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GREATER NAPLES  
FIRE RESCUE

ENGINE  
73

A 2-DAY TRAINING FOR ALL FIRST RESPONDERS

# TRANSFORMING STRUGGLE INTO STRENGTH

**PREPARE, PRACTICE, AND IMPLEMENT A PLAN FOR PERSONAL GROWTH**

Struggle Well training is based on the framework of Posttraumatic Growth, featuring five phases, built on an environment of trust and connection.

This training enables growth, which occurs in five areas:

**New Possibilities • Deeper Relationships • Personal Strength  
Appreciation for Life • Spiritual and Existential Change**

**Greater Naples Fire Rescue District • 14575 Collier Blvd, • Naples FL 34119**

**JUNE 12&13**



**STRUGGLE  
WELL**

**9-5PM EST**



**BOULDER CREST  
FOUNDATION**



**2ND ALARM  
PROJECT  
@UCF RESTORES**



**FIRSTNET.**