

Autumn Term - Active Schools Network

Learn, Grow, Sustain

Thursday 4 November 2021, 4pm-6pm

An opportunity for schools to learn about different solutions and services that will enable you to grow opportunities and sustain participation across the whole school.

With Guest Speaker - Hanna Miller, Her Majesty's Inspector, Schools Subject Lead - Physical Education. Hanna will provide an overview of the curriculum principles in PE, explore the relationships between curriculum, pedagogy and assessment in PE and unlock the process primary schools have to go through in PE deep dives.

Breakout Session Synopsis & Information

Title & Organisation	Synopsis
Teach Active Incorporating physical activity into Maths and English lessons	Active learning is proven to be one of the most effective ways of making the school day more active and increasing levels of physical activity for all pupils. Add to this improved attitudes, teamwork skills, social skills and increased attainment and it is clear to see why this should be a key part of your curriculum. Teach Active are experts within the field of active learning and their resource www.teachactive.org provides schools with active Maths/English lesson plans and resources to embed this into your school day. Multi award winning, nationally praised and written by Maths and English consultants – Teach Active is also endorsed by Active Surrey and Youth Sport Trust.
Create Development Transform PE experiences for EVERY child, teacher and family	real PE gives EVERY child the physical literacy, emotional and thinking skills to achieve in PE, Sport and life. This sustainable solution will transform PE experiences and positively impact on EVERY child, teacher and family in your school both now and into the future. Be inspired with ideas to deliver outstanding PE lessons that are meaningful and inclusive to meet the needs of EVERY child.
Julie Pearson, St Mary's University Lecturer & Active Surrey Consultant Exploring ways to develop inclusive and meaningful PE experiences for all school children.	PE can offer learning experiences way beyond the stereotypical physical domain especially if cognitive, creative, social and emotional skills are also enhanced within lessons. PE should be about feeling and being well, therefore lessons should provide a wonderful balance of mental and physical health. As PE consultants, our role is to work with your staff and school community to find ways for children to feel valued and valuable in and through their learning within PE. We offer bespoke or cluster CPD sessions across or within specific key stages around PE specific activities (e.g. Dance or Creative Games) and/or pedagogical skills/concepts such as assessment, play and creativity. We also support PE leads in developing an appropriately progressive, inclusive and meaningful curriculum for your school. Your PE CPD is for developed for your staff, but essentially, it is for your wonderfully unique and capable children. They are our focus too.

Youth Sport Trust Membership benefits which support your school exceed.	<i>(Active School Members only session - optional)</i> As a Member School, you have membership with national partner the Youth Sport Trust. Hear about the direct benefits of this subscription in order to ensure you are accessing all the support and resources available.
Association for Physical Education Membership benefits which support your school exceed.	<i>(Active School Members only session - optional)</i> As a Member School, you have membership with national partner the Association for Physical Education (afPE). Hear about the direct benefits of this subscription in order to ensure you are accessing all the support and resources available.
Surrey Healthy Schools Are you a 'Healthy' School?	Surrey Healthy Schools supports the links between health, behavior and achievement. It centers around the whole school environment and all aspects of school life. Find out more about how you can take an evidence-based approach to co-ordinate, develop and improve your provision to support personal development, behaviour, teaching and learning, and leadership and management in line with Ofsted.
Active Surrey Understanding the Sports leaders pathway and how to embed leaders into school to help meet 60 minutes of activity a day	The Active Schools Leadership Pathway provides an opportunity for young people across Key Stages 1-5 to develop as leaders, volunteers and even coaches. From training through to deployment, all the opportunities in this break room will discuss how the training can build pupils' skills and enhance their personal development. Find out more how young people at your school can access this training and develop in their journey as an inspiring leader to others.
Active Surrey Active Play through PhysiFUN – How to create a more active, structured playtime environment and support schools with meeting the 60 active minutes a day agenda	Find out more about how this course can help lunchtime supervisors, teaching assistants and other staff with creating positive and active playground experiences for all pupils.
Active Surrey Recognising and understanding the importance of physical activity on child wellbeing	The impact of C-19 means that Child wellbeing has never been more important. Mental and physical wellbeing are intrinsically linked and are connected to factors such as nutrition, hydration, movement and sleep. Active Surrey's Health Manager will deliver an informative session training available for staff, pupils and parents, developed with SCC Educational Psychologists and School Nurses.
Active Surrey Increasing activity levels in KS1 girls using Disney inspired storytelling books.	Listen to how girls can increase activity levels and get "lost in play" through Disney inspired storybook adventures such as Frozen, Toy Story 4 and Aladdin. Coupled with accessing "at home" Adventure Passports, these activities also support their speaking/reading, listening, confidence and competence skills.
Be your Best Connecting schools with families to help make a positive difference to children's health and wellbeing	Delivered by a Healthy Lifestyle officer, you will better understand how Surrey's free weight management programme can support your parents and pupils who need it the most. Understand how to eat healthy on a budget, meal plan, be more active and change unhealthy habits for good ones
Imoves 5 steps to build an outstanding PE curriculum	Developing a PE curriculum for the whole school can be daunting. There's lots to think about from the entire journey the children will go through in their time at the school; breaking that down into what should happen in each year group; before deciding how to deliver the curriculum

	<p>practically; let alone how to provide confidence to colleagues, before measuring whether you've delivered the outcomes you desired for the children. Learn 5 steps to build an amazing PE curriculum for your school. Starting with the overall intent for PE, breaking that down for each year group looking at the progression of skills, before finally building your curriculum map. Free resource available.</p>
<p>Surrey Outdoor Learning & Development (SOLD)</p> <p>Creating Happy, Healthy Schools through Outdoor Learning</p>	<p>There is overwhelming evidence to support the benefits of health and wellbeing in children through engagement with the natural environment and physical activity. This approach also fosters a lifelong interest and respect for nature.</p> <p>Any school can develop this approach by using their school grounds and local outdoor spaces to increase active outdoor learning every day and facilitating children's connection to outdoor natural spaces. This session will show you how this can be done.</p>
<p>afPE Level 4 Qualification</p> <p>Supporting young people and pupils' wellbeing through Physical Education</p>	<p>Now, more than ever, we must place physical education, sport and physical activity at the heart of school life to ensure that all children and young people have access to a high quality offer that supports their physical health and emotional wellbeing. This, in turn, will result in a positive impact on their social and cognitive development.</p> <p>This online, accredited professional learning opportunity is not only timely, it will also support the profession to be a proactive part of the solution, which is to support all children and young people to achieve the best outcomes, in and beyond school.</p>