

RETREAT WAIVER

Erth Barton Yoga & Meditation Retreat 15-18 October 2026

Host: Louise Rogers

TERMS AND CONDITIONS

What's Included:

- Three nights accommodation at Erth Barton retreat house
- All meals
- Daily yoga & meditation
- All tuition
- Transport to and from coast walk
- Pre-retreat orientation call
- Post retreat group call
- Welcome gift

What's Not-Included

- Your travel to and from the venue
- There is no alcohol provided at the retreat
- Any other activities not included in the retreat description.

PAYMENT SCHEDULE

Payment can be made by bank transfer.

A non-refundable retreat deposit at 30% of the room cost is required to reserve your place.

Final payment for the retreat balance is due on or before 5th August 2026, 10 weeks before the retreat. Participants will receive a reminder email one week prior to the due date. If full payment is not received by this deadline, we reserve the right to cancel your reservation and fill your spot. We will make every effort to avoid this situation by contacting you prior to and on the day of the balance due date.

CANCELLATION BY YOU

(a) You may cancel your retreat at any time providing that the cancellation is made by the person who submitted the booking form and it is communicated to Louise Rogers (The Host) in writing. Cancellation will take effect the day such notification is received by us.

Email info@louiserogersyoga.co.uk

(b) When you cancel your retreat place, we will retain your 30% deposit in all circumstances and will apply cancellation charges up to the maximum shown below:

- After 15th July 50% of your retreat cost
- After 22nd July 75% of your retreat cost
- After 5th August 100% of your retreat cost

Louise Rogers

www.louiserogersyoga.co.uk

(c) Exceptions to our cancellation policy cannot be made for ANY reason, including weather, terrorism, civil unrest, health changes, personal emergencies or otherwise. There is no refund for arriving late or leaving a trip early.

CANCELLATION OR POSTPONEMENT BY US

- (a) In the rare case of a retreat cancellation The Host will offer a transfer to another retreat (if possible) or a full refund of your payment.
- (b) The Host is not responsible for any expenses or damages incurred as a result of retreat cancellation including preparatory costs, travel costs, airline tickets, travel documents or other expenses.
- (c) The host reserves the right to cancel any retreat prior to departure in the event that there are too few people booked in which case you will be given a full refund of any payments made to The Host.
- (d) You will not be entitled to claim any additional amounts or seek any compensation for any injury, loss, expenses or damages (either direct or consequential) or for any loss of time or inconvenience which may result from such cancellation (including but not limited to visa, passport and vaccination charges, or departure, gear purchases, airport and airline taxes)

ASSUMPTION OF RISKS

I acknowledge that I have voluntarily applied to participate in the retreat designated above. I am voluntarily participating in the retreat with knowledge that travel involves numerous risks and dangers including, but not limited to, a risk of illness, injury or death, which may be caused by: forces of nature, civil unrest, terrorism, road conditions, injuries inflicted by animals, insects or plants, trails, hotels, vehicles, or other means of transport; accident or illness.

I, the undersigned, am aware that there are significant risks involved in physical training, including but not limited to, the physical training inherent to all yoga exercise activities and walking, and that my participation in any such physical training program carries with it the potential for death, injury, and/or property damage. I willingly assume full responsibility for the risks that I am exposing myself to and accept full responsibility for any injury or death that may result from participating, volunteering or watching in any physical training, including this yoga retreat.

I recognise that there are significant risks involved in swimming in open water and if I choose to participate in swimming I do so voluntarily, and this is not a supervised activity on the retreat. I knowingly agree to assume the full risk of any and all injuries, damages or loss, regardless of severity. I further agree to waive and relinquish all claims I may have as a result of participating in any physical activities against Louise Rogers.

RELEASE AND WAIVER

I hereby agree that I, my heirs, legal representatives or any member of my family will not make a claim against or sue Louise Rogers, or any of their affiliated agents, employees,

teachers or volunteers, for bodily injury, death, emotional trauma or property damage resulting from my participation in the retreat.

Louise Rogers shall not be liable, directly or indirectly, for bodily injury or property damage for any reason whatsoever, including, but not limited to the following causes: acts of God, pandemics, epidemics, detention, annoyance, weather, quarantines, strikes, civil disturbance, theft, negligence including negligence of The Host, default, changes in government regulations, terrorism, war or failure of conveyance to arrive or depart as scheduled.

I therefore release and discharge Louise Rogers from and against any and all liability arising from my participation in the retreat even though that liability may arise out of negligence or carelessness on the part of Louise Rogers, or their affiliate agents, employees, teachers or volunteers.

I am medically, physically, emotionally and in all respects fit and able to participate in The Host's retreats.

I agree I will be fully and financially responsible for my own physical condition and well-being during the retreat and will follow the safety precautions and instructions prescribed by The Host.

I acknowledge that The Host may make suggestions from time to time that are intended to help me and my well-being. However I take ultimate responsibility for my choices and realise that The Host is not licensed medical provider or mental health provider and that I must consult my doctor if I have concerns regarding my mental and physical health.

If I experience pain or discomfort during the retreat, I will modify The Host's instruction to suit my individual needs. I will not hold The Host responsible for any pain or discomfort I experience during or after the retreat. I understand that the activities offered on this retreat are not a substitute for medical care. I understand that The Host is not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat physical or mental illness.

By agreeing to the terms outlined here and elsewhere on the The Host's website I hereby release and discharge my rights and claims for damages or liabilities that may occur as a result of participation on The Host's retreat.

KNOWING AND VOLUNTARY EXECUTION

I have carefully read and fully understand the contents of this agreement. I am aware, that this is a release of liability and a legally binding and enforceable contract between myself and Louise Rogers and I sign it of my own free will.

SIGNATURE _____ **DATE** _____

PRINT NAME _____