

AWARD SPECIFICATION



SURF COACH RESCUE AWARD

Award Aims:	
<p>This award is applicable to all those undertaking surf coaching and instruction activity to provide a vocational industry standard based on proven rescue task competencies, using recognised research and recommended rescue equipment. It establishes a level of competence for the safety and rescue of participants under instruction during a coached ISA (or equivalent) surf activity session undertaken in surf conditions appropriate for those being instructed. This award is for the specific use of a Qualified Surf Coach for Surf Coaching Activity Only. It is not suitable for safety cover for any other multiple participant activities such as Coasteering, SUP Coaching, paddle sports or open water swimming unless ONLY USED as a Lifeguard who is part of a managed water safety team using written risk assessments as the basis for the safety cover plan.</p>	
Minimum Age at Assessment:	16-18 years if acting as a fully supervised Assistant Coach only. 18+ acting as a fully qualified Surf Coach.
Minimum Guided Learning Hours:	25GLH + completion of pre-course online learning content (Est 8 hours)
Pre-Requisites:	<ul style="list-style-type: none"> • Be a full member of SLSGB • A timed pool swim of 400m in 8 minutes OR the equivalent open water swim competency, in accordance with the methodology provided by SLSGB. (Available in TA Checklist) • Surveillance Module - Mastering the Skill of Seeing Accurately (online) • Safeguarding Training Module (online)
Validity	24 months from initial assessment or renewal date. There must be evidence of meeting CPD requirements of one additional resuscitation proficiency test during each annual term.
Renewal	Within 3 months of expiry date with up to date evidence of resuscitation proficiency (see CPD) and a current pool swim competency of 400m in 8 minutes or the equivalent open water swim competency.
Continuous Professional Development (CPD):	CPR evidence must be from a Little Anne QCPR or similar with image of test outcome showing 75% pass level (This can be delivered by the ATC or an SLSGB Club)
Trained By	Trainer Assessor
Assessed By	Trainer Assessed
Assessment Fee	£30
Renewal Fee	£12
Units to be taken in order to achieve this Award:	<ul style="list-style-type: none"> • Aquatic Safety Management for a Surf Coach • Working Practices for a Surf Coach Lifesaver • The Beach & Surf Environment • Basic Life Support • Level 1 First Aid • Paediatric Life Support • Level 2 First Aid • The candidate must demonstrate to the satisfaction of the trainer assessor open water swimming competency, confidence and fitness sufficient to undertake a rescue on a board as defined in the Guidance - Clarification of 'Rescue Equipment' • Coach safety and rescue techniques • Surf coach fitness- 100m Run-Swim-Run and the 8 minute swim • Tube Rescuer • Casualty rescue and care techniques operating in an aquatic environment

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Award Learning outcomes:

1. Demonstrate knowledge and skills required to set up and run surf based activities in moving water.
2. Understanding the beach/fluvial location where you will work as a coach and the impact of water flow, tides, rips, weather conditions and other beach users.
3. Demonstrate an understanding and knowledge of your role as a Coach/Lifesaver in a public, water/beach environment.
4. Demonstrate knowledge and the impact on clients and the coach of surf/water/weather environments during the session.
5. Demonstrate knowledge and skill to apply adaptive, preventative, and reactionary safety protocols throughout a coaching session.
6. Demonstrate an understanding of the skills and knowledge to administer basic life support.
7. Demonstrate an understanding of the skills, knowledge and competence required to undertake first aid in an aquatic environment.
8. Demonstrate a level of competence in carrying out an appropriate rescue according to the circumstances using: no equipment, a rescue tube, and a rescue board. This will include the impact of the use of different types of boards for a rescue response (see **Clarification of 'Rescue Equipment'**).
9. Rescue responses should be delivered, both to a conscious and unconscious casualty, including EAV and tested in appropriate open water environments, without compromising the safety of others in your care.
10. Demonstrate an understanding of the application of the skills required to perform a safe and effective water rescue during surf/water activity lessons, without compromising the safety of others in your care.
11. Demonstrate an understanding of the application of an appropriate safety/rescue response taking account of the capability and number of participants in a session.
12. Demonstrate the skills, knowledge and competence required to assess and manage the condition and safety of the casualty until the casualty is in a safe place.
13. Demonstrate the correct patient aftercare to promote recovery and prevent deterioration including handover to the emergency services and post event reporting requirements.
14. Demonstrate an understanding of the safe working practices and the importance of PPE in a rescue or an emergency first aid response.
15. Demonstrate an understanding of RNLI /Beach patrols, Lifeguards, and inshore rescue resources and how the Coastguard operates.
16. Demonstrate understanding of the vital role that Surveillance has in beach safety.

Assessment Process:

This course will be assessed by the SLSGB Trainer/Assessor who teaches this award
Learners will be assessed using the SLSGB recognised TA checklist criteria by a variety of assessment methods.
These are inclusive of, but not limited to:

- Observation
- Online Tests (Myagi results must be evidenced by the TA)
- Oral Questioning
- Practical demonstration

Typical format of delivery:

- a) 8 hours of online learning should be completed prior to attendance of the course through the SLSGB Online Learning Environment 'Myagi'
- b) 25 Guided Learning Hours delivered over a number of set weeks or over 3 days.
(Please note that 25 GLH is only the minimum hours that must be delivered. If candidates require further training, then additional hours should be added on at the discretion of the Trainer assessing the candidate.)

Supporting Information:

Guidance:

- The award must be trained/assessed by a TA who is or has been the holder of the Surf Coach Rescue, the Beach Lifeguard or the SLSGB Lifesaver Awards, as a

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	<p>minimum competency.</p> <ul style="list-style-type: none"> • The award will combine theory and practical activities (land and water based) • Coaches operating on their own will need to consider back up resources to deal with situations that may require outside assistance (an EAP). <p>Clarification of ‘Rescue Equipment’ to be used in conjunction with this award to achieve a Rescue Task Competency of recovering an unconscious casualty in flat water conditions.</p> <ol style="list-style-type: none"> 1. Rescue Tube – Closed cell plastic foam construction type (as used for T. Reilly, A. Wooler and M. Tipton research) :- 150M to casualty, 150M back supporting unconscious casualty (casualty returned to a safe place where medical support can commence) 2. Rescue Boards- (accepted extrapolation of T. Reilly, A. Wooler and M. Tipton research) :- <ol style="list-style-type: none"> a) Recommended - ILS Specification 10’6” Rescue Board 300M to casualty, 300M back supporting unconscious casualty (casualty returned to a safe place where medical support can commence) b) Reduced Task Competency if used Mini-mal, Mal type Boards (Including ‘Swell’ type of the same size) Due to reduced volume and other design features which will adversely impact speed when attempting to carry an unconscious casualty the Rescue Task Competency is reduced by at least 30%. This cannot be predicted accurately but the absolute maximum task competency guidance is 200M to casualty, 200M back supporting unconscious casualty (casualty returned to a safe place where medical support can commence) <p>Shortboards, Fishes and Bodyboards – Unknown Task Competency if used No predictions can be offered regarding Rescue Task Competency for the recovery of an unconscious casualty when using these types of boards</p> <ul style="list-style-type: none"> • Holders of this award should take careful account of local conditions where they are coaching. They should undertake risks assessments appropriate for the coaching location and other relevant risk factors. • Session risk assessments, including coaching ratios are the entire responsibility of the coach in charge of the session and are not trained in this award.
Resources Available for the Award:	<ul style="list-style-type: none"> • TA Teaching Guide • Online Learning (Myagi) • Trainer Assessor Checklist • SLSGB Lifeguard Manual • SLSGB First Aid Manual
MIS (Membership Information System):	CPD Submission and recording
Online Learning Environment (OLE):	For access to this section of the online learning environment please email mail@slls.gb.org.uk who will allocate you a login.