



Par Q Form

Your Details

Full Name:

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Address:

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Phone Number:

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Date of Birth:

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Gender: M F Other

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Emergency Contact

Full Name:

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Phone Number:

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Relationship:

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Doctors Name:

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Surgery Address:

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Surgery Phone Number:

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Medical Information

Are you on any medication or is there anything else we should be aware of? If yes please provide details:

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Medical allergies or any other allergies: Yes No Details:

Asthma or Respiratory conditions: Yes No Details:

Arthritis or Orthopaedic conditions: Yes No Details:

Heart murmur or Cardiovascular conditions: Yes No Details:

Seizures or Neurological conditions: Yes No Details:

Diabetes or Nutritional conditions: Yes No Details:

Please read the statements below and sign if agreed to.

1) If I need medical attention or immediate treatment is necessary to save my life or to prevent permanent injury, then I give my consent for this to take place.

2) If I need medical treatment while participating, it is my wish that the treatment commences while efforts are being made to contact my emergency contact or doctor. So that treatment is not delayed, I consent to any medical procedures that the first aider believes are required on the understanding that efforts will continue to be made to contact my emergency contact or doctor.

Signed:

Date: / /