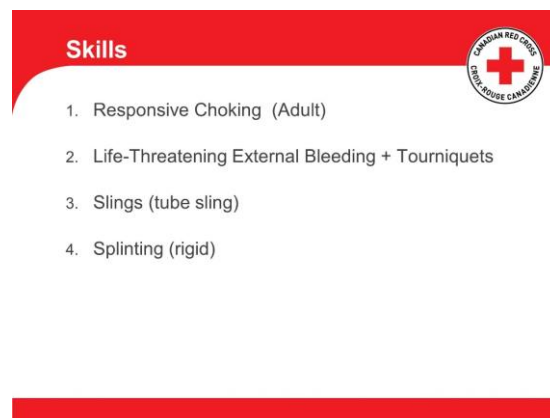
This component is designed to layer in the many different roles an Instructor plays within a First Aid classroom (Instructor, coach, participant, ill or injured person, etc.) as well as refine the instructors' clinical skills specific to their program area.

Since being certified three years ago, Instructor' understanding and application of the clinical skills may have shifted.

Provided an Instructor is able to confidently demonstrate the skills by the end of this lesson, he or she may continue with the recertification course.

If an instructor is unsuccessful (with or without coaching), he or she will be required to retake the recertification course.

The skill stations are listed below. It is recommend that you brush up on the specifics of these skills utilizing your Instructor manual, the First Aid Student manuals, the Comprehensive Guide to First Aid, the powerpoint presentations, the skills assessment sheets, the knowledge evaluations related to the topic.



At each station you will take on one of the roles list in the next slide. You will demonstrate three different skill sets;

- How to teach (as an Instructor)
- Coaching (providing feedback to the Instructor on their skill segment and correcting any inaccuracies).
- Coaching (providing feedback to the second Instructor on their ability to provide feedback.)

You play each role at least once during the exercise, changing roles at each station.

Skill Station: Roles



1. Instructor (teaches the skill)
2. Coach (provides feedback to the Instructor on his or her skill segment, corrects any inaccuracies)
3. Ill/Injured Person
4. Provider of Coaching Feedback (provides feedback to the Coach on his or her ability to provide feedback)

Skill Demonstrations



- Skill demonstrations provide an opportunity for learners to understand the mechanical components of a skill.
- When demonstrating a skill, make sure everyone can see you.
- Participants benefit from seeing the entire skill from start to finish as it allows them to consider how the different steps link together to form a connected sequence.

Coaching



- Coaching focuses on improving a person's ability to perform a specific skill.
- Coaching is different from evaluation.

During the skill station debriefing, ask the person in the role of the Instructor to describe how he or she *felt* during the session before providing your own feedback.

Providing Feedback



When it comes to giving feedback, you are offering guidance to improve someone's skills and to contribute to his or her learning.

Feedback is made up of the following components:

- Praise for what has been done well.
- Constructive comments on what can be improved.
- Observations to back up your comments.
- Strategies for improvement.