AWARD SPECIFICATION

SURF COACH SAFETY AND RESCUE COMPETENCY AWARD

Award Aims:	
This award is applicable to those undertaking surf coaching and instruction activity and for surfboard hiring organisations. It aims to establish a minimum vocational standard that demonstrates a level of competence for the safety of participants under instruction during a coached surf activity session undertaken in primarily wading depth water and to establish the necessary skills and knowledge to provide basic rescue response and life support. Holders of this award should take careful account of local conditions where they are coaching and the scope of the activity and the guidance provided by local risk assessments and a location specific LOP. Surf Coaches employed at locations using artificial wave technology (AWT) will need to undertake the additional AWT module	
Minimum Age at Assessment:	16 years
Minimum Guided Learning Hours:	24 GLH + completion of pre course online learning content (Est 8 hours)
Pre-Requisites:	Be a full member of SLSGB Timed Pool Swim of 200m in 5 mins.
Validity	12 months from initial assessment or renewal date. There must be evidence of meeting CPD requirements of **one additional** resuscitation proficiency test during the annual term.
Renewal	Within 3 months of expiry date with up to date evidence of resuscitation proficiency and a current pool swim competency of 200m in 5 minutes. (see below for details)
Continuous Professional Development (CPD):	CPR evidence must be from a Little Anne QCPR or similar with image of test outcome showing 75% pass level (This can be delivered by the ATC or an SLSGB Club)
Trained By	Trainer Assessor
Assessed By	Trainer Assessed
Assessment Fee	£30
Renewal Fee	£12
Units to be taken in order to achieve this Award:	***Pre Course (Supported by SLSGBs Online Learning Platform Myagi)*** • Aquatic Risk Management (pre and on-course) • Safeguarding (pre course) • Roles and Responsibilities of a Lifesaver (pre-course) • The Surf & Water Environment (pre-course) • The working and legislative environment (pre and on course) • Maintaining positive public relations (pre-course) • Basic Life Support (pre and on course) • Level 1 First Aid (pre and on course) • Paediatric Life Support (pre and on course) • Level 2 First Aid (pre and on course) **PRIORITY/QUALIFIER** • A signed declaration of 200m timed Pool swim in under 5 minutes witnessed by lifeguard/swim teacher /coach in a pool of not less than 25m (pre-course) • Open water swim competency. The candidate will complete to the satisfaction of the Trainer Assessor a demonstration of open water swimming competency, confidence and fitness that is sufficient to be able to support basic lifesaving activity. (on course) ***On Course*** • Coach Safety and Rescue techniques • Aquatic First Aid, including appropriate response for a suspected spinal injury when operating as single or partnered surf coach

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	• Casualty rescue and care techniques operating in an aquatic environment • Understanding the beach/fluvial location where you will work as a coach and the impact of water flow, tides, rips, weather conditions and other beach and water users.

Award Learning outcomes: *As a Surf /water activities Coach to ISA L1 (or equivalent)*

1. Demonstrate knowledge and skills required to set up and run surf/water based activities in moving water environments
2. Demonstrate an understanding and knowledge of your role as a Coach/Lifesaver in a public accessible space or water/beach environment
3. Demonstrate knowledge of the surf/water environment and its impacts clients and teaching team involved in the session
4. Demonstrate knowledge and skill to provide preventative and reactionary safety throughout the in-water session
5. Demonstrate an understanding of the basic skills and knowledge to administer basic life support.
6. Demonstrate an understanding of the skills, knowledge and competence required to undertake first aid in an aquatic environment.
7. Demonstrate that you can achieve the required swim ability and aquatic rescue standards.
8. Demonstrate a level of competence in carrying out an appropriate rescue according to the circumstances using: no equipment, a rescue tube, surf board or other flotation device used in the teaching process for the particular activity
9. Demonstrate knowledge of the skills required to perform a safe and effective water rescue during surf/water activity lessons without compromising the safety of others in your care
10. Demonstrate the skills, knowledge and competence required to support and manage a suspected spinal casualty in an aquatic environment.
11. Demonstrate the correct patient aftercare to promote recovery and prevent deterioration including handover to the emergency services and post event reporting requirements.
12. Demonstrate an understanding of the safe working practices of a Surf Centre/School and the importance of PPE in daily work and in a rescue or an emergency
13. Demonstrate an understanding of RNLI /Beach patrols, Lifeguards and inshore rescue resources and how the Coast Guard operates
14. Demonstrate how to understand the beach/fluvial location conditions that will impact your coaching

Assessment Process:

This course can be Trainer Assessed
Learners will be assessed using the SLSGB recognised TA checklist criteria by a variety of assessment methods. These are inclusive of, but not limited to:

- Observation
- Online Tests (Myagi results must be evidenced by the TA)
- Oral Questioning
- Practical demonstration

Typical format of delivery:

a) 8 hours of online learning should be completed prior to attendance of the course through the SLSGB Online Learning Environment 'Myagi'
b) 24 Guided Learning Hours delivered over a number of set weeks or over 3 days.
(Please note that 24 GLH is only the minimum hours that must be delivered. If candidates require further training then additional hours should be added on at the discretion of the Trainer assessing the candidate.

Supporting Information:

Guidance:	➢ This award describes a level of knowledge, skill and competency for water safety during coaching/training undertaken at low level risk locations close the beach/land in primarily wading depth water. ➢ The award will combine theory and practical activities (land and water based) ➢ The award can be Trainer Assessed

	➢ Surf coaching ratio requirements will be determined by location specific risks, risks assessed on the day of the activity, and trainee capability. ➢ If coaches are operating on their own or in conditions that are beyond the capacity of this Award they are advised to increase the water safety cover that might include suitably qualified Lifeguards.
Resources Available for the Award:	➢ TA Teaching Guide ➢ Online Learning Plan ➢ Trainer Assessor Checklist ➢ SLSGB Lifeguard Manual ➢ SLSGB First Aid Manual
MIS (Membership Information System):	CPD Submission and recording
Online Learning Environment (OLE):	For access to this section of the online learning environment please email mail@slsgb.org.uk who will allocate you a login to the Safety and Rescue Competency Award for a Surf Coach training plan.
Recognition of Prior Learning:	Current and recognised First Aid awards can be submitted for approval for recognition against first aid content within this award

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