

Updates to student policy

I understand that any instruction provided is intended to guide me in proper form and technique and must be listened to and followed accordingly. It is up to me to monitor my own intensity levels and to make my own determination concerning the appropriate level of activity based on my physical health. I understand that any questions concerning my ability to participate should be discussed with my physician.

I understand that photos will be taken by other students in classes and these may be shared on the business' social media page to advertise classes. I also understand that if I wish to not be in pictures or for a picture not to be shared I will contact Elysium Studios directly.

Lateness policy

If you are late to class and miss the warm up in full or in part you will not be permitted to join the class. This is primarily because our insurance doesn't cover us if we have not personally warmed you up. It would also be disruptive to the rest of the class for us to run a second full warm up.

If you are late and have been refused entry you are not entitled to a refund or class transfer regardless of the reason.

Please do not argue with instructors about this as this causes further disruption

Please note: This policy is meant to ensure that classes run on schedule and in a safe manner. We value your safety as well as the class and instructors safety and we ask that all of our members respect this policy.