

Bryony May Yoga

Student Liability Waiver

I, agree to the following:

I acknowledge that classes may be physically strenuous and I voluntarily participate in them with full knowledge that there could be a risk of personal injury.

If I am pregnant I understand that I participate fully at my own risk and that of my unborn child/children.

I acknowledge that Bryony May Yoga accepts no responsibility for any potential injuries as a result of my participation in her yoga and handstand teachings.

Whilst practising yoga or handstands under guidance from Bryony May Yoga, I am responsible for choosing and taking suitable modifications within my practice and if I choose to divert from the general instructions of the class, then I'm doing so at my own discretion.

I will inform Bryony May Yoga of any serious health conditions including pregnancy or injury I'm experiencing before any class commences.

***I have read the above waiver of liability and fully understand its contents.
I hereby agree to the terms and conditions above and by booking on to any
Bryony May Yoga classes, I confirm I indicate acceptance of the waiver.***