



Queen's Park Pavilion, S40 2BF

Wednesday, August 19 | 5-8pm

*Come along & join us for 20-30 minute sessions
(Activities aimed at 40+. No previous experience needed)*

Activities 5-7pm | Food 7-8pm



**Walking
Football**



**Walking
Cricket**



**Walking
Netball**



**Walking
Hockey**



**Walking
Rugby**

Market stalls available



For more information, please visit: www.cfcct.org.uk
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