



Pre-Festival Jam July 2 nd		6.00 - 8.30pm Studio 3 Music by Ansuman Biswas		LCF26 Booking & Info	
Fri 3 July		Sat 4 July		Sun 5 July	
9.00 - 9.45	Registration	9.15	Registration	9.15	Registration
9.45 - 10.45	Arriving Opening Circle				
11.00 - 14.00	Intensives: 300& A /154 /3 Mary Prestidge K.J. Holmes Thomas Kampe	10.00 - 13.00	Intensives: 300& A /154 / 3 Mary Prestidge K.J. Holmes Thomas Kampe	10.00 - 13.00	Intensives: 300 & A / 154 / 3 Mary Prestidge K.J. Holmes Thomas Kampe
14.00 - 15.30	BREAK	13.00 - 14.30	BREAK	13.00 - 14.30	BREAK
15.30 - 17.30	Classes: 154/300&A/3 Annie Edwards Laura Döhler Eryn Rosenthal	14.30 - 16.30	Classes: 154/300&A /3 Kate Brown Akeim Toussaint Bryn Thomas	14.30 - 15.00	Warm -Up Class into Jam: GH
17.30 - 19.00	Studio 154 'Self Made' Studio 3: 'Intimacy Coaching & Consent'	16.30 - 18.00	Studio 154 Discussion / Panel: 'The Politics of it all....' Studio 3: 'ONE to ONE'	15.00 - 17.30 18.00	GH Jam with Live Music with Ansuman Biswas Closing Circle Finish Clean-up & Beyond
19.00 - 21.00	GH Warm Up Jam with Live Music with Helena Massip & Donald Clark	18.00 - 21.30	GH 45 min Break Out Circle - Warm Up Focussed Jam		