

# Held by the Seasons

## Autumn Woodland Gathering Participant Agreement, Terms and Conditions

**Saturday 31 October 2026 | 10:00-16:00**

**Location:** Private woodland venue near Wool, Dorset. Exact directions provided following booking.

**Hosts:** Naomi Spencer and Ren Cooper

**Fee:** £65 per person, including vegetarian lunch, refreshments, guided activities and materials.

### 1. About the Gathering

Held by the Seasons is an outdoor wellbeing experience encouraging connection with nature, seasonal reflection, mindfulness and personal wellbeing. Activities may include gentle woodland walking, ecotherapy, mindfulness, journaling, reflective exercises and holistic wellbeing practices. Participation in each activity is voluntary. The gathering supports general wellbeing and is not a substitute for medical treatment, psychological therapy or crisis support.

### 2. Location and Venue Privacy

The gathering takes place in private woodland near Wool, Dorset. To protect the environment, the landowner's privacy and the peaceful nature of the event, the precise meeting location and directions are provided only to confirmed attendees. Guests agree not to publish the exact location without the organisers' permission.

### 3. Emergency Contact and Health Information

Guests will be asked for their name, telephone number, emergency contact name and telephone number, relevant medical conditions or injuries, allergies, dietary requirements, mobility considerations and accessibility needs. Please disclose information relevant to safe participation and notify the hosts of material changes. Guests must bring any medication they may require. Information will be accessed only as reasonably necessary for organising and safely delivering the gathering.

### 4. Confidentiality and Respect

Guests are asked to respect the privacy of others and treat personal experiences shared during the gathering confidentially. Absolute confidentiality cannot be guaranteed in an outdoor group setting. Information may be disclosed where necessary for safeguarding, a serious risk of harm, a legal obligation or emergency assistance. Professional supervision may involve anonymised discussion where appropriate. Do not photograph or record another guest without permission.

### 5. Outdoor Safety and Personal Responsibility

Woodland environments involve natural hazards, including uneven ground, roots, fallen branches, mud, slippery surfaces, insects, ticks, plants, thorns, changing weather and wildlife. Guests agree to:

- Wear suitable outdoor clothing and sturdy footwear.
- Bring required medication and disclose relevant health or accessibility needs.
- Follow reasonable safety instructions and remain in designated activity areas.
- Tell the hosts promptly if they feel unwell, unsafe or unable to participate.

The organisers will carry out appropriate risk assessments and make reasonable efforts to reduce foreseeable risks. Nothing in this agreement excludes or limits liability where doing so would be unlawful, including liability for death or personal injury caused by negligence.

## 6. Weather and Environmental Conditions

Activities may be adapted to suit the weather. The organisers may modify, postpone or cancel the event if conditions are unsafe, including storms, high winds, flooding, ice, snow, extreme temperatures, official weather warnings or other environmental hazards. Guests will be informed of significant changes as soon as reasonably practicable.

## 7. Booking, Cancellation and Refund Policy

**Booking:** The full £65 fee is payable when booking through Bookwhen. Places are limited, allocated on a first-come, first-served basis and secured only after successful booking and payment.

### **Cancellation by an attendee:**

- More than 14 days before the event: full refund.
- Between 7 and 14 days before the event: 50% refund.
- Fewer than 7 days before the event: normally no refund.
- Non-attendance on the day: no refund.

A guest may request to transfer their place to another person, subject to the organisers' approval and receipt of the replacement guest's booking and safety information. Any applicable statutory rights remain unaffected.

**Cancellation or postponement by organisers:** If the event is cancelled by the organisers, guests receive a full refund of the event fee. If postponed, guests may transfer to the new date or request a full refund. Additional personal expenses such as travel or accommodation are not reimbursed except where required by law.

## 8. Respect for the Woodland

Please respect plants, trees and wildlife; leave no litter; avoid damaging habitats; follow designated routes and restricted-area guidance; and respect the landowner and other visitors. We aim to leave the woodland as we found it.

## 9. Data Protection and Record Keeping

Booking and participation information, including contact details, emergency contacts and relevant health or dietary information, will be handled in accordance with applicable UK data protection law, including the UK GDPR. Information will be stored securely, used only for appropriate purposes and retained for applicable legal and professional periods. Relevant information may be shared between the two hosts where necessary for safe delivery. Guests may exercise applicable data protection rights, including requesting access to their information. A separate privacy notice should explain the full processing arrangements.

## 10. Participant Declaration and Consent

By completing my booking and accepting this agreement, I confirm that I have read and understood these terms; understand the nature and potential risks of woodland activities; agree to follow reasonable safety guidance; will disclose information relevant to safe participation; respect the privacy of others and the woodland environment; understand the cancellation and refund terms; and voluntarily consent to participate.

**Electronic agreement:** By ticking the mandatory consent box during the Bookwhen booking process, I confirm my acceptance of this agreement.

### **Held by the Seasons - An Autumn Woodland Gathering**

Hosted with care by Naomi Spencer and Ren Cooper.