

## Terms & Conditions - Indemnity and Waiver:

By attending / logging in to this Zumba With Darren session, you agree and consent to the following:

- You are voluntarily participating in a Zumba® Fitness class conducted by Darren Nash.
- Zumba® With Darren is not responsible or liable for your loss of internet connection due to connectivity at your end, which may impact your class experience.
- You recognise that the programme requires physical exertion that may be strenuous at times and may cause physical injury and you am fully aware of the risks and hazards involved.
- You understand that is is your responsibility to consult with a physician prior to and regarding your participation in the above mentioned programme.
- You represent and warrant that you are injury & virus free, and have no medical condition that would prevent your participation in the programme. Such injuries may include, but are not limited to, heart attack, muscle strain, muscle pulls, muscle tears, broken bones, shin splints, heat prostration, injuries to knees / back / foot, or any other ilness or soreness, including death.
- You knowlingly, voluntarily and expressly waive any claim you may have against Darren Nash and Zumba® Fitness LLC for injury or damages that you may sustain as a result of participating in the programme. You, your heirs or representatives forever release waive, discharge and covenant not to sue Darren Nash and/or Zumba® Fitness for any injury or death caused by their negligence or other acts.
- Partaking in the class acknowledges your agreement that you may be videotaped, audio recorded and/or photographed during the Activity or event, and that Darren Nash may use and modify the images and/or recordings for any and all uses, including but not limited to advertisments and marketing without any compensation and in perpetuity. Darren will give notice of photos/video being taken during the class.
- You have read the above waiver and release of liability and fully understand its contents. You voluntarily agree to the terms and conditions stated above and understand that by taking part in the class is the equivalent of signing my name.

Please DO NOT share any Zoom Links / Meeting IDs / Passwords.