



ELSA Training 2022 (Cohort 5)

for Teachers or Teaching Assistants in
Primary, Secondary & Special Schools

Course: Emotional Literacy Support Assistant (ELSA)



The ELSA course is a recognised qualification with a good evidence base. The course was developed by Hampshire Psychology Service and has recently been revised following feedback from ELSA's.

ELSAs are emotional literacy support assistants working in schools who:

- help children recognise, understand and manage emotions to increase success
- plan and deliver individual (and small group) support programmes
- receive training and supervision from educational psychologists.

The benefit seen within schools are:

- prompt support for pupils in need
- positive changes in pupils with behavioural, emotional or social difficulties
- improved learning for target pupils and their peers
- new skills/ideas cascaded to other staff
- increased confidence in school that 'problems' are manageable.

Duration: In order to gain full certification as an ELSA the delegate must complete the six full training days and three additional supervision sessions (dates to be advised) with an Educational Psychologist.

Outline of the course:

Day 1	Raising emotional literacy awareness; Emotional literacy in schools; The ELSA Project: An introduction for ELSAs and line managers
Day 2	Building resilience and self esteem part 1
Day 3	Building resilience and self esteem part 2
Day 4	Managing emotions; Social and friendship skills
Day 5	Supporting children through loss, bereavement & family break up; The use of story in ELSA work
Day 6	Active listening and reflective conversations; The use of puppets in ELSA work.

Presenters:

Cathi McKillop -

Cathi has worked in schools and colleges for 18 years and spent 12 years working for the Educational Psychology Service in Leicestershire. Cathi specialises in therapeutic work with children and young people and offers practical advice to their teachers and parents so that they can support the child effectively too.

Helen Clifford -

Helen worked as a teacher in Leicester City before training as an EP and then working with Leicestershire County Council for 10 years. She has experience of writing, delivering training and running group work interventions for children and young people as well as teachers and parents.

Booking details overleaf...



Event:	ELSA Training 2022 (Cohort 5)	
Date / Time:	Day 1 – Thursday 10 March 2022 Day 2 – Thursday 24 March 2022 Day 3 – Thursday 28 April 2022 Day 4 – Thursday 9 June 2022 Day 5 – Thursday 23 June 2022 Day 6 – Thursday 30 June 2022	All 9.30am to 4.00pm
	The 3 supervision sessions are approx. 2 hours per session and will take place 1 per term starting in the Autumn Term 2022 – Dates to be advised.	
Venue:	Marlene Reid Centre, Belvoir Road, Coalville LE67 3PH	
Cost:	£500 pp for members of Forest Way Alliance £600 pp for non member schools	
Lunch:	Includes lunch and refreshments	
	<i>For Terms & Conditions see our website www.forestwaytsa.org</i>	

Click here to book now

To book a place on the course click on the link above, or go to our website:

<http://www.forestwaytsa.org/training-and-events.html> and complete the on-line booking form.

Payment should be made before the course commences and can be by cheque

to Forest Way School, or by BACS using these details: Account Number: 15931668, Sort Code: 30-92-15

Please quote the booking reference (provided at the time of booking and on your confirmation email) with your payment.



www.forestwaytsa.org



tsa@forestway.leics.sch.uk



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Forest Way Alliance

Forest Way Alliance | Forest Way School | Warren Hills Road | Coalville | LE67 4UU