National Iyengar® Yoga Day workshop & taster

Saturday 16th January 2027

With Suzanne Gribble and Elaine Morrison

The Bhavan, 4a Castletown Road, London W14 9HE



Come and join us to celebrate National Iyengar Yoga Day with a workshop, including a free taster/warm up beforehand.

10 - 10.45: Free taster class. All welcome including complete beginners (please bring a mat).

11 - 16.00 (with lunch break): General level workshop, suitable for students with a minimum of six months regular practice.

£50 (includes lunch)

Booking: https://suzannegribbleyoga.com/events

Enquiries: suzanne.gribble@gmail.com or elainemorrison.yoga@gmail.com

® Used with permission of BKS IYENGAR, Trade Mark Owner