 EBC 2024

Trip Inclusions

**Includes**

* Transfers to and from the airports in Nepal.
* Domestic flights to and from Lukla.
* All accommodation in Nepal, hotel in Kathmandu, and tea houses on trek.
* Trekking, national park permit and local tax on arrival to trek.
* Three meals a day whilst on the trek with one drink per meal.
* Breakfast in the hotels in Kathmandu.
* Full support in the UK during the lead up to the trip, including one training event prior to departure.
* Two qualified British mountain leaders, support from local agency and a local trekking guide, sherpas and porters.
* A welcome package of goodies you’ll appreciate on the trek.
* Full comprehensive first aid kit carried by leaders.

**Cost excludes**

* UK flights, airport transfer and parking
* Nepalese visa (payable upon arrival $50 )
* Insurance (you must have adequate travel and trekking insurance)
* Meals in Kathmandu other than breakfast (there are a lot of eateries in Kathmandu enabling you to choose where and what to eat) this will be max 4 evening meals and 2 lunches.
* Drinks, snacks and extras, wifi, showers etc outside what the itinerary includes
* Tips for local staff (max $100 per person).
* Immunisations prior to departure if required
* Costs incurred from early departure due to illness
* Costs incurred due to bad weather conditions causing flight delays
* Costs incurred due to COVID.

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