

Perfect for our younger Zumba® fans! Children get the chance to be active and jam out to their favorite music. Zumba® Kids classes feature kid-friendly routines based on original Zumba® and We Dance choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure. Zumba® Kids, Inspire kids to express themselves through movement and play while effectively improving their overall health and well-being. Children love it because it's on the cutting edge and fun, and parents love it because it's active, fun, and for the effects it has on kids.

