

Small Discussion Groups Information



In the morning you will choose **either** to attend a facilitated small discussion group or to hear the research presentation in the main theatre. You will be sent another form to make your choices a few weeks after you book for the main conference.

Morning discussion groups

Our small groups are opportunities for peer support in an intimate and facilitated environment. They last around an hour and normally have 6-10 people to ensure everyone has a valuable experience. Each group will have a volunteer facilitator leading, making sure that everyone gets a chance to introduce themselves and participate in the discussion. The options of topics to choose from will be sent to you a few weeks before the conference date. At that point, if you're not sure which group to choose, do get in touch and we can help. Topics include:

- Telling friends and family
- Telling/talking with children
- Hopes and fears - implications of using/having used an anonymous donor
- Hopes and fears - implications of using/having used an identifiable donor
- "Mixed" families – families with dc child(ren) and non-dc child(ren)
- Men only discussion group
- Older mums group – for women who conceived (or are thinking of conceiving) at 45+ yrs
- Coping on your own – solo mums
- No genetic link in the family - double donation / embryo donation discussion
- Donor conceived half siblings: thinking about the impact on your family

When we finalise the groups, if we don't end up running the one you wanted you can attend the research presentation as an alternative.

Facilitators

If you would be interested in facilitating a small group please mention that on your booking form and we can send guidance notes. Group facilitation is not for everyone, so it might be a good idea to have a conversation beforehand. You would need to be happy to put your own needs aside for the duration of the discussion so you can focus on the attendees and their needs. Find out more by emailing Jo on events@dcnetwork.org

Booking queries: **020 7278 2608** or [**events@dcnetwork.org**](mailto:events@dcnetwork.org)
Last minute queries on the day: **07503 567 212**