

First Annual South Yorkshire Primary Care Conference Cardiometabolic Health



Date: Saturday 27th April



Time: 9AM – 3.30PM



**Location: AESSEAL New York Stadium,
Rotherham United Football Club,
New York Way,
Rotherham,
S60 1FJ**

Attendees will have the opportunity to participate in three exceptional sessions offered. Each session will accommodate 50 attendees, and is indicated in the agenda by 'Session 1, 2, and 3'. After each session, there will be a brief intermission for light refreshments and networking, followed by another session in a different room. For more details on our phenomenal speakers, please refer to page 2.

The 3 different sessions being delivered are as follows:

Dr Rani Khatib delivering CVD Prevention – Challenges Delivering the ABC’s

Dr Patrick Holmes delivering Managing Type 2 Diabetes in 2024 and beyond

Dr Matthew Capehorn delivering Epidemiology and Pathophysiology of Obesity

Time	Session Title	Location	Speaker
09:00 – 09:45	Registrations and Networking	Main Hall	
09:45 – 10:30	Introductions by the Chair, and directions for the day followed by Keynote Speech	Main Hall	Dr Andrew Hilton
10:30 - 11:15	Session 1	Breakout room 1 Breakout room 2 Main Hall	Dr Rani Khatib Dr Patrick Holmes Dr Matthew Capehorn
11:15 - 11:45	Refreshments and Networking	Main Hall	
11:45 - 12:30	Session 2	Breakout room 1 Breakout room 2 Main Hall	Dr Rani Khatib Dr Patrick Holmes Dr Matthew Capehorn
12:30 - 13:30	Lunch and Networking	Main Hall	
13:30 - 14:15	Session 3	Breakout room 1 Breakout room 2 Main Hall	Dr Rani Khatib Dr Patrick Holmes Dr Matthew Capehorn
14:15 - 14:30	Refreshments and Networking	Main Hall	
14:30 - 15:00	Soap Box	Main Hall	
15:00 - 15:20	The Great Panel Debate ‘Obesity. It’s the patients problem, not ours’.	Main Hall	Dr Rani Khatib Dr Patrick Holmes Dr Matthew Capehorn
15:20 - 15:30	Closing remarks from the Chair’	Main Hall	Dr Andrew Hilton

The Chair:

Dr Andrew Hilton

Andy is a practising GP Partner at Carterknowle and Dore Medical Practice. He has a background in health commissioning and clinical pathway redesign having led a number of citywide service redesigns in the past before concentrating on the development of the provider role of General Practice at scale. He's previously worked as Medical Director of a locality GP provider company before taking on his current role of Chief Executive Officer at Primary Care Sheffield. As well as contributing to system leadership within the Sheffield Accountable Care Partnership and the South Yorkshire and Bassetlaw Integrated Care System, Andy sits on a number of national groups supporting primary care development.



Speakers:



Dr Rani Khatib FESC FRPharmS
 Consultant Pharmacist in Cardiology & Cardiovascular Research | Leeds Teaching Hospitals NHS Trust
 Visiting Associate Professor | University of Leeds
 National Clinical Champion for Lipid Management | NHS England
 Heart Failure Expert Committee | NHS England
 Task Force on Cardiology AP | European Society of Cardiology
 Co-Chair of Cardiovascular Group | UK Clinical Pharmacy Association

Topic Here: CVD Prevention – Challenges Delivering the ABC's

A Consultant Pharmacist in Cardiology and Cardiovascular Research leading on multiple local and national Cardiometabolic Risk and Medicines Optimisation projects. Based at Leeds Teaching Hospitals NHS Trust. Visiting Associate Professor at the University of Leeds. National Clinical Champion for Lipids Optimisation at NHSE, Lead author of the national lipid management & statin intolerance pathways. Committee member of the NHSE Heart Failure, and Cholesterol expert groups. NICE Heart Failure Guidelines / Quality Standards Committee member, Chair of UKCPA Cardiac Group. Member of the ESC Task Force on Cardiology Allied Professionals. Well published and an active researcher.

Dr Patrick Holmes MB BS, MSc (Diabetes Care), DipTher, MRCP

Topic Here: Managing Type 2 Diabetes in 2024 and beyond

Dr. Holmes has been a GP Partner at St. George's Medical Practice, Darlington for 25 years. Local GP federation Director. He has long been local clinical commissioner for diabetes for 20 years, currently Clinical Networks Primary Care Diabetes Clinical Lead for North-East & North Cumbria Region. Primary Care Diabetes NIHR Research lead for the North East. Associate Editor for Diabetic Medicine. Member of the Cardiovascular, Renal, Respiratory & Allergy Expert Advisory Group Commission on Human Medicines.

He is a founder/director of Goggledocs Ltd, a social medial medical education company. He previously worked as a GPwSI in Diabetes for County Durham and Darlington Foundation Trust. Is one of the authors of the UKKA Sodium-Glucose Co-transporter-2 (SGLT-2) Inhibition in Adults with Kidney Disease Guideline. Clinical interests - adult type 2 diabetes, cardiovascular disease & chronic kidney disease. Twitter: @drpatrickholmes



Dr Matthew S Capehorn Medical Director, LighterLife Clinical Manager, Rotherham Institute for Obesity (RIO)

Topic Here: Epidemiology and pathophysiology of obesity

Dr Capehorn studied at the University of Sheffield and qualified with a BMedSci degree in Neurophysiology in 1993, and MBChB degree in Medicine and Surgery in 1996. He has been a full time GP Principal since 2001, during which time he has worked as a Forensic Medical Examiner (Police Surgeon), a GPwSI in drug misuse, and also worked for our out of hours primary care service. He has also been Honorary Secretary of the Rotherham Division of British Medical Association.



In 2002, Dr Capehorn set up a weight management clinic within his Practice, which for many years remained Rotherham's only dedicated service for adult obesity, and over subsequent years it was expanded due to demand, and a reputation for achieving good sustainable results. He was also a member of the group that helped to develop the NHS Rotherham Healthy Weight Framework that won the NHS Health and Social Care Award 2009. He developed the Rotherham Institute for Obesity to provide a Rotherham wide multi-disciplinary (tier 3) service based around a specialist centre based in the primary care setting that will also tackle difficult areas such as childhood obesity as well as adult obesity, diabetes and obstructive sleep apnoea. In 2016 it became an accredited Centre of Obesity Management with the Association of the Study of Obesity.

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