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| HAZARD | CONTROL MEASURES IN PLACE | RISK FACTOR | FURTHER CONTROL MEASURES | RISK FACTOR |
| SPREADING Covid-19 | Instructor assess overall wellbeing prior to teaching a class following latest professional body guidelines/govt advice  Studio will be cleaned and setup according to social distancing regulations prior to the arrival of clients  Clients to bring their own mat/equipment for class required and minimal other bags/coats etc  Class numbers will be reduced in line with current guidelines according to the studio space available to allow for social distancing/ventilation  Hand sanitiser provided at entrance of venue to sanitise hands on arrival/departure from venue  Clients will have option for F2F or virtual class- options gathered via online survey prior to class programme being finalised | MEDIUM | Wash hands/use antibac/anti-viral hand gel before/after session  If instructor displaying any symptoms session cancelled/find alternative teacher |  |
| SPREADING COVID -19 through unwell clients | Clients advised not to attend face to face sessions if they feel unwell or are unwell with symptoms of Covid-19 | HIGH | Clients screened with KPC COVID Q on reception desk prior to each F2F session  Offered virtual attendance or catchup so clients don’t miss out on sessions if unwell to attend during the pre-paid block | LOW |
| Track and trace | KPC will hold electronic data on who has attended each session  Clients to agree that this data can be used for track and trace in event of an incident | LOW |  |  |
| Spreading Covid within the venue | Clients are required to socially distance prior to entering the venue and use the hand sanitiser as soon as they enter  They will refrain from physical contact with each other  Room will be well ventilated between and during sessions | MEDIUM | Clients may bring their own sanitiser and wear a face mask if they so wish | LOW |
| Spreading Covid through admin processes | Clients to pre-book all sessions with online booking system  All documentation to be sent electronically | LOW |  |  |
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DOCUMENTS CONSULTED TO PREPARE THIS ASSESSMENT :

CSP: Patient exercise classes during COVID 19

UK ACTIVE COVID-19 - A framework for the re-opening of gym, leisure centre and wider fitness industry during social distancing

HCPC : applying our standards to practice during COVID-19

UK GOV current guidelines as of 27 August 2020 (risk assessment will be adapted as and when guidelines change with immediate effect)