

Katt Garde Yoga Classes, Workshops & Retreats

Terms & Conditions

Bookings & Cancellations

- **Yoga Classes & Workshops:** Once booked, classes and workshops are **non-refundable**. However, one transfer to another date is permitted (subject to availability). In extenuating circumstances, refunds may be considered at the discretion of the teacher.
- **Workshops & Classes – Name Transfers:** If unable to attend, a participant may transfer their place to another person by notifying the teacher in advance.

Retreats

- **Half-Day Retreats:**
 - Cancellations made **more than 30 days before the retreat** – Full refund or option to transfer to another retreat (if available).
 - Cancellations made **14-30 days before the retreat** – 50% refund or option to transfer to another retreat (if available).
 - Cancellations made **less than 14 days before the retreat** – No refund, but the booking may be transferred to another person.
- **Day Retreats:**
 - Cancellations made **more than 60 days before the retreat** – Full refund or option to transfer to another retreat (if available).
 - Cancellations made **30-60 days before the retreat** – 50% refund or option to transfer to another retreat (if available).
 - Cancellations made **less than 30 days before the retreat** – No refund, but the booking may be transferred to another person.

Health & Safety

- All participants must complete a [**Health Form**](#) before attending any class, workshop, or retreat.
- Participants must inform the teacher of any injuries, health conditions, or pregnancy before attending.
- If pregnant, it is the participant's responsibility to seek medical clearance before attending any session. Some classes or practices may not be suitable during pregnancy.
- If feeling unwell, experiencing symptoms of a cold, flu, Covid-19, or any contagious illness, participants must **inform the teacher** and **consider the health of others** before attending. If unsure, please stay home and rest.
- Participation is at the individual's own risk. The teacher is not responsible for any injury sustained during the session.

General

- The teacher reserves the right to cancel or reschedule a class, workshop, or retreat if necessary. In this case, participants will be offered a full refund or the option to transfer to another date.
- By booking, participants agree to these terms and conditions.